

Lake Townsend Yacht Club

Tell Tales

OCTOBER 2024



Happy Halloween



:

After a couple of months of part-time work, we're

Almost Finished!

Come out on Saturday the 26th of October to help finish up. Especially if you haven't managed to participate yet.

Please [sign up here](#) for the next dock repair work party which is scheduled to occur on Saturday October 26 at 8 am to continue replacing the dock surface boards. While you're there, you may want to also sign up for the Halloween Poker Fun Racing (see the tabs at the bottom of the page).



LTYC/OHSC Interclub Regatta

By Andy Forman

This year, a total of fifteen teams from Lake Townsend and Oak Hollow competed in the Annual LTYC/OHSC Interclub Regatta in 5-6 knots of breeze at their facilities on Oak Hollow Lake in High Point

It was a beautiful fall weekend with bright sunshine and cool temperatures. The winds were primarily out of the north, and while there was a small amount of variability, the shifts tended to hold pretty well and made for a good level of predictability.

The regatta was run using the Portsmouth Yardstick in order to properly score a wide array of dissimilar boats. There were Flying Scots, Wayfarers, Javelins, Tanzers, Sunfish, and even a Hobie Cat and an A Cat—just to name a few.



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We managed to get in 3 triangle races, and at the end of the day Lake Townsend Yacht Club successfully defended the Interclub Regatta Cup!



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Congratulations and thanks to all those LTYC racers and supporters who came out to race and helped defend LTYC during the 2024 Interclub Championship with Oak Hollow Sailing Club. Our top 5 boats (well...we only mustered 5 boats, actually) scored fewer points than Oak Hollow's top 5 (out of 10 competitors) and thereby won the Bensen Cup, on a beautiful course at Oak Hollow. Oak Hollow then provided a fantastic social consisting of barbeque with all the fixins.

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Competing for LTYC were:

- ◆ Skipper John Russell with JC Aller and Sid Hale as crew on his Flying Scot
- ◆ Skipper Cathy Leonard on her Sunfish
- ◆ Skipper Peter Thorn with Trish McDermott as crew on his Tanzer 16
- ◆ Skipper David Duff with John Bradley as crew on his Flying Scot
- ◆ Skipper Andy Forman with Chad Fogleman as crew on his Wayfarer

Also from LTYC on race committee were:

- Phil Andrews (PRO)
- Annette Grefe
- Phil Leonard
- Linda Marsh

Thanks all for a strong showing!

Photos taken during and after the event (Thanks Linda Marsh and others) including the final score sheet can be found here:

[2024 Interclub - Google Photos](#)

Let's Go Sailing!

Great Pumpkin Race

By Andy Forman

On 12 October, LTYC held the last day of racing in this year's Saturday Series, with 6 of the 8 boats registered being Flying Scots. In a series that has been dominated by Wayfarers, it was great to see the Flying Scots turn out in such good numbers.

After the skipper's meeting, we left shore in about 4 knots of westerly breeze. The wind was forecast to remain from the west for the entire afternoon, but was expected grow to 6-8 knots as the day progressed.

The race committee set an "O" course for the first race and the first starting sequence was begun at 12:00 noon on the dot. Even though the wind stayed fairly steady (4-5.3 knots) throughout the race, it still took 62 minutes for the first finisher (Jim Heffernan/Lynn Abrams) to cross the finish line.

In order to insure that we could get 2 more races in the race committee shortened the distance to both the windward and leeward marks and called for a "W" course for the second race.

It was a good call as the wind was down to as little as 2.5 knots on the downwind leg of the second race.

The wind was back up to 5 knots so the decision was made to try to get one last windward/leeward race in for the day.

Alas, the wind gods didn't approve. Wind readings taken in the middle of the downwind leg indicated that the fleet was experiencing only 1 knot of breeze with no indication that it would get better. Indeed, the last boat across the line did so in less than a half knot of wind.



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For those who came out to Lake Townsend for the Great Pumpkin races, it was a totally fun experience.

Trish McDermott with help from Sid Hale and Sam Martin officiated on the committee boat. They were assisted by David Duff and Linda Ford manning the mark boat and Sean Brady and John Russell on the pin boat.

Contestants included:

Wayfarer

Jim Heffernan with Lynn Abram

Flying Scot

Annette Greffe with Tom Bews

Steve Jones with Anderson Jones

Wendell Gundlach with Leigh Wulforst

Rob Easton with Mark Wilson

Jason Reiner with David DeMiranda

Steve Morris with Bea Freed

Sunfish

Cathy Leonard

The social was Greek food from Miko's arranged by Samantha Wallace and was well received by all.

Saturday Series Race Results are available [HERE!](#)

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Racing Tactics (video)

from: **Sailing World**
Courtesy YouTube

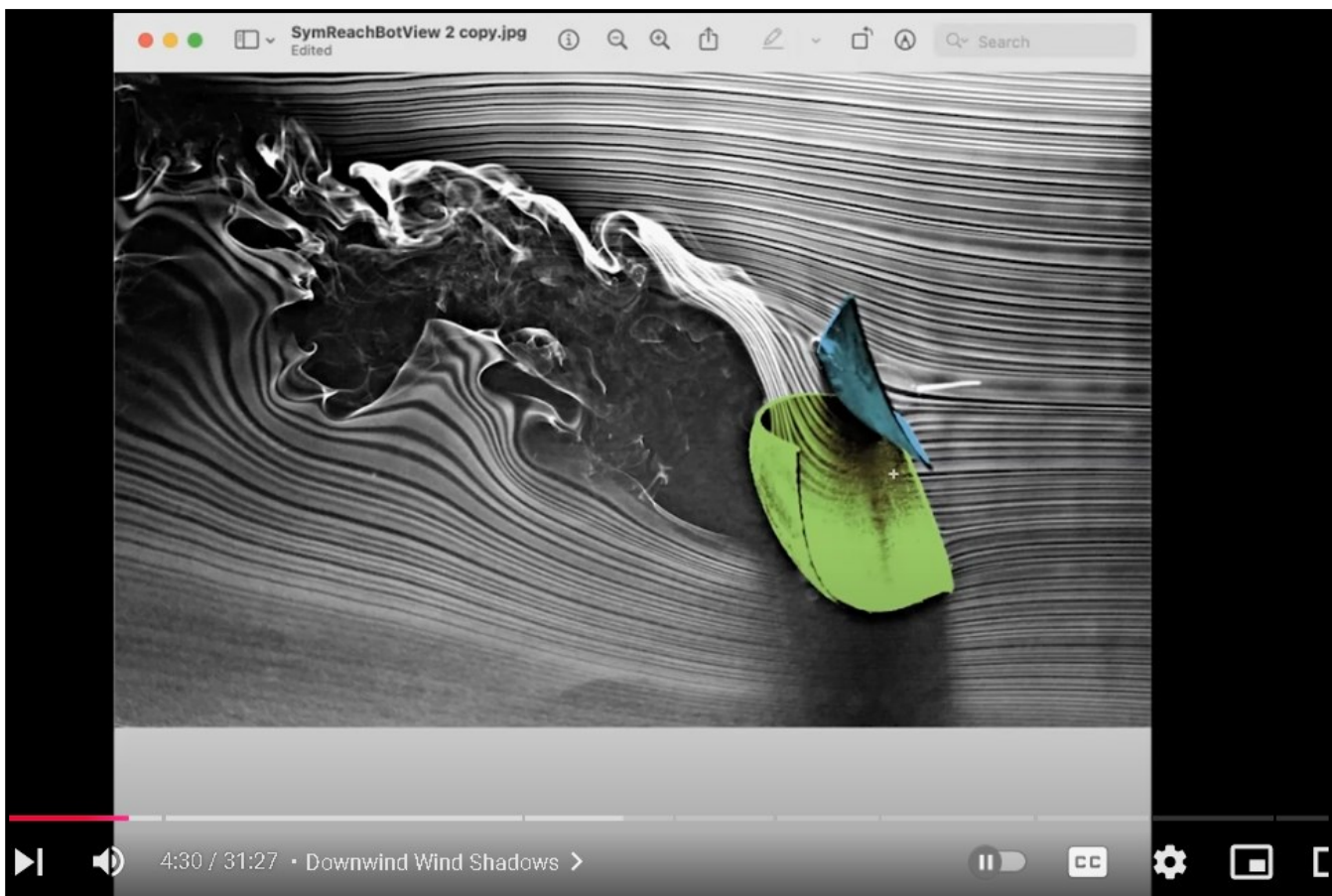


Sailboat Racing

(CTRL-Click to play in new window)

Tips: [Sailboat Racing Tips: Downwind Wind Shadows Explained](#)

Sailing World Racing Editor Mike Ingham explains how to manage wind shadows of other boats on downwind or reaching legs of the racecourse.



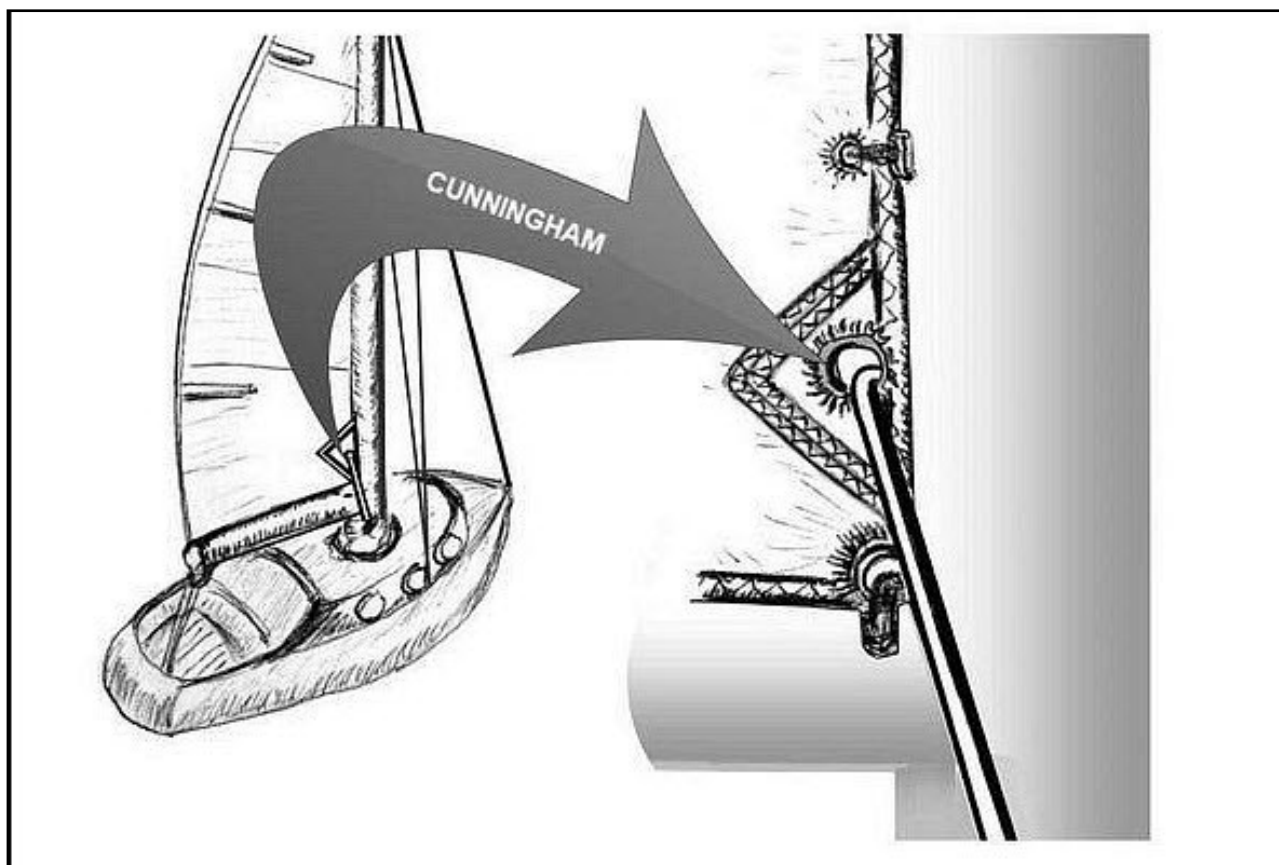
NOTE: Several free downloads [HERE](#) from North Sails.



Trim Your Mainsail Faster with the Magic of a Cunningham!

Captain John,
Www.skippertips.com
Captainjohnskippertips.com

What device can help you trim your mainsail faster and easier? It's not a complex system like a roller furling unit with dozens of parts. This super sail-trim tool is guaranteed to save you tons of time and effort when day sailing, racing, or cruising.



The Cunningham came from the mind of champion racing sailor Briggs Cunningham. You use the Cunningham instead of the halyard to adjust mainsail draft. It's fast and efficient.

When you use a Cunningham, you pull down on the sail instead of up on the sail, as you do with a halyard. That way, you work with gravity and this results in less friction on your mainsail's slugs or slides.

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A Cunningham consists of a sewn or hydraulic pressed ring, installed in a reinforced patch area a few inches above the tack of your mainsail (see illustration).

You attach one end of a light line to an eye-strap or strong fitting on one side of the mast near the base. Reeve (thread) the line through the Cunningham ring and cleat it off on the opposite side of the mast near the base. Larger boats or boats without a tack fitting (i.e. the J-24) may use a small purchase (block and tackle) to get sufficient tension.

Put This Time Saver into Action!

Imagine that you are out sailing on a day with a light to moderate breeze of 6 to 8 knots. Later on the breeze increases to 12 knots. As that breeze increases, your mainsail draft (deepest part of the foil) will creep aft. This can cause increased weather helm and you will lose speed to windward.

Use the halyard or Cunningham to move the draft back to a position about 45% aft of the luff. This will give you a good mainsail shape for power and speed. Now let's put two boats into play; Boat A and Boat B. Boat A has no Cunningham installed; Boat B has a Cunningham installed...

Boat A's crew will need to go forward to the mast; untie the mainsail halyard line from the cleat; insert the winch handle into the winch; grind on the winch; cleat off the halyard; remove and stow the winch handle. Nothing wrong with this action, but there are a lot of steps involved.

Boat B's crew will need to go forward to the mast; untie the Cunningham control line from the cleat; pull down on the Cunningham control line; cleat off the Cunningham control line. Fast, simple, easy--and no winches, winch handles, or grinding necessary to get the job done!

You can make the Cunningham line control even easier if you lead the control line aft to the cockpit via line organizers. You will also need to install a cleat or line clutch to belay the control line.

Try This Idea from a Master Rigger

When it comes to standing and running rigging, few people on the planet know as much as professional rigger Brion Toss (author of *The Complete Rigger's Apprentice*). Toss recommends a two-part Cunningham control line. You can also use this same arrangement as a mainsail luff reefing line. Follow these easy steps:

1. Measure the distance from the eye-strap on the base of the mast (described earlier) up to the mainsail Cunningham. Attach or splice a "whip" line to the eye-strap.
2. Make an eye splice on the other side of the "whip" line. Be sure that the eye of the splice can be passed through the Cunningham ring with an inch or two to spare on the other side.

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1. Measure the distance from the eye-strap on the base of the mast (described earlier) up to the mainsail Cunningham. Attach or splice a "whip" line to the eye-strap.
2. Make an eye splice on the other side of the "whip" line. Be sure that the eye of the splice can be passed through the Cunningham ring with an inch or two to spare on the other side.
3. Make up a small block-and-tackle with a hook on one end. Attach the lower block of the tackle to the base of the mast. Now, when you need to adjust sail draft, thread the "whip" line through the Cunningham ring, slide the hook of the tackle into the eye of the "whip" line, and haul down on your block and tackle. Use the same method for reefing the luff of your mainsail.

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Follow these fast and easy sailing tips to save time and effort aboard your small sailboat. Make sail trim a breeze and sailing more fun--wherever in the world you choose to go sailing.

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*Captain John served as an enlisted navigator, ship driver, search and rescue coxswain, and instructor in the US Coast Guard. He later directed the seamanship and chart navigation departments for the Professional Maritime Training Program at the Chapman School of Seamanship in Florida. He is the author of [Seamanship Secrets](#) and [Captain John's Sailing Skills Series](#) and has written navigation and seamanship articles for *Blue Water Sailing* and *Good Old Boat* magazines.*

| November 2024 |     |     |                          |       |                                             |       | Month |  |  |  |
|---------------|-----|-----|--------------------------|-------|---------------------------------------------|-------|-------|--|--|--|
| MON           | TUE | WED | THU                      | FRI   | SAT                                         | SUN   |       |  |  |  |
| 28            | 29  | 30  | 31<br>Halloween          | Nov 1 | 2<br>HSST - No Practice (fall bre           | 3     |       |  |  |  |
| 4             | 5   | 6   | 7<br>● 7pm Board Meeting | 8     | 9<br>Turkey Day Races                       | 10    |       |  |  |  |
| 11            | 12  | 13  | 14                       | 15    | 16<br>HSST - North Points #3 CYC Wilmington | 17    |       |  |  |  |
| 18            | 19  | 20  | 21                       | 22    | 23<br>HSST - No Practice<br>Social Sail     | 24    |       |  |  |  |
| 25            | 26  | 27  | 28                       | 29    | 30<br>HSST - No Practice                    | Dec 1 |       |  |  |  |

| December 2024 |                                          |                                                           |                          |     |                                 |       | Month |  |  |  |
|---------------|------------------------------------------|-----------------------------------------------------------|--------------------------|-----|---------------------------------|-------|-------|--|--|--|
| MON           | TUE                                      | WED                                                       | THU                      | FRI | SAT                             | SUN   |       |  |  |  |
| 25            | 26                                       | 27                                                        | 28                       | 29  | 30<br>HSST - No Practice        | Dec 1 |       |  |  |  |
| 2             | 3                                        | 4                                                         | 5<br>● 7pm Board Meeting | 6   | 7<br>HSST - North Points #4 CYC | 8     |       |  |  |  |
| 9             | 10                                       | 11                                                        | 12                       | 13  | 14<br>Old Frosty Races          | 15    |       |  |  |  |
| 16            | 17                                       | 18                                                        | 19                       | 20  | 21                              | 22    |       |  |  |  |
| 23            | 24<br>Christmas Eve<br>Closed, LT Marina | 25<br>Christmas Day<br>Closed, LT Marina                  | 26                       | 27  | 28<br>Social Sail               | 29    |       |  |  |  |
| 30            | 31<br>New Years Eve                      | Jan 1<br>Closed, LT Marina<br>Membership<br>New Years Day | 2<br>● 7pm Board Meeting | 3   | 4                               | 5     |       |  |  |  |

## CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

[newsletter@Laketownsendyachtclub.com](mailto:newsletter@Laketownsendyachtclub.com)



### Price Reduced!:

With a heavy heart...

I've decided to put Epiphany up for sale. She is a beautiful Mark I woody Wayfarer, built, we think, in 1962 from a kit, owned for some time by Al Schoenborn's brother, Mike, and refurbished by AnneMarie Covington and Jim Heffernan in 2017. She is rigged for racing, with a solid main, jib and spinnaker, and a new centerboard (built by Richard Johnson). She also comes with:

New Load Rite trailer with guide posts (2021, \$2,000 value)

Beautiful wooden benches

Reefing sail

Storm jib

Gottschling cover

Boom crutch

Optional mast flotation and motor mount

I LOVE this boat – very comfortable, handles very well. Have put lots of TLC into her upkeep – sanding and varnishing yearly. However, she has a slow leak from the center trunk area, and I do not have the skill, tools or space to be able to fix that. I would really like for her to stay at LYTC or at least within the Fleet 16 community.

Asking \$2500 or best offer!

Annette Grefe 336-207-1401 (text) or [agrefemt@icloud.com](mailto:agrefemt@icloud.com)

See photos below...

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### Please Like LTYC on facebook

- Check in at LTYC on facebook
  - Tag us
- Write an endorsement for LTYC
- Like LTYC on the "Like" page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at

[www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

Next newsletter deadline: Nov 17, 2024

## Lake Townsend Yacht Club Board

|                                        |                                                                                                      |
|----------------------------------------|------------------------------------------------------------------------------------------------------|
| Commodore: Andy Forman                 | ◆ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>       |
| V. Commodore/Racing: Mark Wilson       | ◆ <a href="mailto:vicecommdore@laketownsendyachtclub.com">vicecommdore@laketownsendyachtclub.com</a> |
| Rear Commodore/Education: Ron Washburn | ◆ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>       |
| Treasurer: Kim Jones                   | ◆ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>       |
| Secretary: Ted Sikorski                | ◆ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>       |
| Equipment: Mark Green                  | ◆ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>       |
| Membership:                            | ◆ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>     |
| Social Outreach:                       | ◆ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>                   |
| Marketing:                             | ◆ <a href="mailto:marketing@laketownsendyachtclub.com">marketing@laketownsendyachtclub.com</a>       |
| Newsletter: Sid Hale                   | ◆ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>     |
| Social Media, City Liason: JC Aller    | ◆ <a href="mailto:socialmedia@laketownsendyachtclub.com">socialmedia@laketownsendyachtclub.com</a>   |

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

**Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.**