

# Lake Townsend Yacht Club

# *Tell Tales*

SEPTEMBER, 2024





Last month we published our first update on the project for resurfacing the docks at Lake Townsend Marina. At that point, we had only held our first 4 hour work party and had only resurfaced a single 20-foot section of dock. Only about a dozen left to go!!

## **Project Update**

This month, we held another 4 or 5 work parties (1 of them was a full day) and the progress has been **significant** (see the photos below).

**Please [sign up here](#) for the next dock repair work party which is scheduled to occur on Wednesday October 2nd at 8 am to continue replacing the dock surface boards.**

Bring tools (if you have them) as follows:

- Safety Glasses and work gloves
- Extension cords
- 3/8" drive socket set.
- Portable and/or electric drills
- T-Squares and Marking tools (pencils, scratchers)
- Circular Saws

**Again... [sign up](#) HERE to contribute your sweat equity to this project!**

**You will need to sign a liability waiver with the city if you choose to attend.**



"T" section at the end of main dock still needs protective rub rails attached at this stage



Most of "dinghy dock" completed in a single day

# More Work Party Photos

At: [Work Party Photos\(laketownsendyachtclub.com\)](http://laketownsendyachtclub.com)

# Harvest Moon Races - 9/14

For those who came out to Lake Townsend for the Harvest Moon races, it was as good as it gets with wind an excellent 9 to 12 mph with an occasional puff to 19 and modest temperatures

Phil Andrews with help from Jim Heffernan, Lynn Abram, Sean Brady and Dennis Miller (Preston Miller's grandfather) set 3 long courses running 45 to 60 minutes.

The wind was puffy, gusty and shifty. The wind speed ranged from light to heavy in a matter of seconds and the direction changed every time the wind speed changed. The shifts didn't stay long enough to tack on them most of the time.

The fleet spread out suggesting that the wind provided opportunities at different areas of the race course. The challenge was quite fun.

Contestants included:

## Wayfarers

AnnMarie Covington with Shauna Rankin-Byrne

Andy Forman with Erik Hakala

Phil Leonard with Jeanne Allamby

## Flying Scots

Tom Bew with JC Aller and John Russell

Steve Jones with Anderson Jones

## Sidewinder

Keith Smoot

## C420

William Brady with James Hall

James Lewis with Preston Miller

## Sunfish

Cathy Leonard

Also sailing, but not racing was Dave De Miranda with his son on a club Flying Scot.

The social was Domino's Pizza with a wonderful dessert from John Russell's wife, Mary!

(Results are are posted on the website at [Race Series Scores \(laketownsendyachtclub.com\)](http://Race Series Scores (laketownsendyachtclub.com) .) .)

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# Aboard the Mary Day

Following in the experienced footsteps of Bill Bird and George Bageant, Trish McDermott and Scott Bogue recently returned from a six day trip aboard one of Maine's windjammers, the 90 foot schooner *Mary Day*. She is based in Camden, Maine, one of those picturesque Maine seacoast towns where sailboats nearly outnumber powerboats, and where classic design almost universally holds sway. To add to the eye candy, six of Maine's windjammers are berthed in Camden.

The *Mary Day* carries 20 passengers and seven crew: the Captain (who is also the owner), the mate, two cooks, and three deckhands. The crew worked almost constantly, but were happy to talk with the passengers when they could get a break. Several of the passengers helped in the galley with food preparation, table setting, and cleaning up; it was a big job to feed 27 people out of a space that was maybe four feet by ten feet.

And did we eat well! Cathy, the cook and her helper Sarah made everything on a wood-burning stove. Coffee was served on deck every morning and Sarah brought around hors d'oeuvres every afternoon. The traditional Mary Day beach lobster picnic was good fun, with the lobsters being cooked in kettles over wood fires right on the beach.



The Mary Day at her berth

Nothing in our sailing experience compares to cruising aboard a windjammer.

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Camden Waterfront



Preparing for departure

Crew and passengers tend to the final details after raising sail



Trish helped Cathy in the galley

Brief stop at North Haven,  
Maine



Crew and passengers lowering sail

Beach picnic sides and snacks



Lobstahs!

Looking aft on a pleasantly breezy day



# Learn to Sail!

All summer, LTYC has been conducting sailing classes for the public. There have been private classes, beginner classes, intermediate classes, junior sail camps, .



On the weekend of September 20-22, JC Aller held our final Adult Beginner class of the year for a group of 4 students.

They began, as usual, with learning capsizing recovery and participating in capsizing recovery drills.

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## Sail Faster with These Three Mainsail Trim Tips

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

[Captainjohnskippertips.com](http://Captainjohnskippertips.com)

If you are anything like me, sailing faster means you can get to an anchorage earlier than expected, reduce your exposure to foul weather, or beat the competition around the buoys on race night. Follow these three easy sailing tips today!



Think of your mainsail as the primary propulsion unit on your sailboat. How can you trim your main for maximum speed and power? See more below.

### Draft Comes First

Keep the draft as close to the designed shape as possible. Remember that draft is the deepest part of a sail anywhere along its height. Your sailmaker creates mainsail draft to stay about 40% to 45% aft of the luff. When the wind fills in, the draft may creep aft. Follow these easy steps to keep the draft in place.

1. Tension the halyard with the winch or Cunningham until you just see a faint vertical crease begin to build along the edge of the luff.
2. Stop grinding or pulling. Next, ease the halyard in increments and watch the crease. Stop easing as soon as you see the crease disappear.
3. Cleat off the halyard and recoil the excess tail.

Check and adjust mainsail draft often to reduce weather helm and keep your boat performing her best.

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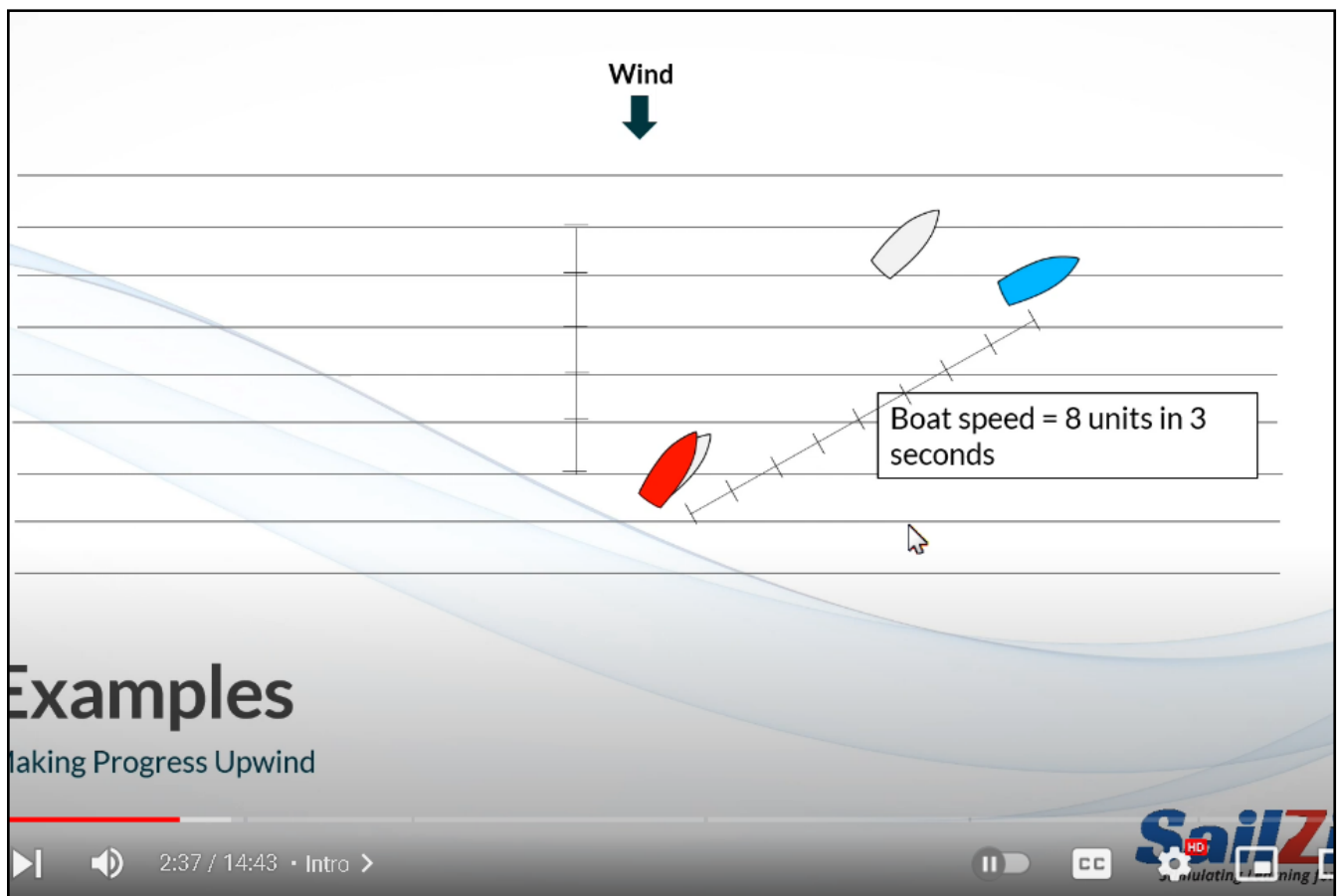
# Racing Tactics (video)

from: **SailZing**  
Courtesy **YouTube**



**Sailboat Racing Tips:** [Velocity Made Good \(VMG\) - Definition, Examples, Target Boat Speed](#)  
(CTRL-Click to play in new window)

The video discusses velocity made good or VMG. Many newer sailors are not familiar with this important concept, so we take a moment to go through the definition and show some examples. Then we talk about how to use the concept of target boat speed to maximize your VMG. .



**Wikipedia:** Velocity Made Good, or VMG, is a term used in sailing, particularly yacht racing, indicating the speed of a sailboat towards (or from) the direction of the wind. The concept is useful because a sailboat cannot sail directly upwind, and thus cannot, or should not, sail directly to a mark to reach it as quickly as possible.

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Check and adjust mainsail draft often to reduce weather helm and keep your boat performing her best.

### **Install Leech Telltales**

Imagine a skier on the bottom of a slope. They need to ski uphill to the top, then downhill to the other side, all the time maintaining contact with the ground. Air on the leeward side of a sail has to travel from the luff uphill to the maximum curvature of the sail, then to the leech, all the while maintaining contact with the sail surface. Follow these steps to use leech telltales to check the airflow:

1. Sew six- to nine-inch lengths of nylon ribbon or wool yarn to the end of each mainsail batten pocket.
2. Sail onto a close hauled (beating) point of sail. Set the boom in close to the centerline, but over-sheet the mainsail on purpose. Look along the edge of the leech. What do you see? All of your leech telltales will be hanging like limp noodles. That's because a stalled sail blocks the air flow.
3. Now, let's help the air stay attached to the sail from luff to leech. Ease the mainsheet in increments all the time watching the leech telltales. When all telltales are flying aft, cleat off the sheet. Your mainsail now has perfect sail trim!

### **'Listen' to Your Helm**

The wheel or tiller is the starting and ending point of trim and balance, whether you day sail, race or cruise. Each time you make a sail trim adjustment, test the helm. Can you steer the boat with just two fingers in any weather? Balance your boat so that you can achieve this goal.

When beating, you can tell whether you have good balance with this simple hands-off test:

Trim your sails for a close hauled course and steady up on the edge of the wind. Next, lift your hand off the wheel or tiller and watch the boat. A boat in balance will round up in a slow, smooth, easy motion toward the wind like a graceful ballerina.

Start reefing earlier than you think you need to. Nine times out of ten, too much mainsail area causes balance problems. Reef the mainsail first. Then, adjust headsail area to balance the boat to perfection.

As singlehanded racing sailor and author Andrew Evans says: *"To reduce weather helm, the singlehander should reduce sail behind the mast or increase sail in front of the mast."*

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Keep your boat driving with good speed and performance from your mainsail. Use easy sailing tips like these to sail safer on the waters of the world, wherever you choose to sail or cruise.

## IT'S PAST TIME

### 2024 Memberships Renewals Are OVERDUE

#### The Benefits of Membership

##### Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

##### Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

##### Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and two Tanzer 16s. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.



New Membership

Membership Renewal

| October 2024 |       |                               |                        |       |                                               |              |
|--------------|-------|-------------------------------|------------------------|-------|-----------------------------------------------|--------------|
| MON          | TUE   | WED                           | THU                    | FRI   | SAT                                           | SUN          |
| 30           | Oct 1 | 2<br>8:30am Dock Repair Party | 3<br>7pm Board Meeting | 4     | 5<br>HSST - North Points #1 Lake Norman SAISA | 6            |
| 7            | 8     | 9                             | 10                     | 11    | 12<br>Great Pumpkin Races                     | 13           |
| 14           | 15    | 16                            | 17                     | 18    | 19<br>HSST - North Points #2 Lake             | 20           |
| 21           | 22    | 23                            | 24                     | 25    | 26<br>HOT XI                                  | 27<br>HOT XI |
| 28           | 29    | 30                            | 31<br>Halloween        | Nov 1 | 2<br>HSST - No Practice (fall bre             | 3            |

| November 2024 |     |     |                        |       |                                             |       |
|---------------|-----|-----|------------------------|-------|---------------------------------------------|-------|
| MON           | TUE | WED | THU                    | FRI   | SAT                                         | SUN   |
| 28            | 29  | 30  | 31<br>Halloween        | Nov 1 | 2<br>HSST - No Practice (fall bre           | 3     |
| 4             | 5   | 6   | 7<br>7pm Board Meeting | 8     | 9<br>Turkey Day Races                       | 10    |
| 11            | 12  | 13  | 14                     | 15    | 16<br>HSST - North Points #3 CYC Wilmington | 17    |
| 18            | 19  | 20  | 21                     | 22    | 23<br>HSST - No Practice<br>Social Sail     | 24    |
| 25            | 26  | 27  | 28                     | 29    | 30<br>HSST - No Practice                    | Dec 1 |

## **CLASSIFIED ADS**

**YOUR AD WILL RUN 3 MONTHS.**

**IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.**

**SEND YOUR CLASSIFIED TO :**

**[newsletter@Laketownsendyachtclub.com](mailto:newsletter@Laketownsendyachtclub.com)**



**No classified ads this month**



### Please Like LTYC on facebook

- Check in at LTYC on facebook
    - Tag us
  - Write an endorsement for LTYC
  - Like LTYC on the "Like" page
  - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

Next newsletter deadline: Oct 15, 2023



## ◆ Lake Townsend Yacht Club Board

|                                        |                                                                                                      |
|----------------------------------------|------------------------------------------------------------------------------------------------------|
| Commodore: Andy Forman                 | ◆ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>       |
| V. Commodore/Racing: Mark Wilson       | ◆ <a href="mailto:vicecommdore@laketownsendyachtclub.com">vicecommdore@laketownsendyachtclub.com</a> |
| Rear Commodore/Education: Ron Washburn | ◆ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>       |
| Treasurer: Kim Jones                   | ◆ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>       |
| Secretary: Ted Sikorski                | ◆ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>       |
| Equipment: Mark Green                  | ◆ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>       |
| Membership: Ali Kishbaugh              | ◆ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>     |
| Social Outreach:                       | ◆ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>                   |
| Marketing:                             | ◆ <a href="mailto:marketing@laketownsendyachtclub.com">marketing@laketownsendyachtclub.com</a>       |
| Newsletter: Sid Hale                   | ◆ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>     |
| Social Media, City Liason: JC Aller    | ◆ <a href="mailto:socialmedia@laketownsendyachtclub.com">socialmedia@laketownsendyachtclub.com</a>   |

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

**Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.**