

# Lake Townsend Yacht Club

# *Tell Tales*

AUGUST, 2024



*Welcome to the Dog Days of  
Summer!*



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## Project Update

The lumber, fasteners, and drill bits for reboarding the left hand Tee docks at Lake Townsend have been purchased and are **on site** at the Lake Townsend Marina.

Our first Save the Docks work party was held on Wednesday, August 14. LTYC Volunteers spent 4 hours redecking one section of dock surface. (See photos beginning on the next page)

The second work party is scheduled for Saturday, August 24th.

**Please sign up for the next dock repair work party which is scheduled to occur on Saturday August 24th at 8 am to continue replacing the dock surface boards.**

Bring tools (if you have them) as follows:

- Safety Glasses
- Extension cords
- Ratchet wrenches with 3/8" drives.
- Portable and/or electric drills
- C-clamps (a dozen to fit stacked pairs of 2" thick lumber)
- Marking tools (pencils, scratchers)
- Squares for cross cutting boards
- Skill Saws
- Gloves if you don't want to touch the Treated Lumber

**Again... sign up HERE to contribute your sweat equity to this project!**

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# 1st Save the Docks Work Party

## 14 August 2024



Each old decking board is used as a template for its replacement board for cutting to length and pre-drilling holes for fasteners.

First new board has been fastened in place and the adjacent board has been removed and carried to the cutting/drilling station



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Finishing up the 1st day's effort. Now that we are over the "learning curve"... We expect to complete three or four 20 foot sections of dock each work day.



# Around the Lake...

All summer, LTYC has been conducting sailing classes for the public. There have been private classes, beginner classes, intermediate classes, junior sail camps, and there is still a class for sail boat racers coming up soon.

On the weekend of August 16-18, Trish McDermott held our 5th Adult Beginner class of the year for a group of 6 students. They began, as usual, with learning capsized recovery and participating in capsized recovery drills.



For the first time, a C420 from the LTYC High School Sailing Team was used for the class's capsized drills.





At the same time, Sid Hale instructed 3 students in an Intermediate Adult class.

We spent Friday evening in a classroom setting on the waterfront, going over sail shape and how to control it, sail and boat balance, and advanced techniques for tacking and jibing.



Saturday and Sunday were spent on the lake, reading the wind and controlling boat speed.

Note: Richard isn't pictured in any of these memories, as he was behind the lens—but he got all the same instruction and hands on training as the boys.



# High School Sailing Schedule

We are planning a BUSY fall race schedule. Below is our *tentative* schedule. We understand that no one will be able to make all of the events, but we do ask that you make the team a priority and communicate which events you will be able to attend. We hope to add additional practices when possible. We are limited to 4 sailors at each North Point Regatta, but all of our team members may sail in the remaining regattas.

Note that there will be a \$75.00 team participation fee, to cover maintenance on our boats and SAISA team fees, and current membership in LTYC (which is still valid from the spring).

## **Sailing Calendar:**

Saturday, August 31:	<b>No Practice [Labor Day]</b>
Saturday, September 7:	First Practice
Saturday, September 14:	LTYC Regatta Series (Harvest Moon Regatta)
Saturday, September 21-22:	Board Bash Lake Norman
Saturday, September 28:	<b>No Practice</b>
Saturday, October 5-6:	North Points #1 Lake Norman SAISA
Saturday, October 12:	LTYC Regatta Series (Great Pumpkin Regatta)
Saturday, October 19:	North Points #2 Lake Jordan
Sat & Sun, Oct 26-27:	LTYC HOT Regatta (TBD)
Saturday, November 2:	<b>No Practice (fall break)</b>
Saturday, November 9:	LTYC Regatta Series (Turkey Day Regatta)
Saturday, November 16-17:	North Points #3 CYC Wilmington
November 23 & 30:	<b>No Practice</b>
Saturday, December 7:	North Points #4 CYC Charleston

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## **JOIN THE LAKE TOWNSEND YACHT CLUB HIGH SCHOOL SAILING TEAM**

- \*New Season Begins September 7
- \*Open to 8th through 12th grade students
- \*Race in club and high school regattas
- \*Co-Ed
- \*We provide the boats!
- \*Sail on beautiful Lake Townsend in Greensboro, North Carolina
- \*For additional information and to apply, visit our website at:

<http://www.laketownsendyachtclub.com/.../HighSchoolSailin...>





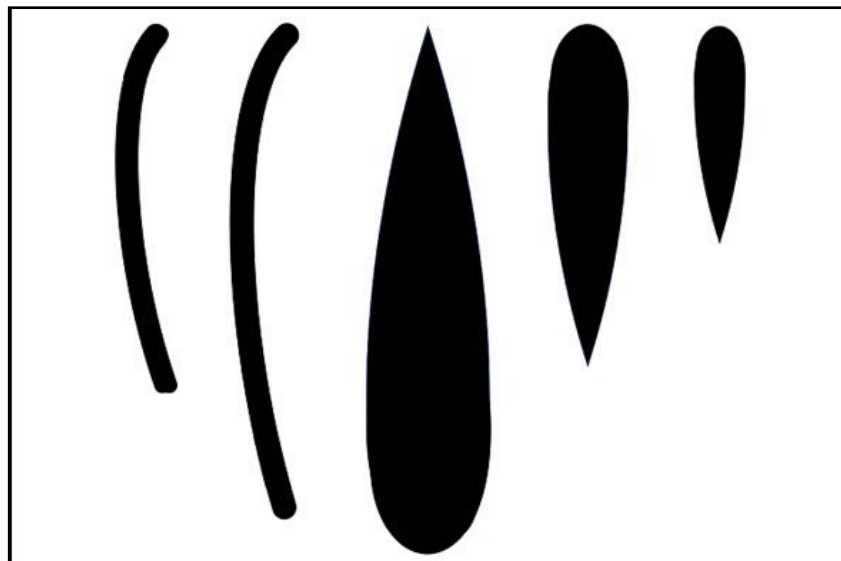
## Skipper's Easy Guide to the Five Foils of Sailing

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

[CaptainJohnskippertips.com](http://CaptainJohnskippertips.com)

Think of your vessel as a living, breathing orchestra of foils that use wind or water. Headsail, mainsail, hull, keel, and rudder must work together to provide speed and power. Follow these easy tips to give you "the edge" when day sailing, racing, or cruising.



The foils of sailing (left to right) are the Headsail, Mainsail, Hull, Keel and Rudder. See details below.

### The Headsail:

Headsails may be a working jib, staysail, Genoa, or storm jib. They are set in the foretriangle of the boat or that area forward of the mast. We want to keep the draft, or the deepest part of the draft, about 30% to 40% aft of the luff. Draft can creep aft as the sail stretches or the wind builds. Use the halyard to tension the luff and keep the draft in place.

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### **The Sailboat Hull:**

Imagine you are a seagull or beam yourself aboard a drone flying just above your boat. You look straight down. Note the shape of your hull. It's pointed at the bow and takes on a nice, rounded shape at the stern. Your boat designer creates a hull designed to cut through the water with the least resistance. Even a bulky aircraft carrier comes to a fine point below the flight deck at the bow.

If you look at a sail plan, you see the hull resting on its designed waterline, often indicated by a tape or stripe called a "boot stripe". Most boats sail their best with a heel angle of less than twenty degrees. Anything more than that, and your keel and rudder become less efficient. They have to work harder to hold the boat on course, and so will you, which brings us to those two foils beneath the water.

### **The Sailboat Keel:**

Your designer makes a keel with a blunter end forward and a fine, tapered end aft. Indeed, your keel looks much like a sail with two halves sandwiched together. Your keel keeps your sailboat from sliding too much sideways through the water. Without a keel or centerboard, your boat would sail more to the side than ahead, like a hermit crab skirting sideways across the sand on a sunny day at the beach. Your sailboat keel also provides most of the lift to windward when sailing with the wind forward of the beam.

### **The Sailboat Rudder:**

Unlike their powerboat cousins, most sailboat rudders are wider and deeper. And, like the keel, they have a blunter end forward and a nice, tapered edge aft. Think of your rudder as the most important underwater foil. Without a rudder, you cannot steer the boat, and that means loss of control. To sail fast, you need water to flow on both sides of the rudder, so it's best to reduce heel as much as possible.

Flatter boats are faster boats. Singlehanded racer and author Andrew Evans says you should reduce the sail area behind the mast and add to the sail area forward of the mast to balance the boat.

Remember to 'listen to your helm'. Can you steer the boat with just a light touch of two or three fingers? If you can, your boat is balanced. Make this your #1 test each time you make a sail trim adjustment.

Now you know how the five foils of sailing can help you balance your boat to sail faster when day sailing, cruising, or racing 'round the buoys. She will reward you with more speed, power, and performance wherever you choose to sail or cruise!

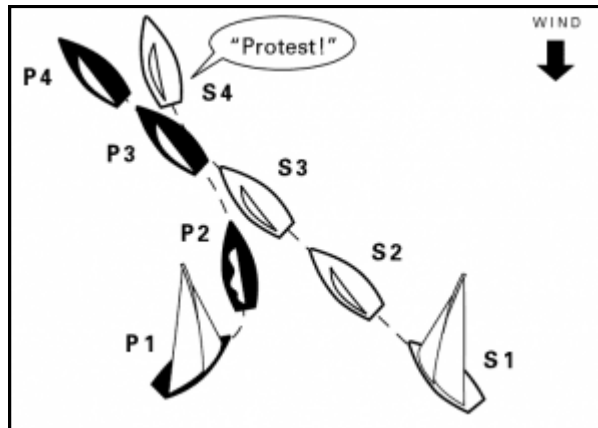
# Racing Rules (quizzes)

from: **US Sailing**  
Courtesy **Dave Perry**

**Sailboat Racing Tips:** [Dave Perry's Racing Rules Quizzes](#) (CTRL-Click to play in new window)



Excerpts from Dave Perry's (Five time Match-Racing Champion) 100 Best Racing Rules Quizzes.



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## **IT'S PAST TIME!**

### 2024 Memberships Renewals Are OverDue

#### The Benefits of Membership

##### Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

##### Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

##### Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and two Tanzer 16s. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.



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# Calendar

Today < > September 2024							Month			
MON	TUE	WED	THU	FRI	SAT	SUN				
26	27	28	29	30	31	Sep 1	HSST - No Practice (Labor I)			
2	3	4	5	6	7	8	● 7pm Board Meeting			
9	10	11	12	13	14	15	● 5pm Learn to Race #1			
16	17	18	19	20	21	22	● 5pm Adult Sailing Class #			
23	24	25	26	27	28	29	● 5pm Adult Sailing Class #			
30	Oct 1	2	3	4	5	6	● 7pm Board Meeting			
							● 9am Learn to Race #1			
							● 9am Learn to Race #1			
							● 9:30am Adult Sailing Class			
							● 9:30am Adult Sailing Class			
							HSST - Board Bash Lake Norman			
							HSST - No Practice			
							Oak Hollow Sailing Club			
							Social Sail			
							HSST - North Points #1 Lake Norman SAISA			

Today < > October 2024							Month			
MON	TUE	WED	THU	FRI	SAT	SUN				
30	Oct 1	2	3	4	5	6	● 7pm Board Meeting			
7	8	9	10	11	12	13	HSST - North Points #1 Lake Norman SAISA			
14	15	16	17	18	19	20	Great Pumpkin Races			
21	22	23	24	25	26	27	HSST - North Points #2 Lak			
28	29	30	31	Nov 1	2	3	HOT XI			
							HOT XI			
							Halloween			
							HSST - No Practice (fall bre			

## CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

[newsletter@Laketownsendyachtclub.com](mailto:newsletter@Laketownsendyachtclub.com)

**\$25 new Cpmtact Ali Kishbaugh [alikishbaugh@gmail.com](mailto:alikishbaugh@gmail.com)**

Trailer tire - 4.8" x 8"

Qty: 1 4.8" x 8" tire mounted on white steel rim

Condition: New w/ tags (unused)

Brand: Carlisle Sport Trail

Wheel lug pattern: 4-hole





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**\$50 for the set Cpmtact Ali Kishbaugh [alishbaugh@gmail.com](mailto:alishbaugh@gmail.com)**

Trailer tire - 4.8" x 8"

Qty: 2 tires mounted on white steel rims

Condition: New w/ tags

Brand: Kendra Load Star

Size: 4.80 x 8 inch, mounted on 5-hole rims





### Please Like LTYC on facebook

- Check in at LTYC on facebook
    - Tag us
  - Write an endorsement for LTYC
  - Like LTYC on the "Like" page
  - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

Next newsletter deadline: Sept 15, 2024

## ◆ Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>
V. Commodore/Racing: Mark Wilson	◆ <a href="mailto:vicecommdore@laketownsendyachtclub.com">vicecommdore@laketownsendyachtclub.com</a>
Rear Commodore/Education: Ron Washburn	◆ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>
Treasurer: Kim Jones	◆ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>
Secretary: Ted Sikorski	◆ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>
Equipment: Mark Green	◆ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>
Membership: Ali Kishbaugh	◆ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>
Social Outreach:	◆ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>
Marketing: Courtney Dragiff	◆ <a href="mailto:marketing@laketownsendyachtclub.com">marketing@laketownsendyachtclub.com</a>
Newsletter: Sid Hale	◆ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>
Social Media, City Liason: JC Aller	◆ <a href="mailto:socialmedia@laketownsendyachtclub.com">socialmedia@laketownsendyachtclub.com</a>

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

**Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.**