

# Lake Townsend Yacht Club

# *Tell Tales*

JULY, 2024



*Happy Independence Day!*

# Let's Learn to Sail!

**Of the 23 separate classes we have scheduled for this year, 20 have already been filled!**



**Don't miss out.** Register early to make sure you lock in one of the rapidly disappearing slots. Early registration will give you the widest range of choices and if you want this training wouldn't it make sense to get it as early as possible rather than at the end of the sailing season?

There are Beginner courses, Intermediate courses, Individual lessons, Sail Camps for Juniors, and even a Learn to Race course.

**ONLY** Intermediate and Learn to Race courses still have available seats so check out [this year's schedule](#) and then click on the link to the Online Registration Form.

Visit the LTYC website to sign up for one of the classes listed.

**Learn to Sail:**

[Learn-to-Sail \(laketownsendyachtclub.com\)](http://laketownsendyachtclub.com)

# Volunteers Needed!

All classes are in need of volunteers. Visit <https://laketownsendyachtclub.com/activities/InstructorSignUp.asp> to sign up as an Instructor, Assistant, or Scat Boat Driver.

## 13 July 2024 Racing Results

Ahoy Sailors!

Winds were non-existent until the last minute, but they were forecast to be 3-5 knots as the day progressed — so we decided to give it a chance. It finally filled in—sort of.

There was enough wind to get us out to the starting area, but then it came and went so we postponed for about an hour before starting our first race. It was light air sailing for a 1 lap windward leeward and then we delayed again while race committee reset the course because the wind had swung a good 30 degrees. Of course then it died again and we delayed the second start until it filled in again.

The second race was a squirrely as the first. So much so, that the downwind leg wound up being a beat.

But... it seemed to be filling in. That got us so excited that we decided to run a third race. Everyone got off to a great start, but the wind just teased us and never did amount to much. In fact, it was so bad that race committee offered to tow me across the finish line so they could proceed with pulling in the the marks and get started in to shore.

Did I mention that it was also very, very hot?



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# Youth Sailing Report

Happy Summer to everyone from the LTYC High School Sailing team. We are gearing up to kick off our Fall 2024 season and have a few updates. Our sailors have gotten some good sailing in this summer already and are ready for the new season.

The season officially kicks off on Saturday August 24th with a practice and our first regatta will be at home port for the Harvest Moon Regatta. The team has a few away regattas starting with Lake Norman and Lake Jordan, which start in September and we will keep everyone up to date on how the team is doing. Last season we saw the team climb to the top of the JV rankings and we look to continue that momentum.

With the new season, comes new roles on the team. We are pleased to announce our new positions:

- Co-Captain - William Brady
- Co-Captain - John Spinosa
- Marketing/ Social Media Chair - Ellie Spinosa
- Membership/ Recruiting Chair - Preston Miller

Speaking of membership, this is a building year for the team as we have lost several seniors. Below is information for potential sailors that can be shared / emailed to others and anyone can ask one of our current coaches or sailors for details and what it's like to be on the team.



Lake Townsend Yacht Club  
Greensboro Composite High  
School Sailing Team



Scan this QR code for more information.

- All local high school students are welcome from Greensboro, Winston-Salem, and Burlington, including new sailors.
- Practices are on Saturday with some weekend races.
- \$215 fee per school year.



If you are interested, contact one of the coaches.  
Scan QR code for coaches  
(lycst-coaches@laketownsendyachtclub.com)



Thanks to everyone and we look forward to seeing you on the water!

# NC Governor's Cup

By Ali Kishbaugh

Great regatta, good friends across many fleets and a good race committee. Thank you Carolina Sailing Club.



Wayfarer Winners were,

1. **John Driver & Mary Driver West River Sailing Club MD**
2. **James Heffernan & Mark Heffernan Lake Townsend Yacht Club NC**
3. **AnnMarie & Covington Erik Hakala CSC and LTYC**

Other competitors:

Uwe Heine & Nancy Collins Lake Townsend Yacht Club, NC

J P Mann & Scott McCarthy Quannapowitt Yacht Club, MA

Ali Kishbaugh & John McAdam Lake Townsend Yacht Club

Nora Cook & Richard Johnson Catawba Yacht Club, NC

Andrew Forman & Shauna Rankin-Byrne Lake Townsend Yacht Club, NC

Marie-Lyne Lavoie & Lynn Marie Abram Lake Townsend Yacht Club, NC

Katie Richardson & DeDe Richardson Carolina Sailing Club, NC

Day One had a breeze from the NE with shifts to the E. They called for 8-14 knots which was true until 2pm when the winds totally shut off. We were able to get in 3 races and start a 4th which was abandoned (thank goodness) due to no wind. There were moments of sailing backwards which was miserable and when the breeze died the heat was overbearing.

Day 2 had a steady breeze 6 knots from the E and then clocked to ESE at 9 knots.

Anne Marie had a rough time on day one and as we got to shore, we found out that she had too much heat and a headache. The heat and sun are no joke and fortunately Anne Marie was able to rehydrate and come back on day two to get a second and third which put her in a tie with Uwe and Nancy, both at 23 points. Annemarie took third as she had the last highest score. She also won Best female skipper. Way to go Anne Marie.

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JP and Scott from Massachusetts had an impressive last race with a bullet. Great way to end the regatta.

There was no better way for Jim and Mark Heffernan to celebrate Father's Day than on the water together and getting 2nd place was well deserved.

I was so happy to see Black Skimmer sail # 10873 on the water. As some of you know Skimmer was sailed by Jim Cook and how fitting that on Father's Day his daughter Nora and her crew Richard Johnson sailed to a second-place finish in the last race. Jim taught his daughter well and thank you to Richard for being her mentor.

I was excited after day 1. I was in 3rd place and Top female skipper only to fall to sixth place on the last day. Better sailing next time.



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## Project Update

The lumber, fasteners, and drill bits for reboarding the left hand Tee docks at Lake Townsend have been purchased and are **on site** at the Lake Townsend Marina.

Please **sign up** for the **first** dock repair work party which is scheduled to occur on **Wednesday August 14th at 8 am to begin replacing the boards.**

The second work party is scheduled for Saturday, August 24th.

Bring tools (if you have them) as follows:

- Safety Glasses
- Extension cords
- Ratchet wrenches with 3/8" drives.
- Portable and/or electric drills
- C-clamps (a dozen to fit stacked pairs of 2" thick lumber)
- Marking tools (pencils, scratchers)
- Squares for cross cutting boards
- Skill Saws
- Gloves if you don't want to touch the Treated Lumber

Again... **sign up** **HERE** to contribute your sweat equity to this project!

**You will need to sign a liability waiver with the city if you choose to attend.**

# LTYC Junior Sailing Camp

June 23 - 28, 2024

Congratulations to our new Junior Sailors who participated in LTYC's Junior Sailing Camp last month.

They did a wonderful job and became excellent small boat sailors! Well done!!



We wish them all fair winds and hope to see them and their family members and friends out at LTYC events soon.

Thanks to all the LTYC staff (Ron Washburn, Steve Jones, AnnMarie Covington, and Cathy Leonard) and the weather folks who made the week an excellent beginner sailing week.

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## Sail Faster with This Hidden Mainsail Control!

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

[Captainjohnskippertips.com](http://captainjohnskippertips.com)

Where do your Genoa sheet blocks need to be positioned along the Genoa track? It all starts with a neutral block position. Find the neutral block position where the sheet will apply equal tension on the leech and foot. Follow these easy sailing tips.



The neutral or "starting" sheet block position will give you a starting point for other sheet lead block settings. This position will depend on the relationship between the foot and leech of your Genoa or headsail. You want the Genoa or jib sheet to exert equal amounts of tension along the foot and leech for a good overall shape in moderate sailing conditions.

Most cruising Genoas are 150%, so the leech will be about 50% longer than the foot. Thinner sails like a working jib will need the sheet blocks positioned farther forward to support the longer leech (more on this later).

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### **150% Genoa Neutral Block Position**

Pick a day with little to no wind. No need to get underway, you can do this first part in your slip. Unfurl the Genoa or hank on one of your sails. Determine the mid-point of your sail luff. You could mark this with a small piece of removable tape or just estimate the mid-point of the luff by eye.

Bend down in line with the Genoa lead block on one side of the boat. Sight up the sheet to the mid-point of the luff.



Find the neutral block position. This places equal tension along the leech and foot of the sail.

Slide the block fore or aft to create an imaginary straight line from the lead block up the sheet through the clew and then to the mid-point of the luff (dotted line in the illustration to the right). Mark the track position with tape or a marker.

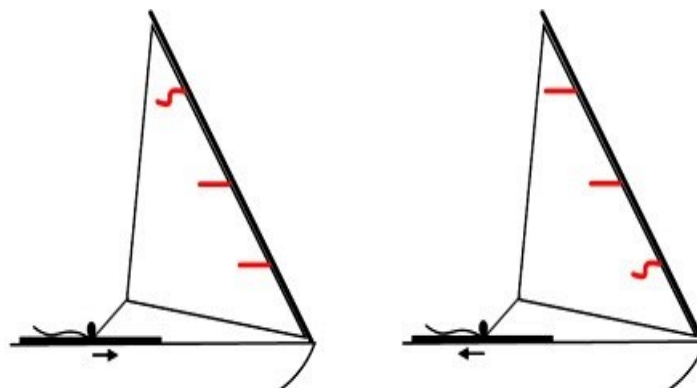
Mark the same position on the track on the other side of the boat. Keep both blocks in this neutral position in moderate sailing winds.

### **Working Jib Neutral Block Position**

Thinner sails have longer leeches relative to the foot, so they need more tension along the leech. Sight up the sail to a point about 60% to 70% above the tack. Move the working jib block to this location along the working jib track. Set the block on the opposite side working jib track to this same position. Mark the neutral block position for the working jib on both sides of the boat.

### **How to Test Sheet Block Position**

Test your block positions once you go sailing. Get onto a close hauled course with all luff telltales streaming together. Head up at a slow pace and watch the telltales break (flutter). Do they all break together from top to bottom? If they do, then you have the blocks just right.



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If the upper telltales break first, your blocks are too far aft. This places more tension on the foot than the leech. Move the blocks a hole or two toward the bow (Top=Toward). Repeat the test; adjust as necessary until all telltales break even at the same time.

If the lower telltales break first, your blocks are too far forward. This places more tension on the leech than the foot. Move the blocks a hole or two back (Bottom=Back). Repeat the test; adjust as necessary until all telltales break at the same time.

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# Racing Tactics (video)

**2024 Flying Scot North American Championships Race 1 Challenger Fleet: [Sailing With My Brother](#)** (CTRL-Click to play in new window)

POV video of 2 brothers racing in the 2024 Flying Scot Nationals in Westport Connecticut.



## IT'S THAT TIME AGAIN

### 2023 Memberships Renewals Are OVER Due

#### The Benefits of Membership

##### Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

##### Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

##### Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and a Tanzer 16. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.



New Membership

Membership Renewal

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# CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

[newsletter@Laketownsendyachtclub.com](mailto:newsletter@Laketownsendyachtclub.com)



**\$25 new Cpmtact Ali Kishbaugh [alikishbaugh@gmail.com](mailto:alikishbaugh@gmail.com)**

Trailer tire - 4.8" x 8"

Qty: 1 4.8" x 8" tire mounted on white steel rim

Condition: New w/ tags (unused)

Brand: Carlisle Sport Trail

Wheel lug pattern: 4-hole



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**\$50 for the set Cpmtact Ali Kishbaugh [alikishbaugh@gmail.com](mailto:alikishbaugh@gmail.com)**

Trailer tire - 4.8" x 8"

Qty: 2 tires mounted on white steel rims

Condition: New w/ tags

Brand: Kendra Load Star

Size: 4.80 x 8 inch, mounted on 5-hole rims





### Please Like LTYC on facebook

- Check in at LTYC on facebook
    - Tag us
  - Write an endorsement for LTYC
  - Like LTYC on the "Like" page
  - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

**Next newsletter deadline: Aug 18, 2024**



## ◆ Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>
V. Commodore/Racing: Mark Wilson	◆ <a href="mailto:vicecommdore@laketownsendyachtclub.com">vicecommdore@laketownsendyachtclub.com</a>
Rear Commodore/Education: Ron Washburn	◆ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>
Treasurer: Kim Jones	◆ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>
Secretary: Ted Sikorski	◆ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>
Equipment: Mark Green	◆ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>
Membership: Ali Kishbaugh	◆ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>
Social Outreach:	◆ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>
Marketing: Courtney Dragiff	◆ <a href="mailto:marketing@laketownsendyachtclub.com">marketing@laketownsendyachtclub.com</a>
Newsletter: Sid Hale	◆ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>
Social Media, City Liason: JC Aller	◆ <a href="mailto:socialmedia@laketownsendyachtclub.com">socialmedia@laketownsendyachtclub.com</a>

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

**Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.**