

# Lake Townsend Yacht Club *Tell Tales*

DECEMBER 2022



## LTYC Wishes You



A VERY MERRY  
**CHRISTMAS**  
and Happy New Year!

# A Note from the Commodore

Dear LTYC Members, Friends and Supporters,

2022 has been a wonderful year for sailing, sailing education and socializing at LTYC with good wind at races, great food at socials and fantastic friendships. This time of year, it is appropriate to give thanks to everyone who came out to participate in or volunteer for our many events including racing, regattas, teaching, socializing, and helping with decorations, food, repairs and maintenance.

Where else can you have a low-cost opportunity to?

- spend 11 days of club racing with free dinner afterwards at a Bryan Park Shelter
- participate in two multiday regional invitational regattas, one of which is a charity regatta
- have fun at the Fowl Regatta on Opening day
- volunteer to educate new sailors and train new racers
- contribute your time and expertise to the greater good of the club
- take out club boats and go sailing even if you don't own a boat
- provide support for the High School Sailing Team
- go social sailing,
- provide sailing experiences for the City's Extreme Team Camp Kids, and
- meet wonderful people with a wide range of interests, skills and experiences to share.

This time of year is also the time when we review the contract between LTYC and the City of Greensboro Parks & Recreation Department (the City). This year, for the first time in 45 years, the City has asked LTYC to bear 25% of the annual fees for the 16 Dry Slips that our fleet of Race Committee and sail boats occupies. And the City has also asked all boat owners to pay ramp fees, a requirement that fortunately has negligible impact on 31 of our roughly 38 LTYC boat owners who already either pay for annual ramp passes or pay for annual Dry Slips (which come with an annual ramp pass).

Your Board of Directors has also invested in the future of sailing at LTYC and in our region by voting to:

- Purchase 3 parent owned used C-420 boats to enable expansion of **LTYC member sailing team programs** to include the Wake Forest University Sailing Team (WFUST) in addition to our ongoing support for the High School Sailing Team (HSST), and
- Titling and registering one of our RC boat trailers so it can be used to support RC duties at the growing NC Governor's Cup at Kerr Lake (sponsored by CSC, our sister sailing club in the triangle), and
- Titling, registering and insuring Wayfarer 3500 which is on lease from the US Wayfarer Association, for club use.

Continued on next page

---

Continued from previous page

The impact of the above, along with unexpected increases for insurance costs and increasing repair expenses for our aging RC boats, has resulted in a board decision to increase full adult membership dues to \$125/yr and Junior and Sailing Education Student membership dues to \$67.50/yr.

It has been at least 5 years since our last dues increase and the board concluded that taking this measure all at once is better than being underfunded and having to do it over multiple years.

Please join me in planning for fair winds and great racing in 2023!

Hope to see you all at Change of Watch this January!

Please renew your membership as soon as you can!

Andy

LTYC Commodore

Continued on next page

# It's That Time of Year

## **RENEW YOUR MEMBERSHIP NOW!!**

### 2023 Memberships Renewals Are Open

#### The Benefits of Membership

##### Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

##### Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

##### Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and two Tanzer 16s. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.



New Membership

Membership Renewal

Continued on next page

# High School Sailing Report

## ***Check out our new Sailing Helmets!***

Thanks to a generous gift from Sean, Stacey and William Brady, the High School Sailing Team now has matching helmets for its members!

According to one of the premier authorities on youth sailing, Sail1Design: "Head trauma in sailing is one of the biggest dangers of the sport. Often times, an injury to the head results in a sailor being knocked unconscious and possibly drowning. The use of helmets cuts down on this possibility." Especially on C420s, the crew has little head room. In fact, one of the few injuries one of our team members has suffered while sailing was a cut to the scalp caused by the boom vang block where it attaches to the boom on a C420.

Our new helmets are made by Gul, and are especially designed for sailing and protect the head and upper neck. As you can see in the photos, they even look cool! We will use the helmets in stronger winds, likely starting at 10 knots. Speaking as a coach, it will be so much easier sending teens out in breezy conditions.

Thank you Sean, Stacey and William!



Continued on Next Page



### ***Dinner & Ice Skating?!***

On the evening of December 20, the High School Sailing Team met at *Crafted* in downtown Greensboro to celebrate a successful season. We had planned to go ice skating at the outdoor ring at Winterfest in LaBauer Park, but given that the temperature was 35 degrees and dropping, the sailors made the wise decision to eat tocos and enjoy one another's company in a warm restaurant! Fifteen members and their parents attended.

Our team philosophy is that if kids have fun with their friends, they will love sailing! This has proven true time and again for our high school team, and our members are excited about 2023 and all the fun they will have with their friends at Lake Townsend.

Merry Christmas and Happy Holidays from the LTYC High School Sailing Team!



Continued from previous page

## **JOIN THE LAKE TOWNSEND YACHT CLUB HIGH SCHOOL SAILING TEAM!!!**

- \*New Season Begins March 18
- \*Open to 8th through 12th grade students
- \*Race in club and high school regattas
- \*Co-Ed
- \*We provide the boats!
- \*Sail on beautiful Lake Townsend in Greensboro, North Carolina
- \*For additional information and to apply, visit our website at:

<http://www.laketownsendyachtclub.com/.../HighSchoolSailin...>



# Winter Sailing Seminars

## Save the Dates

Ahoy Sailors,

Every year, LTYC sponsors two seminars during the winter. We sponsor these seminars to increase sailing savvy and to encourage leadership within the club. The seminars will be led by Jerry Thompson, a great teacher and sailor.

One of the seminars discusses the racing rules of sailing. The basic rules are simple, however the situations on the race course can sometimes make interpretation of the rules difficult. This class will provide a framework for evaluating those situations.

The other seminar discusses race management; how Race Committee runs a race with an emphasis on training Principle Race Officers (PRO). This seminar is interesting and educational for all racers.

Please put these dates on your calendar.

January 21. **Race Management seminar** - 9 am to noon on zoom

**Sign up here:** [LTYC Event Reservations - Google Sheets](#)

Be sure to include your email address so that you can receive the Zoom link to join the seminar.

February 5. **Racing Rules seminar** - 9 am to noon on zoom.

**Sign up here:** [LTYC Event Reservations - Google Sheets](#)

Be sure to include your email address so that you can receive the Zoom link to join the seminar.

I look forward to "seeing" you there!

Conal Deedy

LTYC Vice-Commodore

# 2022-2023 Winter Series

Saturday the 10th of December marked the second day of this year's Winter Series.

We got in 3 windward /eeward races in light winds of 4-5 knots, with 7 boats competing.

Complete set of photos in the 2022 Frostbite Photo Album

[CTRL-Click HERE](#)

to open in a new tab

As normal for this series, we sailed as a single handicapped fleet using the Portsmouth Handicap System.

Our Commodore put his new Wayfarer (Knights of Mayhem) in the water for the first time and did great in the first 2 races (a Second and a First Place). That put he and AnnMarie tied up to that point in the day. Of course he knew that it was NOT going to bode well for him back home if he beat her in the last race... **so I guess he decided to throw that one.**

First place for the day was taken in a Wayfarer by AnnMarie Covington with her crew Eric Hakala

A full set of scores for the series (to date) can be found [HERE](#) on the LTYC web site.



Just after the start, on the first leg of one of the three races.

Continued on next page



Andy Forman (w/ crew Ted Sikorski) leading AnnMarie Covington (w/ crew Erik Hakala) on the downwind leg of race 2



Phil and Cathy Leonard added a little Christmas cheer with a holiday wreath adorning the bow.



Evan Trudeau with crew Sun Kang

David deMiranda with crew Connell Rouse, hanging around before the start



Continued on next page



John Russel and JC Aller killing time between races.

Dale Strickland let me (Sid) take the helm in the 3rd race...

We've got clear air as the windward boat headed for the pin end at the start.





## First Step to Sail with Blazing Speed and Power!

Captain John,

[Www.skippertips.com](http://Www.skippertips.com)

[Captainjohnskippertips.com](http://Captainjohnskippertips.com)

Where does sail trim begin and end? How can one simple adjustment affect your sailboat's speed, power, and performance when day sailing, cruising, or racing?



Hoist your mainsail. Position yourself beneath the boom and look straight up toward the head of the sail. You can see the concave shape formed by the sail from luff to leech. In the illustration, the full-length battens help you see this.

Draw an imaginary straight line parallel to the boom anywhere along the sail. These are called "chords" or "chord lines". Note in the illustration how the chord lines (dashed red lines) and sail surface form a wedge shape.

Think of draft as the deepest part of each of these wedges (black dashed arrows). Your sailmaker designs your mainsail with the draft located about 40% to 45% aft of the luff. Fly your mainsail in a light to moderate breeze, and you can expect the designed draft to remain in this location.

Continued on next page

But, as the wind builds, draft begins to creep aft, which results in excessive weather helm. The wheel or tiller will become hard to hold, the boat heels too much, and boat speed will suffer. How do you get mainsail draft back into the designed location for maximum speed and power?

Follow these three easy steps:

1. Wrap two to three turns onto the mainsail halyard winch drum and Insert the winch handle. Sight up the sail to a point about midway up the luff.
2. Grind at a slow pace and watch for a faint, vertical crease just begin to build along the edge of the luff. Stop grinding.
3. 3. Ease the halyard tail until the crease just disappears. Belay the halyard. Draft should now be back in its designed location.

Test the wheel or tiller. You should be able to steer the boat with two to three fingers. In higher winds, you might need to reef the mainsail and add or reduce headsail area to achieve balance. Listen to your helm. If the boat is easy to steer, she's balanced.

# Racing Tactics (videos)

from: **Sailing World**  
Courtesy **YouTube**

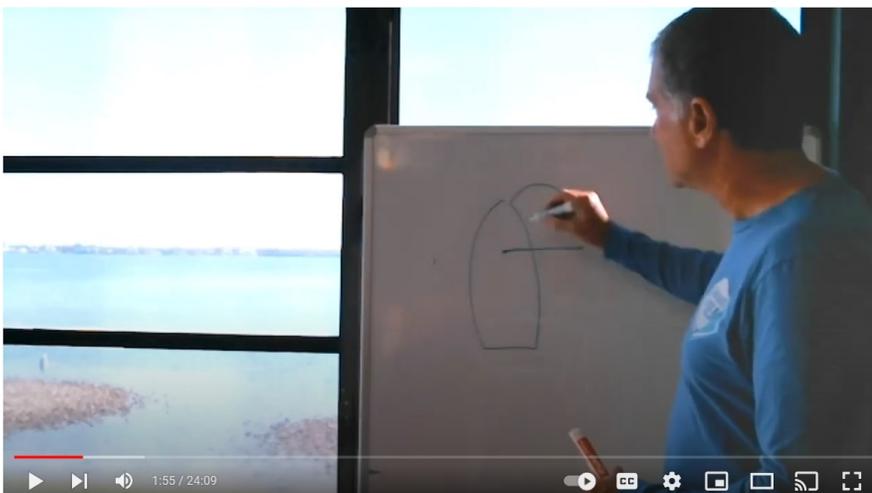
## **Sailboat Racing Tips:** [For Your New Jib Trimmer](#) *(CTRL-Click to play in new window)*

Sailing World Racing Editor Mike Ingham lays the essentials for bringing a new jib trimmer onboard and how to establish repeatable marks and setting and establishing speed loop communications. .



## **Sailboat Racing Tips:** [Up To Speed on Spinnaker Trim](#) *(CTRL-Click to play in new window)*

Sailing World Racing Editor Mike Ingham provides the essential tips for symmetric spinnaker trimming and expert advice for new spinnaker trimmers on how to manage the essential downwind sail



# Join US Sailing

US Sailing takes great pride in administering and providing The Racing Rules of Sailing to members of sailing organizations. The rules provide integrity to competitive sailing and are an integral part of our sport. Sailboat racing relies on the rules to ensure that competitions are fair, consistent, and keeping sailors safe on the water.

The Racing Rules of Sailing is published every four years by World Sailing, the international authority for the sport. These rules, amended by U.S. "prescriptions," govern sailboat racing in the United States and in the portions of international races that pass through U.S. waters.

The Racing Rules of Sailing for 2021-2024 takes effect on January 1, 2021.

US Sailing has developed a NEW mobile-optimized Racing Rules App that includes the racing rules and other resources, including the ability to file a protest through the app, a whiteboard for diagramming boat-on-boat interactions, and an extensive resource library. The text of the rulebook is fully searchable and there is also a traditional index. Non-members can log into the app as a Guest and will be able to see limited content. US Sailing will continue to add more useful and innovative features to the app as they move forward.

In line with US Sailing's commitment to sustainability, the mobile app is available at no cost to all US Sailing members and is the primary distribution channel for The Racing Rules of Sailing for 2021-2024. Please note that US Sailing will not be automatically mailing copies of the printed rulebook to members in 2021. All members are entitled to purchase one printed rulebook for a flat fee of only \$7.00 and may order additional copies at the standard 25% member discount rate. The paper and waterproof versions of The Racing Rules of Sailing for 2021-2024 and the Sailor's Guide to the Racing Rules are now available for pre-order.

The app is ready for download! You can download the Racing Rules App from US Sailing's new Racing Rules of Sailing web page. [Click here to learn more and download.](#)

Need some guidance on how to use the app? [Click here to review the step by step tutorial.](#)



Not yet a US Sailing Member or need to renew?

You can join US Sailing through [Lake Townsend's MVP \(Member Value Partner\)](#) program and save up to 20% on your US Sailing Membership dues. LTYC receives credit for every member that joins US Sailing under [LTYC MVP program](#). As a US Sailing member, In addition to the App and discounted hardcopy rule book, you get a US Sailing Member discount on regatta registrations, discounts at numerous nautical retailers including US Sailing's online store. Your US Sailing Membership matters as it is your membership that makes possible the US Sailing programs that are getting new sailors on the water and making sailing more accessible for everyone. Make sure you see Lake Townsend Yacht Club MVP Program at the top of the page.

## Membership Types:

Youth Membership - \$25 (MVP Program discount from original \$30 price)

Individual Membership - \$55 (MVP Program discount from original \$65 price)

Family Membership - \$85 (MVP Program discount from original \$115 price)

If you'd rather, you can join for 3 years and save even more on US Sailing dues. Just call US Sailing directly to renew and mention that you are renewing under LTYC's MVP. LTYC will still receive your membership credit.

Today < > December 2023							Month
MON	TUE	WED	THU	FRI	SAT	SUN	
27	28	29	30	Dec 1	2	3	
4	5	6	7 ● 7pm Board Meeting	8	9 Old Frosty Races - LTYC	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24 Christmas Eve Closed, LT Marina	
25 Christmas Day Closed, LT Marina	26	27	28	29	30	31 New Years Eve	

Today < > January 2024							Month
MON	TUE	WED	THU	FRI	SAT	SUN	
Jan 1 Closed, LT Marina Membership New Years Day	2	3	4 ● 7pm Board Meeting	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31	Feb 1 ● 7pm Board Meeting	2	3	4	

Today < > February 2024							Month
MON	TUE	WED	THU	FRI	SAT	SUN	
29	30	31	Feb 1 ● 7pm Board Meeting	2	3	4	
5	6	7	8	9	10	11	
12	13	14 Valentine's Day	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	Mar 1	2	3	

## CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

[newsletter@Laketownsendyachtclub.com](mailto:newsletter@Laketownsendyachtclub.com)



**No classified ads this month**



### **Please Like LTYC on facebook**

- Check in at LTYC on facebook
    - Tag us
  - Write an endorsement for LTYC
  - Like LTYC on the "Like" page
  - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

Next newsletter deadline: Jan 22, 2023

◆

## ◆ 2022 Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>
V. Commodore/Racing: Conal Deedy	◆ <a href="mailto:vicecommdore@laketownsendyachtclub.com">vicecommdore@laketownsendyachtclub.com</a>
Rear Commodore/Education: Ron Washburn	◆ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>
Treasurer: Kim Jones	◆ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>
Secretary: Linda Ford	◆ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>
Equipment: Mark Green	◆ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>
Membership: Leigh Wulforst	◆ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>
Social Outreach: Trish McDermott	◆ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>
Marketing: OPEN	
Nominating/Past Commodore: Ann-Marie Covington	◆ <a href="mailto:mayorscup@laketownsendyachtclub.com">mayorscup@laketownsendyachtclub.com</a>
Newsletter: Sid Hale	◆ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>
Social Media & City Liason: JC Aller	◆ <a href="mailto:socialedia@laketownsendyachtclub.com">socialedia@laketownsendyachtclub.com</a>
High School Sailing Team: Mark Hayes	◆ <a href="mailto:ltychsst-coaches@laketownsendyachtclub.com">ltychsst-coaches@laketownsendyachtclub.com</a>

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 6:00 p.m.