

Lake Townsend Yacht Club

Tell Tales

SEPTEMBER, 2022



HAPPY
LABOR
★ ★ DAY ★ ★

HOT IX Charity Regatta

October 29 & 30, 2022

Proceeds go to earlier.org

Registration is Open: Go to earlier.org to [sign up](#) and choose your Regatta Package.

Deadlines: Registration for the HOT IX Regatta & ordering extra meals: **Oct. 21**
To order T-shirts, the deadline is: **Oct. 12**. T-shirt design by our own Uwe Heine & Nancy Collins!

Don't Wait! [Register today](#) and you'll be on your way to a great adventure!

Sailing Instructions will be coming soon





Last Month, seven of our Wayfarer Fleet traveled to BlackBeard Sailing Club on the Neuse River, to compete in their invitational regatta.

Things kicked off late on Saturday as the winds were a little late coming in, but we got in a good 2 days of racing with course changes required between a few of the races because the winds shifted about 30 degrees from the beginning of one race to the next.

The competition was tight with one exception; AnnMarie Covington and her Rock Star crew, Gareth Ferguson, did what can only be described as a horizon job on the Wayfarer fleet.

Even though course direction was different for virtually every race, that was the least of our worries.

Some of us were expecting a tide change to impact our performance, but I think river current was the culprit that impacted most of the out-of-towners. The current was strongest in the middle of the river channel, and as all of the courses were laid out such that a river crossing was required between the upwind and downwind marks... it came into play on every leg of every race.

I crewed for Andy Forman on Orange Crush and because I was sailing (and because I was totally exhausted at the end of both days) I didn't get a total set of race results, but...

In the Wayfarer fleet, Ann-Marie and Gareth took first place, Uwe and Nancy were second, and Richard and Michele took third.

Andy and I beat Jim Heffernan in the last race—but only because he broke a rudder on the last leg and had to be towed in. LOL



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Ann-Marie and
Gareth at Blackbeard

Richard and
Michelle leading
the pack on a
spinnaker run



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Uwe and Nancy

Jim Heffernan





Pete Thorn with inside rights over Andy Forman at the downwind mark, followed by Ali Kishbaugh

Blackbeard Sailing Club hosted an excellent event with great facilities, a very good Saturday evening meal, great course layouts and super competent race committee. I look forward to another opportunity to conquer the challenging river currents!

High School Sailing Report

The High School Sailing Team is back on Lake Townsend and ready to race after taking the summer off. Our members had busy summers, with many sailing, racing or teaching sailing at various summer camps and spending time on family vacations. This fall we have six new members on our team! We are currently at our maximum capacity of 16 sailors, with one high school student on our waitlist. Look for our new members' bios in an upcoming issue of the Tell Tales. Meanwhile, if you see a new face around



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First Fall Season Practice

Our first fall practice was on August 27, which was a scorching hot Saturday with no wind. It was a perfect day to practice capsizing recovery! Just like in our Learn to Sail classes, we tied an extra long bow line to a C420 and took turns capsizing and righting it utilizing two different recovery methods. The teens had a blast and enjoyed the rare opportunity to swim at Lake Townsend. Even one of our coaches gave it a try.



Frances Hancock and Lilly Copplestone



Lilly
Copplesone

William Davis



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September Regatta

After just one practice our team was thrown into the fire (or rather ice!) at the Club's September Harvest Moon Regatta. It was cold and rainy, but the wind was perfect, blowing down the length of the lake at 7-10 for both races on a shortened course. All of our C420s were in action, with 13 of our members racing. Our teens hung tough in the miserable conditions, with no one quitting and our boats staying up with the adults on the course. Our sailors were competitive across the C420 fleet with mostly tight racing. New members John Spinoza and William Davis were particularly impressive, finishing 2nd and 3rd in the C420 fleet in their first regatta at Lake Townsend, tying Jack McArthur and new member Evan McDevett, who was sailing in his first race. Logan Hayes and new member Frances Hancock finished first in both races. Both William and Frances are experienced sailors who learned to sail at Camp Seagull and Seafarer. John has sailed and raced 420s for several seasons at Carolina Yacht Club in Wrightsville Beach. It's going to be a competitive fall, and we can't wait to race against other high school teams!



Starting in Heavy Rain



Close Mark Rounding



William Brady and
Emma Jewel Autry
rounding a mark in
the rain.

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Molly Lovvorn having fun in the rain!



Putting the boats up wet.

Jack McArthur and Evan McDevett.



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US Sailing Chubb Nationals

Team co-captain Logan Hayes finished 13th in the Singlehanded Class at U.S. Sailing's Chubb Junior National Championships, sailed August 8 through 12 in Lasers at Macatawa Bay Yacht Club in Macatawa, Michigan; against some of the very best junior sailors in the country. Logan qualified to compete by placing second at the Commonwealth of Virginia Junior Championships held earlier in the summer. Immediately after the Chubb, Logan flew to Maryland, where he won the Junior Laser Class at the Oxford Regatta, hosted by Tred Avon Yacht Club. The Oxford Regatta was the final Chesapeake Bay Yacht Racing Association Junior High Points regatta of the summer. Logan is provisionally in 2nd place in the series. Congratulations to Logan!



Logan racing on the Chesapeake.



How to 'Tune' the Mainsail Leech for Maximum Sail Power!

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

Captainjohnskippertips.com

Your mainsail needs to be trimmed so that the air exits the leech with minimum turbulence. How can you use leech telltales along with a secret "over-trim" first step technique to trim your mainsail to perfection? Follow this easy sailing solution...



Have your sailmaker install three telltales along the leech of your mainsail (you can also do this yourself to save time and \$\$\$). These will be attached to the end of each batten pocket. You will need at least three telltales along the leech.

Leech telltales that droop or hide on the lee side of the leech indicate a stalled sail. Most often, this results from sheeting the main too hard. The leech does not have enough twist near the head. You lose forward drive, sail more sideways, and weather helm and heeling increase.

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So, how do you get your mainsail leech shaped for speed and power? Follow these five steps:

1. Sail onto a close reaching point of sail. Trim your sails to balance the boat to the point where it just about steers itself without a lot of help (do not use an autopilot; steer by hand). Pick a distant object ahead of the boat to use as a reference point. Go to the next step.
2. Stand or sit aft near the end of the boom. Sight up the leech of the mainsail. Concentrate on the uppermost telltale. Crank in on the mainsheet so that you overtrim the mainsail. You will see the top telltale stall first, followed by the middle and lower telltales (photo left).
3. Feel the weather helm increase as the sail stalls. Glance ahead at your reference point. Notice how your boat crabs to the side. The stalled mainsail has lost most of its lift. Side force has taken over. The keel has to fight to provide lift. Look at your speed instrument. Your boat has slowed down. Now, let's get things right.
4. Sight up the leech of your mainsail again as you slowly ease the mainsheet. You want to do this in increments so the leech telltales have time to react to your last trim. Continue to ease the sheet until all telltales are streaming (photo right).
5. Belay the mainsheet. Test the helm and check your speed instrument. Your wheel or tiller should be much lighter to the touch and your speed should increase in a dramatic way.

Trim your mainsail to keep your leech telltales streaming from top to bottom. You will be rewarded with a boat that's fun to sail and faster too!

September Race Scores - 9/10

Ahoy Sailors!

Last Saturday, LTYC had 15 boats racing with Learn to Race students crewing for experienced skippers. (Results are posted on the website at [Race Series Scores \(laketownsendyachtclub.com\)](http://RaceSeriesScores(laketownsendyachtclub.com)) .)

If you read the High School Sailing Report (above) you know that they participated in the club races this month with 6 boats, and you know that it was rainy and cold.

We had good wind all day, but called it after 2 windward/leeward races because the race committee (including myself) was **cold and wet!** LOL



High School Sailing Team rigged and ready to go!

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Did I mention that it
was a cold, wet day?

Ask Jim or Julia



or Andy...



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The sky was becoming more overcast during the start sequence for the first race.

...and even more foreboding as the first boats reached the windward mark.



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By the time we started the second race, the wind was up... but so was the rain!

As the first boats rounded the windward mark, all the fleets were still bunched up, with Logan Hayes in a C420 (#9) rounding the mark within spitting distance of the first-place Wayfarer.



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**Thank you**

Thanks to all the experienced skippers who volunteered their time and expertise to teach the Learn to Race students...

And thanks to Linda Ford and all who assisted her in providing a great meal after the races on Saturday .

IT'S PAST TIME

2022 Memberships Renewals Are OVERDUE

The Benefits of Membership

Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and two Tanzer 16s. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.



New Membership

Membership Renewal

Today < > October 2022						
MON	TUE	WED	THU	FRI	SAT	SUN
26	27	28	29	30	Oct 1	2
3	4	5	6 ● 7pm Board Meeting	7	8 Great Pumpkin Races LT	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Social Sailing LTYC	23
24	25	26	27	28	29 Halloween on Townsend (Hot) Charity Regatta	30
31 Halloween	Nov 1	2	3 ● 7pm Board Meeting	4	5	6

Today < > November 2022						
MON	TUE	WED	THU	FRI	SAT	SUN
31 Halloween	Nov 1	2	3 ● 7pm Board Meeting	4	5	6
7	8	9	10	11	12 Sailing Races LTYC	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	Dec 1 ● 7pm Board Meeting	2	3	4

Today < > December 2022						
MON	TUE	WED	THU	FRI	SAT	SUN
28	29	30	Dec 1 ● 7pm Board Meeting	2	3	4
5	6	7	8	9	10 Old Frosty Races LTYC	11
12	13	14	15	16	17	18
19	20	21	22	23	24 Christmas Eve Closed, LT Marina	25 Christmas Day Closed, LT Marina
26	27	28	29	30	31 New Years Eve	Jan 1 Closed, LT Marina Membership New Years Day

CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

newsletter@Laketownsendyachtclub.com



No classified ads this month



Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
 - Write an endorsement for LTYC
 - Like LTYC on the "Like" page
 - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at www.facebook.com/laketownendyachtclub/

Next newsletter deadline: Oct 15, 2022

◆ Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ commodore@laketownsendyachtclub.com
V. Commodore/Racing: Conal Deedy	◆ vicecommdore@laketownsendyachtclub.com
Rear Commodore/Education: Ron Washburn	◆ education@laketownsendyachtclub.com
Treasurer: Kim Jones	◆ treasurer@laketownsendyachtclub.com
Secretary: Linda Ford	◆ secretary@laketownsendyachtclub.com
Equipment: Mark Green	◆ equipment@laketownsendyachtclub.com
Membership: Leigh Wulforst	◆ membership@laketownsendyachtclub.com
Social Outreach: Trish McDermott	◆ lgs@laketownsendyachtclub.com
Marketing:	OPEN – Need a volunteer!
Newsletter: Sid Hale	◆ newsletter@laketownsendyachtclub.com
Social Media: JC Aller	◆ socialmedia@laketownsendyachtclub.com

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.