

# Lake Townsend Yacht Club

# Tell Tales

MARCH, 2022



## HAPPY St. Patrick's DAY



*“May the strength of God pilot us, may the wisdom of God instruct us, may the hand of God protect us, may the work of God direct us. Be always ours this day and for evermore.”*

— St Patrick

## **IT'S THAT TIME AGAIN**

### 2022 Memberships Renewals Are Due

#### The Benefits of Membership

##### Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

##### Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

##### Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and four Tanzer 16s. All are ready for use, mast-up and on trailers. For more information, see the [club sail-boat usage policy, agreement, and reservations](#) in the Members' Cove.

You can join the Lake Townsend Yacht Club or [renew your existing membership](#) by clicking the button below.



New Membership

Membership Renewal

# Let's Learn to Sail!

**Of the 17 separate classes we have scheduled for this year, 4 of them have already been filled!**

**Don't miss out.** Register early to make sure you one of the rapidly disappearing slots. Early registration will give you the widest range of choices and if you want this training wouldn't it make sense to get it as early as possible rather than at the end of the sailing season?

There are Beginner courses, Intermediate courses, Individual lessons, Sail Camps for Juniors, and even a Learn to Race course.

You can still choose between the 13 classes that still have room (assuming you act now), so check out this year's schedule and then click on the link to the Online Registration Form.

Visit the LTYC Site to sign up for one of the classes listed.

**Learn to Sail:**

[Learn-to-Sail \(laketownsedyachtclub.com\)](http://laketownsedyachtclub.com)

# Volunteers Needed!

All classes are in need of volunteers. Visit <https://laketownsedyachtclub.com/activities/InstructorSignUp.asp> to sign up as an Instructor, Assistant, or Scat Boat Driver.

# Clean Up Days at the Lake

## *Cleaning Day for the High School Sailing Team!*

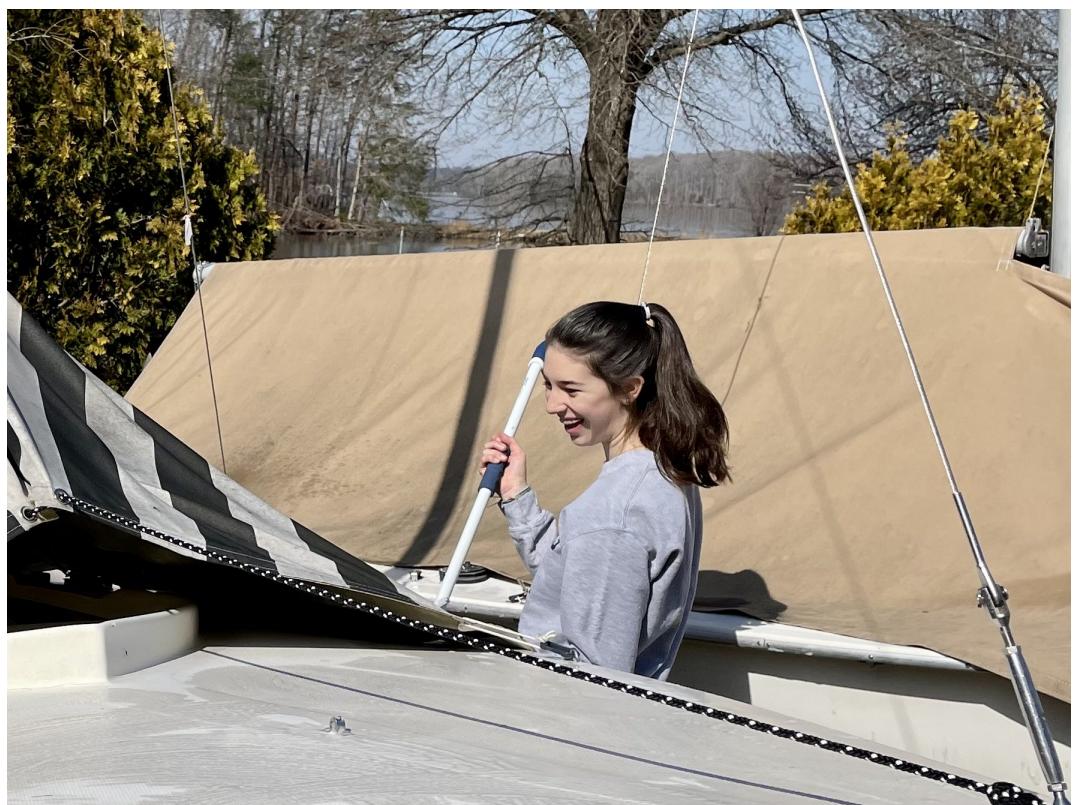
Saturday, March 5th, the LTYC High School Sailing Team turned out in force to clean boats! Five of the team members, armed with brushes, mops, buckets and a power washer, tackled the winter's grime on the club's sailboats and powerboats. It was a warm, beautiful day, and it was hard for the kids not to drop what they were doing and go sailing!

The team is looking forward to a fantastic spring season, with 18 teens currently signed up. Our first regatta will be at the Opening Day and Fowl Regatta on April 2. The spring season runs through the Mayor's Cup in early June, and the fall season will pick up in late August and run into December.

### *Editor's Note:*

*To all of you, on behalf of the entire club, I say thank you. Your contribution is much appreciated and does NOT go unnoticed. Cleaning ALL of the teams' boats as well as the club's sail boats AND the race committee boats made it a LOT easier on us old geezers once we got around to our part!*

*Thanks again.*



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# Clean Up Days at the Lake

On March 19th, many of us “old farts” showed up to pick up where the High School team left off! Luckily for us, it was a beautiful sunny day! The lake was gorgeous and probably a little too gusty for sailing, so not a bad day to get behind a pressure washer or a drill! ;–)

Relaxed Covid protocols and organizing ourselves into small teams, we were able to meet all our goals. We had the full collaboration of the City through Megan Rhead (the new Lake Manager) who supported the activity and supplied some materials to do the work more efficiently.

Many Thanks to Ron Washburn for organizing a very successful rental boat inspection and cleanup party.

## Participants List

Ron Washburn, Phil and Cathy Leonard, Conal Deedy, JC Aller, John Russell, Sid Hale, Dave De Miranda, Gail Walters, Brian Wells, Trish McDermott, and Andy Forman.

Phil Leonard and Ron Washburn reviewed each boat (based largely on Otto Afanador's list from his earlier initial review), tightened up what could be and made a detailed list of parts to purchase and install.

Cathy Leonard with help from JC, John, Gail, Dave and Phil reviewed the rudders, dagger boards, spars and sails in the storage shed and made a detailed list of parts to purchase and install and sails that needed repair.

Ron, Andy, Conal, JC and Sid cleaned all the rental boats top and bottom with Simple Green, scrub brushes and power washer.

And thanks to Trish for feeding us excellent sub sandwiches.

**16 boats were cleaned in all.**

We had a fantastic day together and got to know each other better, while working towards the same goal...

Making Lake Townsend a better place to go Sailing!



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# Season Opener

To make up for all the curve balls that the COVID pandemic has thrown us over the past couple of years, the Board decided to throw a special bash just because NOW WE CAN!

We're planning a fantastic event to celebrate Spring and our great club. We're calling it Opening Day with a Fowl Regatta!

On Saturday, April 2, 2022, come out to the lake for a fun sail, and to dine and enjoy an awards ceremony.



If you don't want to participate in the fun race, then go sailing around noon and watch the race from your boat! Or... come out to Shelter 10 around 3pm for a great meal and the awards ceremony.

If you plan to participate in the meal, please sign up so that we will have enough food.  
Sign up here!

[LTYC Event Reservations - Google Sheets](#)

The day will begin around 9:30-10AM with boat preparation. At 10:30, join fellow sailors at the Racing Shed under the tree for a competitors' meeting. Here we will answer questions concerning the rules for the Fowl Regatta.

The specific rules for these races are in the Fowl Regatta SIs. ([get a copy here](#))

After we sail two races, and derig our boats, we will meet at Shelter 10 for food and camaraderie. This will probably occur around 3pm. After we dine, we will score the Fowl Regatta poker hands and present the racing and other trophies that were earned in 2021. To finish the planned part of the event, (probably around 4pm) the Fowl Regatta winners will be presented with their trophies.

Please sign up here: [LTYC Event Reservations - Google Sheets](#)

## SAVE THE DOCKS



Hundreds of Fishermen and Sailors use the Docks year round.

The dock surfaces and edges at Lake Townsend are in total disrepair and have become hazardous from normal weathering, aging and use. They are disintegrating - with splinters, holes, flexing, and missing edge bumpers for boat protection.

The floating docks for the rental sailboats are sinking and breaking up.

In addition, the boat ramp, shore bulkheads, sidewalk, rainfall run-off berm, and rental boat storage racks have deteriorated and badly need restoration.

***If something is not done, these facilities will soon be unusable.***

You can help... [Make a Pledge!](#)

# Endurance... endures!

## Ernest Shackleton's Endurance found in Antarctica after 107 years!

Discovered only about 4 miles from where ships logs indicated she had sunk, the HMS Endurance was found at the bottom of the Weddell Sea at a depth of 3,008 meters (1.9 miles). She is mostly intact, up-



right, and because of the lack of oxygen at that depth... very well preserved.

Reaching McMurdo Sound in 1915, the Endurance became stuck in a thick impenetrable ice field in the Weddell Sea. The expedition members abandoned their stranded vessel, setting up camp on floating ice floes that were drifting northward.

Eventually reaching an uninhabited island, Shackleton took a group of volunteers aboard a lifeboat and ventured forth to South Georgia Island. After crossing South Georgia Island on foot, they reached a Norwegian whaling station on the north end of the island and organized a rescue party to retrieve the rest of the Endurance crew from Elephant Island - months after the beginning their ordeal.

Through all of this, no lives were lost, but the Endurance eventually sank and has been waiting patiently to be rediscovered.

More photos and video available at [Endurance: Ernest Shackleton's long-missing ship finally located in Weddell Sea | CNN Travel](#).



# Who Knew?



## Saint Patrick Was a Dog Man By PBurns

**Saint Patrick was actually a Roman** by the name of Maewyn Succat, born in 387 AD in either Kilpatrick, Scotland or Banwen, Wales.

**At the age of 16 Maewyn was captured** by Irish raiders and sold as a slave to the Irish chieftan Milchu of Dalriada.

**For the next six years** Maewyn tended his Irish slave master's sheep and pigs in the Braid valley of Ireland, where he worked the dogs and learned the Celtic language.

**After six years of forced service,** Maewyn ran away from his master and his flocks, heading 200 miles to the coast. There he stumbled on a ship from Gaul that was loaded with large dogs assembled by dog dealers bent on shipping them to the continent, where they were to be used against wild animals and gladiators in the Roman arenas.



**Maewyn convinced the dog dealers** that he had a way with dogs and could be of use, and he shipped with them, first to Scotland and then to Spain, where the poorly outfitted expedition nearly starved to death.

**At long last, and after selling the dogs,** Maewyn was allowed his freedom and a small stipend, and he headed to Tours, France (Gaul) where he joined St Martin's Monastery. There he became a devout Christian and was renamed Patricius by Pope Celestine I. In 432 he was sent back to Ireland to convert the heathens to Christianity.

**Patricius, now called Patrick,** landed with his companions at the mouth of the Vantry River close to Wicklow Head, and through a series of fabled exploits converted a great number of Pagans to Christianity before he died in 461 AD.

**Despite his common name,** St. Patrick has never been formally canonised by the Catholic Church.

**As for the notion** that St. Patrick drove the snakes out of Ireland, it's simply not true; there were never any snakes in Ireland. What St. Patrick did was begin to rid Ireland of the influence of Paganism, which was often associated with twisted snake-like celtic line-drawings of animals.

**One final note:** In Ireland the bars were traditionally closed on St. Patrick's Days, as it was considered a religious holiday. A drunken St. Patrick's Day is an American fabrication that came to Ireland after 1970.



## How to Use the Mainsail Out-haul for Maximum Sail Power

You may have heard the rather simplified explanation that fuller sails give a more powerful shape and flatter sails a faster shape. But certain controls on your mainsail will shape specific areas.

For example, the halyard or Cunningham helps keep the draft forward of the half-way point and helps to shape the leading edge (luff) of the mainsail. Your boom vang and mainsheet help control the leech so that the air exits the mainsail without turbulence.

But how do you control the lower part of the mainsail? That big, billowy area located from luff to leech in the lower half? Enter the often forgotten outhaul.



Not many controls are as easy to learn to use--and yet the outhaul often stays tucked away near the end of the boom. When you first bend on (attach) the mainsail to your boat, the outhaul becomes the first control attached.

Indeed, you thread the clew at the foot of the mainsail through the slot of the boom to the end and tie off the clew ring with the outhaul. Then, you attach the tack to the gooseneck fitting and bend on the luff via slugs or slides to the aft mast slot or track.

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In light air, you want a fuller sail. If you have the outhaul too tight, the lower half of the main will be flat. Your sailboat might feel lifeless. Ease the outhaul a bit to increase the fullness in the lower half. Feel the sailboat accelerate with speed and power.

In heavy air, you want a flatter sail. Sails tend to get fuller after sailing for a while. That's because sail cloth stretches. The lower 50% of your mainsail contains the most area. So, when this gets too full, weather helm will increase.

Use the outhaul, along with the halyard, Cunningham, boom vang, and backstay (if adjustable) to help keep the mainsail trimmed to perfection. Remember to test the helm right after you make any [sail trim](#) adjustment. Keep it light as a feather -- in any sailing weather!

### **Follow these Easy Outhaul Sailing Tips...**

*Ease the outhaul when you want to...*

- \* Add power in light wind sailing conditions.
- \* Punch through a chop in light sailing winds.
- \* Sail on a reaching course with more speed.

*Tension the outhaul when you want to...*

- \* Avoid excessive weather helm in gusty winds.
- \* Prevent backwinding from the Genoa or jib.
- \* Balance your boat in heavy winds for control.



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Yacht Club  
[@laketownendyachtclub](https://www.facebook.com/laketownendyachtclub)

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- Check in at LTYC on facebook
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- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](#), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

Next newsletter deadline: April 15, 2022

## • Lake Townsend Yacht Club Board

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You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 6:00 p.m.