

# TELL TALES

October 2016

Lake Townsend Yacht Club • PO Box 4002 • Greensboro, NC 27404-4002 •  
[www.laketownsendyachtclub.com](http://www.laketownsendyachtclub.com)



HOT CHARITY REGATTA  
MORE ABOUT WOW  
CHRISTMAS FLOTILLA

# Let's Go Sailing!

**Racing Series**                      2nd Saturday each month                      Lake Townsend  
 (Seminar in classroom if inclement weather)

**HOT V Charity Regatta**                      Oct. 29 & 30                      Lake Townsend  
 For details go to: [laketownsendyachtclub.com](http://laketownsendyachtclub.com)

## Other Events

**Old Brown Dog Regatta**                      Nov. 5 & 6                      Catawba YC

## 2016 LTYC Calendar

Yellow=Holiday; Gray=Meeting; Blue=Racing;  
 Peach=Social Sailing  
 Classes: Green=Adult; Pink=Junior

*Oct. 28—30*  
**HOT Charity Regatta**

*Nov. 10 Annual Meeting*  
*Nov. 12 Interclub OHSC*

**Dec. 3 Christmas**  
**Flotilla**

October '16						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

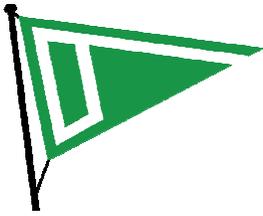
28-30 Hot Charity Regatta

November '16						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

10 Annual Meeting  
 12 Interclub (OH)

December '16						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Park closed on Wed all year long  
 11/1-2/28 8-5 & closed Thurs



# Attention All Sailors!



artwork by Michael Crouch

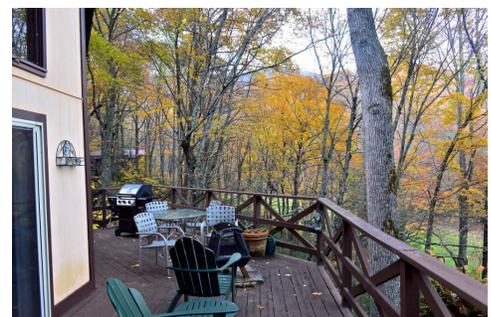
[www.laketownsendyachtclub.com](http://www.laketownsendyachtclub.com) or [earlier.org](http://earlier.org)

This is the only charity event we hold each year. We hope that you will register to sail, register for a raffle ticket for the Mistral 16, or come to the auction on Saturday, the 29th and bid on the myriad of awesome products and services we have. All proceeds go to Earlier.org. They are a 501C3 organization that supports research to find an earlier test to detect breast cancer. Please help us to beat the amount we raised last year of \$10,000. Thanks!

**Mistral 16**



**Mountain Chalet—3 night stay for 6 to be auctioned**



## **WOW...What more is there to say?!?**

**By Stephaine De Lair**

Sunday, September 11, 2016 was a life changing day for many women at Lake Townsend Yacht Club. WOW, also known as Women on the Water, drew 27 women from six different sailing clubs for an inspirational day of camaraderie, laughter and FUN sailing on the water. On the 15 year anniversary of 9/11, it was a reminder to be kind to one another. Since all of us are blessed to live in the United States with the freedoms we have each day, hate needs to be replaced with love.

This entire event concept came to fruition over a year ago when I noticed that there were very few women sailing and even fewer as skippers in our North Carolina clubs. Since only 14% of all sailors are women, the goal was to get moms and daughters out of the shelter and onto the water to share sailing as a family. Leading up to WOW, classroom sessions were held starting with sailing basics, rigging practice on a variety of boats and then 1-1 coaching on the water. At the event some of these women took the helm for the first time while others had been practicing throughout the year.

Male volunteers came out in droves to help with this event. No begging required! Obviously, the men want to see the ladies on the water. At the Skipper's meeting, sailing teams were paired up based on skill level, personality, different club membership and boat preference. A fleet of Wayfarers, Tanzers and Flying Scots were used. While the women rigged, they evicted wasps, spooky spiders (no, it's not Halloween yet), and even had to climb the mast to recapture a lost halyard. A special guest appearance was made by "Tinkerbell" who was a hit! Word on the streets is that Tinkerbell will have lots of friends in attendance next year. Will they all wear pink tutus and let their inner fashionista shine?

The course was triangular so that each vessel could complete multiple laps using a timed start. On lap 1 only about 50% of the boats could easily make it upwind to the weather mark. By lap 2, the difference was immense as confidence grew and teams worked together. By lap 3, crossings were made, and one new skipper even called an overlap on Joleen Rasmussen and for room at the mark. The biggest coaching moment was making small subtle adjustments to the helm. After several laps, one new skipper said, "I can feel it! Now I know exactly what you were talking about!"

On this beautiful day, winds varied between 5–10kts, a perfect blend for new skippers. As the gusts increased, as she was waiting for her next start one new skipper had a near port capsize, overcorrected, then had a near starboard capsize but quickly recovered. What a great experience to learn that you have a few seconds to react before going over! As the day progressed, the sailors were not as spread out over the course and began handling crossings. All in all, capsizes and collisions were avoided.

After coming off the water and de-rigging the boats, the shelter was buzzing with excitement; not from the wasps we dealt with but from the confidence that was developed by teamwork and encouragement on the water. The ladies discussed their inspiration for sailing ... "Who or what inspired you to be here today?"

Awards were presented based not on finish position, but rather on achievement for the day.

The "Anchor Me" bracelet was presented to Kerry Touzel as the newest sailor. The life preserver symbolizes that there is always someone who will keep you afloat. Everyone needs a gentle, comforting reminder that you will never drift away—together you can weather any storm. This lifeline serves as inspiration to "Pay It Forward" and inspire someone else to kindness.

*Best overall accomplishments:*

1<sup>st</sup> lap – Rosalie Austin (OHSC) and Linda Heffernan (LYYC)

2<sup>nd</sup> lap – Sally Leigh (OHSC) and Anne Marie Covington (LYYC)

3<sup>rd</sup> lap – Kerry Touzel (LYYC) and Sue Cole (OHSC/LTYC)

4<sup>th</sup> lap – Nancy Torkewitz (LYYC) and Donna Wynne (CSC)

Farthest traveled – Donna Wynne from California

Longest time sailing – Linda Heffernan – sshhhh, it's a secret!

Youngest Sailor – Aubrey Bews -10

Consistent Improvement – Cathy Leonard (LYYC) and Stephanie De Lair (OHSC/LTYC)

*Comments heard at the social:*

...“Thank you for being an inspiration and teacher. I intend to keep learning about sailing. I would not have had the courage to participate in this event without your encouragement.”

...“All I want to do now is Skipper!”

...“My pairing could not have been more perfect. Now I have a new friend to go sailing with.”

...“When is the next WOW event?”

...“A pioneering special event that will continue to grow. What a great vision and dedication to empowering women...”

As a result of WOW, two women purchased sailboats. First, Annette Grefe purchased Anne Marie Covington's Wayfarer *Epiphany* and began skippering in the monthly club series. Next, after all the heartfelt feedback, I purchased a Boston Whaler Harpoon 4.6 two days after the event as a teaching boat. Since I learned to sail on this type of boat, it was fitting to come full circle and “Pay It Forward.” The following week at Oak Hollow's regatta, this Boston Whaler was duly christened *Inspiration*. It was fitting that its inaugural sail was with an Oak Hollow WOW participant, Pam Lineberry.

This event was so popular that the male volunteers and female participants are asking for a perpetual date. Mark your calendars: Sunday, September 10, 2017 is WOW 2 with practices to be held the last Saturday of the month during the Social Sails. How many new women sailors will be encouraged and join us on the water? Will you be one of them?

Sailors	Boat	Sail #	Lap 1	Lap 2	Lap 3	Lap 4 light wind	Average position	Average of Laps 1-3	NOTES...
Aubrey Bews/Kim Wise/Carol Claypool	Flying Scot	5295	13:46	9:45	11:03	12:23	10	12:31	
Barbara Young/Gina Leonard/Joleen Rasmussen/Amy	Flying Scot	3801	10:43	12:21	dnf	dns	11	12:32 (2 laps)	
Nancy Torkewitz/Donna Wynne	Flying Scot	775	8:29	10:42	10:16	10:12	9	10:49	
Nancy Collins/Nyssa Collins	Wayfarer	10978	8:46	8:14	12:15	15:53	8	10:45	
Cathy Leonard/Stephanie DeLair	Wayfarer	864	11:20	10:10	9:48	dns	6	10:26	consistent improvement
Trish McDermott/Linda Marsh	Wayfarer	1392	10:55	8:44	11:10	dnf	4	10:16	
Sally Leigh/Ann Marie Covington	Wayfarer	11134	10:58	6:23	9:21	18:38	3	9:54	best single lap time
Elizabeth Duffy/Ali Kisbaugh	Wayfarer	W	10:24	9:52	10:38	dnf	5	10:18	
Rosalie Austin/Linda Heffernan	Wayfarer	1066	7:29	8:46	9:59	dns	2	9:45	
Kerry Touzel/Sue Cole	Tanzer T1	1059	8:27	10:47	8:34	dnf	1	9:16	best average
Pam Lineberry/Olivia Gregg	Tanzer T2	1014	14:00	14:48	11:04	dnf	12	13:17	biggest improvement
Dari Starkey/Kat Williams	Tanzer T4	1536	9:59	8:59	10:02	14:24	7	10:40	

## The 2nd Annual Christmas Flotilla December 3, 2016



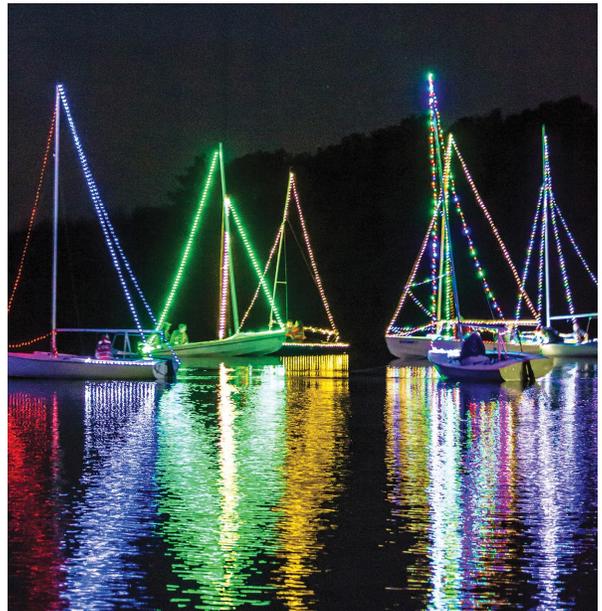
This was such a popular event last year that the fishing pier almost sank from the weight of the viewers. This year we're going to limit the number of people on the pier with tickets. Also, this is a food drive, so please bring canned or non-perishable food to our flotilla. A box will be available.

We hope to have many more lighted boats this year. It's really a blast and so beautiful to see.

**Order your battery operated LED lights very soon because they come from China and take a long time to get**

**here (a slow boat . . .) A good place is Amazon.**

For technical help, Jack Davidson and Scott Bogue are the experts. We will also need a few volunteers to help with serving hot chocolate and cookies, maintaining the crowd on the fishing pier, and lighting up trees and sidewalks.



## HOT V Auction of Mistral 16 Sailboat



This Mistral 16, donated by Jack Davidson, will be auctioned off to benefit Earlier.org.

Built in Canada with the same hull shape as the Wayfarer, with similar performance. Two watertight doors forward open into a generous storage compartment. There is a covered aft storage compartment with a drain. 365 lbs. displacement with 141 sq. ft. sail area.

Gelcoat on hull, deck, and cockpit has faded but is in good condition. Rudder and centerboard are in good condition, with a new tiller custom made by Phil Leonard. Standing and running rigging are in good condition. Sails (main and genoa) are good, with some rust staining. Mainsail has reef points.

She has blocks and cleats for a spinnaker but does not have a spinnaker or rigging.



The trailer is cosmetically fair but is sound, with new springs, new bearings, and good tires. Boat and trailer have good titles. This is a great boat to enjoy sailing with the whole family. She has been gone over and is in sailaway condition.

This boat is available for inspection at the lake, next to the new club building.



## Please Like LTYC on facebook



- Check in at LTYC on facebook
  - Tag us
- Write an endorsement for LTYC
- Like LTYC on the “Like” page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)



## We welcome contributions to the Newsletter:

- Photos
- Articles
- Technical and how-to's
- Equipment you can't live without
  - Boat maintenance
  - Sailing with your spouse
  - New member bios
- Glossary of terms and definitions

*please submit to: [newsletter@laketownsendyachtclub.com](mailto:newsletter@laketownsendyachtclub.com)*

## Lake Townsend Yacht Club Board



**Commodore: David Duff** ♦ 336-908-9754 ♦ [homengso@triad.rr.com](mailto:homengso@triad.rr.com)

**Vice Commodore/Races: Nancy Collins-Heine** ♦ 336-585-0951 ♦

[uwenancyheine@gmail.com](mailto:uwenancyheine@gmail.com)

**Education/Rear Commodore: Alan Taylor** ♦ 530-263-3009 ♦ [alan@lakelevel.com](mailto:alan@lakelevel.com)

**Treasurer: Hudson Barker** ♦ 336-644-1060 ♦ [HUDSONBARKER@ATT.NET](mailto:HUDSONBARKER@ATT.NET)

**Secretary/History: George Bageant** ♦ 336-267-0293 ♦ [gbageant@hotmail.com](mailto:gbageant@hotmail.com)

**Equipment: Scott Bogue** ♦ 336-707-9183 ♦ [scott.aomci@gmail.com](mailto:scott.aomci@gmail.com)

**Membership: Joleen Rasmussen** ♦ 919-440-2802 ♦ [joleenrasmussen@embarqmail.com](mailto:joleenrasmussen@embarqmail.com)

**Social: Steve Morris** ♦ 336-601-1428 ♦ [samorris@triad.rr.com](mailto:samorris@triad.rr.com) and **Wanda Williams** ♦ 518-339-0431 ♦ [wandawka@gmail.com](mailto:wandawka@gmail.com)

**Webmaster: Steve Raper** ♦ 336-500-7309 ♦ [sraper4051@outlook.com](mailto:sraper4051@outlook.com)

**Mayor's Cup/Nominating/Past Commodore: Alan Taylor** ♦ 530-263-3009 ♦ [alan@lakelevel.com](mailto:alan@lakelevel.com)

**Newsletter/Publicity/Social Sailing: Trish McDermott** ♦ 336-707-2846 ♦ [88hawkgt650@gmail.com](mailto:88hawkgt650@gmail.com)

**Social Media / Publicity: JC Aller** ♦ 336-580-0528 ♦ [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

**Note: Board meetings are open to all members. They are held the first Thursday of each month at 5:45. Greensboro Christian Church, 3232 Yanceyville St., Greensboro, NC. Share your thoughts and ideas!**

## Sailors: Here are people Available to Crew:

Otto Afanador, [ottosolar@aol.com](mailto:ottosolar@aol.com), (336)-269-1765

Jeanne Allamby, [jeanne.a.allamby@usps.gov](mailto:jeanne.a.allamby@usps.gov), (401)-996-0198

JC Aller, [aller.jc@gmail.com](mailto:aller.jc@gmail.com), (336)-580-0528

John Carr, [carrjl\\_40514@yahoo.com](mailto:carrjl_40514@yahoo.com), (859)-227-3688

Susan Cole, [sscole@triad.rr.com](mailto:sscole@triad.rr.com), (336)-707-0678

Christopher Ford, [chriss\\_ross\\_ford@yahoo.com](mailto:chriss_ross_ford@yahoo.com), (856)-332-0876

Trish McDermott, [88hawkgt650@gmail.com](mailto:88hawkgt650@gmail.com), (336)-707-2846

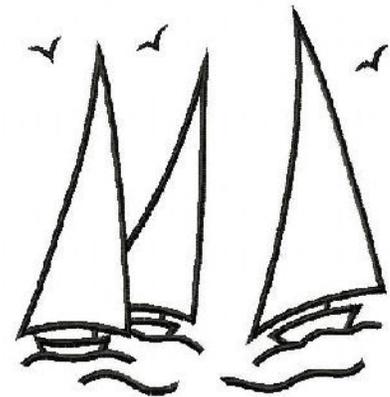
Steve Newgard, [slnpicture@aol.com](mailto:slnpicture@aol.com), (336)-688-4952

Keith Smoot, [keith@br1980.com](mailto:keith@br1980.com), (336)-996-6734

Elizabeth Parker, [rebeccaparker1@yahoo.com](mailto:rebeccaparker1@yahoo.com), (336)-852-7470

Sally Foroudi, [sjforhome@gmail.com](mailto:sjforhome@gmail.com), (336)-282-1357

Wesley Ivins, [wesivins@gmail.com](mailto:wesivins@gmail.com), (336)-899-3874



**Want to be added to this list? Email [membership@laketownsendyachtclub.com](mailto:membership@laketownsendyachtclub.com)**

**Skippers: We're going to start a list of skippers looking for crew. Please submit your name to: [newsletter@laketownsendyachtclub.com](mailto:newsletter@laketownsendyachtclub.com)**

*Etc.*

---

*The Way It Was, 1929 to 1937*



*75 to 87 feet at the waterline, 125 feet +/- overall, about  
7500 square feet of sail!*

## Classified Ads

### Buy – Sell – Want to Buy

Boats-Equipment-Accessories — Ads run for 3 months if not renewed.  
newsletter@laketownsendyachtclub.com

### Tanzer for Sale

For sale: Tanzer 16. This is a good boat with a good racing record. Sails are in decent shape. Two spinakers. New Sailor's Tailor cover. Solid trailer. Selling because I need more room for family and guests to cruise the lake. A good buy at \$2,000. Call JC Aller at [\(336\)580-0528](tel:3365800528) or email at [aller.jc@gmail.com](mailto:aller.jc@gmail.com).

10/16

NEW Foul weather sailing jacket includes flotation. Perfect for cruising. Size medium. \$200 Call Stephanie at 336-209-0328.

8/16



### Flying Scot for Sale

Hull/Sail #1939 the "Gray Battleship" (Douglass built 1971) has been in the club for years – needs a new owner. Perfect for new sailor. Includes spinnaker, two jibs, three mains. Ready for racing or cruising. Tilt trailer. Can be viewed at the lake (dry slip #37).

David Duff

C 336 908 9754

10/16

Let's Go Sailing!