

TELLTALES

January 2016

Lake Townsend Yacht Club • PO Box 4002 • Greensboro, NC 27404-4002 • www.laketownsendyachtclub.com



Working on Boat



Change of Watch



Change of Watch



Greensboro Boat Show



Working on City Boats



The New Building

2015
A review of a very
fun year!



Let's Go Sailing



Oar Regatta



CSO Interclub



CSO Interclub



Tanzer Nationals



Mayor's Cup



September Race Weekend



Interclub with Oak Hollow



HOT IV



Annual Meeting



Christmas Flotilla



Christmas Flotilla
2015, The Year In Review
Best Trip Ever in 2015

UPCOMING EVENTS

Monthly Events

Race Committee 101 **Jan. 16** **LT Marina Classroom**
 Breakfast 9:00, Seminar 10:00

Winter Racing Series **Feb. 13** **Lake Townsend**
 If the weather is bad, meet in the marina classroom at the lake for a seminar.



Change of Watch Awards Banquet

Saturday, Jan. 23, 2016 (Note change of date.)

Social at 5:30, Dinner at 6:30

Bryan Park Enrichment Center (just up the street from where we sail)
6275 Bryan Park Rd., Browns Summit

LTYC at the Boat Show **Feb. 26 – 28** **Greensboro Coliseum**
 Please sign up for booth duty on the scratch sheet

2016 LTYC Calendar

Blue=Racing
 Peach=Social Sailing
 Classes: Green=Adult; Pink=Junior

Gray=Meeting/Seminar/Other
 Board Meeting 1st Thurs each month
 Yellow=Holiday

January						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

24 Change of Watch
 30 Race Management
 29-31 SAYRA Annual Meeting

February						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29						

20 Rules Seminar
 26-28 Boat Show

March						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

13 Daylight Savings
 19 USSailing RaceMgmt-
 Oak Hollow

Christmas Flotilla

Photos by Sandy Groover—Rhino Times



OH WHAT FUN. . .

On December 12th, shortly after finishing races, we prepared for our first Christmas flotilla. Lots of lights and decorations were used on the fishing pier, walkway, and trees, as well as our boats. Everything was so festive! Seven sailboats were lit and Santa (Tom Bews) was on the city pontoon, driven by Alan Taylor, with Ken Butler as deckhand. Tom was a huge hit and when Deitrick Harley turned the spotlight on him, the crowd of children hollered and clapped. Tom's daughter Aubry played Santa's elf very well.

LTYC provided free hot chocolate, cider and cookies to our guests, served by David and Pamela Duff and Stephanie DeLair. Hudson Barker and Susan Cole helped out a great deal. Steve Raper suddenly appeared in his "Lightman" outfit and proved to be a kid-magnet! A large crowd filled the fishing pier and the jetty to watch. We couldn't have asked for more perfect weather, with calm winds and warm temps.

Thanks to all who participated! In sailboats we had: George Bageant with grandchildren Emma and Jack, Robert Bouknight and Nancy Torkewitz, Jack Davidson and Josh Vinton, Evan and Mary Trudeau, Omid and Sally Foroudi, Phil and Cathy Leonard and Trish and Scott Bogue.

(NOTE TO SELF: Buy additional lights now, on sale, for next year's Christmas flotilla on Dec. 3rd.)

More Christmas Flotilla Pictures

Photos by Robert Bouknight, Steve Raper and Trish McDermott



From the Helm A Look Back at 2015

By David Duff, Commodore



Happy New Year to all our Lake Townsend sailors and friends at the lake! 2016 is off to a chilly start after a balmy December. I hope you and your family had a wonderful holiday and you are as excited as I am about the prospects for the new year. I want to take this opportunity to reflect on what we accomplished as a club in 2015.

I continue to be amazed and grateful for the time this group of people put in to support sailing. You see them at club events, but there is so much more effort behind the scenes that makes our educational, racing, and social events a success.

First stop is **Facilities**. Our new equipment shed now houses most of our non-racing (social, education, and maintenance) accessories. We also have a freshly painted flagpole and new signage at the gate to give LTYC a polished appearance. In addition to maintaining the city fleet and dock for our classes, we also now have an extensive fleet of club boats (Tanzers, Flying Scot, Lighting, and Wayfarer). A special shout out of thanks to Scott Bogue who took the lead on all these activities. The club and city assets are foundational to the mission of LTYC.

On the **Education** front, under Ken Butler's leadership we had over 40 adults and juniors complete introductory or intermediate classes. Thanks to all who helped instruct our community and pass on the joy of sailing to a new generation of sailors (and potential club members). LTYC also offered access to racing and rules seminars to advance the knowledge of members aspiring to be more competitive or to assist with race committee.

LTYC is a **Racing** club! We had at least one race or regatta every month in 2015. Three special events stand out: 1) The annual Mayor's Cup was a fun and competitive event that has occurred now for 38 years (35 boats competing). 2) We hosted our first ever national competition – the Tanzer Nationals. 3) The 4th annual HOT regatta, a charity event, raised \$10,000 for early breast cancer testing research. In addition, we saw increased cooperation and support for mutual events with the Oak Hollow and Carolina Sailing Clubs.

LTYC also had **Social Sailing** on the fourth Saturday of each month from April through November. These events are for non-racers and we've had good participation.

Finally, with regard to **Community Outreach**, we conducted several events to create awareness of club activities in the region. We participated in our first Boat Show at the Greensboro Coliseum. The spring annual "Let's Go Sailing" event and our first ever Christmas Flotilla both brought out people who had never been exposed to sailing. Events like these, combined with our first class newsletter and website, reinforce the positive attributes that sailing offers to prospective students and members.

All volunteer clubs depend on their **Members** to make the mission happen. LTYC is fortunate to have a dedicated and active group of volunteers who make all of the above happen. I invite all our members to come out and join me at the *Change of Watch* to recognize our members and competitors. Take this opportunity to meet your mates and consider where you can plug in to the wide range of volunteer opportunities. Make LTYC one of the best investments of your time in 2016.



Steve and Carol Newgard

Sailing – Best Trip of 2015

In December 2015, my wife Carol and I took a bareboat 7-day sailing adventure in the British Virgin Islands. We chartered a Jeanneau Sun Odyssey 41 with two other couples and sailed with three other boats.

We flew into St. Thomas non-stop from Charlotte and stayed there two days before and after the charter. From St. Thomas you take the fast ferry from Charlotte Amalie to Road Town, Tortola Island. The ferry ride takes 50 minutes and costs \$60.00 per person roundtrip. We picked up the boats at SunSail in Road Town.



The marina at Road Town is small and the boats are large; there is very little room for error. The bareboat skipper notifies SunSail upon departure and arrival. They send a crew to dock and undock the boat.



Sailing our own yacht in BVI was an experience like no other. Tranquil turquoise waters, white-sand beaches



fringed with palm trees, scenic anchorages. A different bay and a new view every day. The boat was extremely easy to sail. We chartered the boat from Michael Williams, East Carolina Sailing

in New Bern. Michael has a captain's license and is a certified ASA instructor.

It isn't necessary to have someone onboard with a captain's license. You only need to provide a Sailing Resume if you are going to skipper the boat. You can complete the resume online. Questions are about your yachting history and ASA qualifications. They prefer that you have taken 101, 103 and 104. I certified in ASA 101 at Cape Fear Sailing Academy in Southport, NC and took ASA 103 and 104 at East Carolina Sailing in New Bern. I am planning on taking ASA 114, Cruising Catamaran Certification this spring. The next trip will be on a 40' catamaran. A multi-hull sails much differently than a monohull.

A typical day was waking up and cooking breakfast (the boat was fully provisioned with three meals a day) before setting sail to our next destination. After arriving at a new anchorage, we would take the dinghy to shore spend time on the beach, drink a few "Pain Killers" (a drink invented at the Soggy Dollar Bar at White Bay on Jost Van Dyke Island), kayak in the bay, and then snorkel at a nearby reef.

At night we headed back to the boat for dinner then back to shore to enjoy the nightlife, including live entertainment, dancing, and enjoying the evening with friends and Pain Killers. Then back to the boat, lying out on the deck looking at the stars





and talking for hours in the saloon.

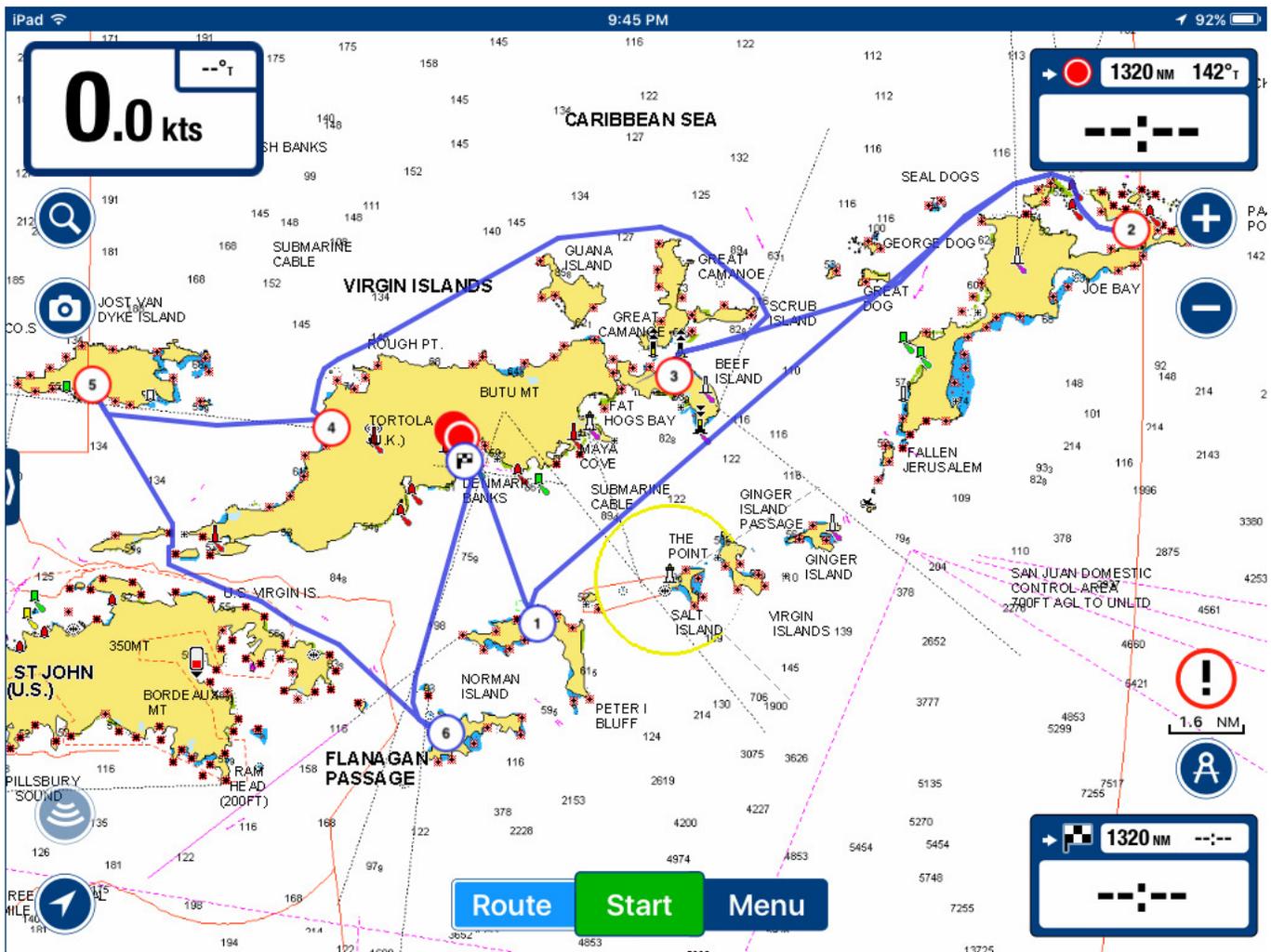
The weather was perfect, with consistent trade winds and spectacular scenery, and our fellow sailors were terrific. As I like to say: “Sailing is the answer; what is the question?”

Just to be clear on the cost, we had three couples on the boat. The cost was \$1,000 per person or \$6,000 for the charter, which included three meals a day on board (the food was fabulous).

A great resource for the Virgin Islands is *The Cruising Guide to the Virgin Islands* by Nancy and Simon Scott.

Steve and Carol Newgard

PS: If you are considering taking a trip like this I have a suggestion: pack one-half the clothes and bring twice the money.



(Steve put together this map of the sailing route they took.)

December 2015 Frostbite



Sunny, 70°, perfect winds,



it doesn't get any better than this!



Unfortunately, we don't have any pictures on the water (hint, hint).



2015, The Year In Review

From the perspective of a relatively new sailor, I'd like to share some of my experiences sailing with LTYC in 2015.

I am slowly overcoming my fear of boats! It doesn't make any sense as to why I developed this fear, especially since I've been around sail and motor boats most of my life. When sailing my Sunfish, I have very little fear. It feels like I'm in control. When I get on larger boats, it's a different story.

I have had the great fortune of sailing with exceptional teachers, which has gradually built my confidence. Jim Heffernan and I won our class in the Mayor's Cup in his Wayfarer. He is an excellent and patient mentor. Phil Andrews and I sailed in the Tanzer Nationals; he was also very patient and taught me a lot in one weekend. I must admit the person I've had the most fun sailing with is Ali Kishbaugh. We both love to laugh a lot and can find humor in just about anything.

I thought I was not going to be a racer, but my perspective has changed. I used to get so nervous at the start of each race that sometimes I'd close my eyes! Each skipper I've sailed with in races has helped my confidence grow. It's still nerve-wracking to be crew at the start and going around marks, and even more when I'm at the helm, but with practice it'll get better.

What 2015 sailing experiences taught me the most is to just get out there and sail. The fear subsides with each sailing experience and I love the constant learning. Best of all are the cherished friendships I've developed over the last year.

Trish McDermott

In 2015 I participated in my first ever race with you guys. I was fortunate enough to get paired up with Uwe Heine on his Flying Scot. I learned a whole bunch about racing, and more importantly, about sailing in general and how to prepare for the difference in wind and positions on the water relative to other boats. Not only did I enjoy the experience, it helped me become a safer and more competent sailor.

Cheers,

Jordan Robinson

Lake Townsend schedule:
Jan. and Feb.— open 'til 5:00 and closed on Thursdays.
The lake is always closed on Wednesdays.



Don't forget to renew your membership!



Your Team and LTYC Opportunities

We all work better as a team, especially when it comes to putting on a really big show. Do you have leadership ability? Can you easily recruit with a phone call or an email? Then LTYC needs you.



We have two very important positions to fill:

Mayor's Cup Chair – Our 39th year! June 3-5.



HOT V Chair – Our 5th year. Oct 28-30.

We understand neither can be accomplished by one person, but we'd like to challenge you, the leaders, to assemble a team to put these very important regattas together. You'll be surprised how many people will help out as a team.

If you'd like more information on either event, please contact Alan Taylor for the Mayor's Cup: alan@lakelevel.com, or 530-263-3009. Contact Jim Schwartz for the HOT regatta: detroit91@aol.com or (336)-282-9552.

Thanks to our volunteers! You make the club great.

Lake Townsend Yacht Club Board



Commodore: David Duff ♦ 336-908-9754 ♦ homengso@triad.rr.com

Vice Commodore/Races: Nancy Collins-Heine ♦ 336-585-0951 ♦ heineu@bellsouth.net

Education/Rear Commodore: Alan Taylor ♦ 530-263-3009 ♦ alan@lakelevel.com

Treasurer: Bob Hoffman ♦ 336-831-6271 ♦ bobh9447@aol.com

Secretary/History: George Bageant ♦ 336-267-0293 ♦ gbageant@hotmail.com

Equipment: Scott Bogue ♦ 336-707-9183 ♦ scott.aomci@gmail.com

Cruising: Starling Gunn ♦ 336-552-6055 ♦ justbgunn@bellsouth.net

Membership: Joleen Rasmussen ♦ 919-440-2802 ♦ joleenrasmussen@embarqmail.com

Social: Steve Morris ♦ 336-601-1428 ♦ samorris@triad.rr.com and Wanda Williams ♦ 518-339-0431 ♦ wandawka@gmail.com

Webmaster: Steve Raper ♦ 336-500-7309 ♦ sraper4051@outlook.com

Mayor's Cup/Nominating/Past Commodore: Alan Taylor ♦ 530-263-3009 ♦ alan@lakelevel.com

Newsletter/Publicity/Social Sailing: Trish McDermott ♦ 336-707-2846 ♦ 88hawkgt650@gmail.com

Note: Board meetings are open to all members. They are held the first Thursday of each month at 5:45. Greensboro Christian Church, 3232 Yanceyville St., Greensboro, NC. Share your thoughts and ideas!

US Sailing Arthur B. Hanson Rescue Medal for ACC rescuers

Submitted by dianekampf on Wed, 11/18/2015 - 23:34

The Hanson Safety at Sea committee has voted to award the US Sailing Arthur B. Hanson Rescue Medal to the seven boats who recovered people out of the water during the FS ACC storm and subsequent recovery efforts.

Mauntauk 17 rescued 4 (Eddy Parker & Richard Schott)
 Aquasport 19 rescued at least 5 (Ken Gurganus & Jeff Thomas)
 Triumph 17 rescued 1 (Dave Brown, Polly Brown, & Joe Gormley)
 Weather boat rescued 4 (Jim Zaradka & Mark Brennesholtz)
 The Big Parker rescued 3 (Roger Brake & Eric Rasmussen)
 17' Key West rescued 4 (Skip Byrum & Gus)
 Sea Hunt 235 rescued 2 (Malcolm Shaffer, Robin Shaffer, Charlie Marr)



Also providing assistance were Flying Scot sailors Dave Neff and Gabe Hermans and Jason Hairf who took to the water to assist boats get righted and the boat ready and towed in.

From the US Sailing website - about this award:

"This award is given to skippers of boats or race support vessels who effect rescues of victims from the water. The award is made for rescues in U.S. waters, or those which occur in races originating or terminating in a U.S. port. The purposes of the award are to recognize the significant accomplishment in seamanship which has saved a life, and to collect further case studies in rescues for analysis for the US Sailing Safety at Sea Committee which will eventually be incorporated into the extensive educational programs of US Sailing"

Get  **Your Name** in Lights by Contributing to the Newsletter!

- Are you working on your boat this winter? We'd like to follow it in the newsletter.
- Do you have tips or ideas for articles that may be interesting to all members?
- Is there a particular topic you'd like to have covered?
- Photographs are *always* welcome.
- We welcome member profiles and have a template to help you get started.

You don't have to be a good writer or photographer. We can help. Even if you outline an idea, we can help you write it.

TELL TALES is all about you, our members. Let everyone know what you're up to.

Volunteers Needed

LTYC has a few volunteer opportunities that we need your help with. No experience required. Please let Joleen Rasmussen know if you are able to help.

1. Update the club's Google calendar. Approximate time, 4 to 6 hours for the first update, then about 1 hour each month.
2. Create scratch sheets for our 2016 events. Approximate time, 4 to 6 hours for first attempt, then about 1 hour each month. (Excel experience is helpful.)
3. Help with membership processing. Approximate time is 2 to 3 hours initially, then about 1 hour each month.

joleenrasmussen@embarqmail.com or 919-440-2802



Calling all Sailors!



Sailing Instructors, Assistants and Safety Boat Drivers Needed

Junior classes are Mon. – Fri., 8 am to noon

Adult classes are Mon. – Fri., 5:30 to 8 pm, Sat. 8 am to noon

Weekend Classes are Sat. and Sun. 8 am to 5 pm

Volunteer for a day or two. If you can give a whole week or weekend, that's great! You'll learn a lot and feel good about helping out. Sign up on the [Learn to Sail Instructor](#) signup sheet on the home page at laketownsend-yachtclub.com

Or contact Alan Taylor at education@laketownsendyachtclub.com

Thanks to our volunteers! You make our education program successful!

Sailing Tips

Sail It Flat!

By Capt'n Al

That has been the most consistent advice for racing dinghies since I began sailing.

In fact, *Sail It Flat: The Sunfish Racing Primer* by Larry Lewis (no, not our L. Lewis) is an excellent book on sailing a Sunfish and other dinghies as well.

Sailing dinghies are designed to be sailed with little or no heel, less than 5 degrees, so if you want to go fast you need to pay attention to the heel of the boat. Most of the time with the wind that we sail in, keeping the boat flat only requires adjusting where you are sitting on the boat; just lean in or out a bit. When the wind picks up and you are hiked out but can't keep it flat, then you need to de-power enough to keep the boat as flat as possible.

There are many ways to de-power a small sailboat, depending on how it is rigged. The most basic techniques are easing the main sheet and/or heading up slightly into the wind (heading into the wind is often referred to as "feathering"). In boats like a Sunfish or Aqua Finn, this is the extent of your choices. In larger boats like the Tanzer, Wayfarer, Windmill, Lightning or Scot, you can de-power by applying the boom vang, outhaul, cunningham and traveler. These controls help flatten the mainsail thereby reducing the amount of lift or power that it generates. In a sloop, moving the jib cars aft will flatten the lower part of the jib and depower the upper part of the sail.

Set your boat up for the conditions of the day. If it's blowing, tighten the outhaul and cunningham when you hoist the main. In gusty conditions, you must watch for the gust and try to anticipate its effect. Hike hard just as the gust hits and have the main sheet already un-cleated so you can gently ease the sail based on the strength of the gust. If you keep the boat flat you'll notice you don't get weather helm and your boat maintains speed. On the other hand, if the boat heels before you luff the main, you get weather helm and the boat slows down.

One exception to the technique of sailing a boat flat is when there is very little wind – less than 2 knots. At that wind speed you will get a bit of movement if you heel the boat drastically to leeward. This helps for two primary reasons: Heeling the boat reduces the wetted surface and at very low speeds the design considerations for a hull when moving through the water no longer apply. The other benefit of heeling the boat is that gravity helps give shape to the sails.

I hope this helps - See Y'all On The Townsend – Capt'n Al

Have a question about a term or phrase? Have an interesting tip? Send it to: newsletter@laketownsendyachtclub.com.

Frostbite Series

January Races

Yes, we race all year, weather permitting!



		Finish Time	Minutes	Corrected
Race 1	5 mph	12:05:00	bn-2	
FS	2048	12:32:03	0:27:03	0:29:55
FS	3801	12:33:28	0:28:28	0:31:29
WF	276	12:33:54	0:28:54	0:31:31
FS	5295	12:34:08	0:29:08	0:32:14
TZ16	2003	12:34:11	0:29:11	0:30:01
WM	4501	12:34:20	0:29:20	0:32:06
Laser	200622	12:35:42	0:30:42	0:33:16
WF	9411	RET		

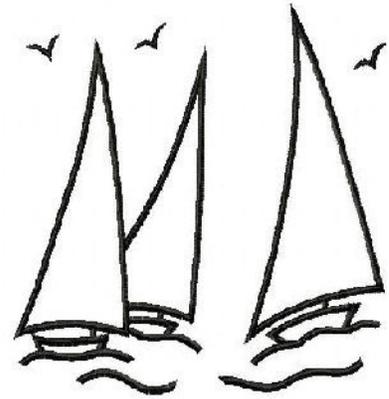
		Finish Time	Minutes	Corrected
Race2	9 mph	12:44:00	bn-3	
WM	4051	13:04:47	0:20:47	0:22:44
FS	2048	13:05:57	0:21:57	0:24:17
FS	5295	13:05:48	0:21:48	0:24:07
FS	3801	13:06:12	0:22:12	0:24:33
LZ	200622	13:06:16	0:22:16	0:24:07
WF	276	13:07:06	0:23:06	0:25:11
TZ	2003	13:07:27	0:23:27	0:24:08

			Minutes	Corrected
Race3	6 MPH	13:20:00	bn-2	
WM	4051	13:37:20	0:17:20	0:18:58
LZ	200622	13:38:54	0:18:54	0:20:29
FS	2048	13:39:13	0:19:13	0:21:15
FS	3001	13:39:14	0:19:14	0:21:17
FS	5295	13:39:41	0:19:41	0:21:46
TZ	2003	13:39:44	0:19:44	0:20:18
WF	276	13:40:00	0:20:00	0:21:49

		Finish Time	Minutes	Corrected
Race4	9 MPH	13:39:00	bn-3	
WM	4051	13:57:42	0:18:42	0:20:28
FS	3801	13:58:50	0:19:50	0:21:56
WF	271	13:58:56	0:19:56	0:21:44
FS	295	13:59:12	0:20:12	0:22:21
FS	2048	13:59:47	0:20:47	0:22:59
LZ	200622	13:59:50	0:20:50	0:22:34
TZ	2003	14:00:00	0:21:00	0:21:36

Skippers: Here are people **Available to Crew:**

- Otto Afanador, ottosolar@aol.com, (336)-269-1765
- Jeanne Allamby, jeanne.a.allamby@usps.gov, (401)-996-0198
- JC Aller, aller.jc@gmail.com, (336)-580-0528
- John Carr, carrjl_40514@yahoo.com, (859)-227-3688
- Susan Cole, sscole@triad.rr.com, (336)-707-0678
- Kevin Gheen, ktgheen721@gmail.com, (336)-676-2369
- Trish McDermott, 88hawkg650@gmail.com, (336)-707-2846
- Kathy Medlin, kathy@medlin.biz, (336)-255-0069
- Steve Newgard, slnpicture@aol.com, (336)-688-4952
- Kevin Perks, kevinperks@yahoo.com, (336)-269-5973
- Brock Pitts, brockpitts78@gmail.com (336)-684-8898
- Keith Smoot, keith@br1980.com, (336)-996-6734
- Marty Van Hecke, 1vanhecke@gmail.com
- William Young, woyoung@triad.rr.com, (336)-707-0295



Want to be added to this list? Email membership@laketownsendyachtclub.com

Classified Ads

Buy – Sell – Want to Buy

Boats-Equipment-Accessories — Ads run for 3 months if not renewed.
newsletter@laketownsendyachtclub.com



Etc.

Beauty, the beast (Gizmo the sailor dog), and cap'n Al Taylor, snapped at Lake Townsend.

