



Lake Townsend Yacht Club
PO Box 4002
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www.laketownsendyachtclub.com/

Tell Tales

Issue 7 July 2009

Schedule of LTYC Events

DOG DAYS	8-9 Aug '09	10:30 Skippers Mtg Sat 10:00 Skippers Mtg Sun	Lake Townsend
Harvest Moon	12-13 Sep '09	10:30 Skippers Mtg Sat 10:00 Skippers Mtg Sun	Lake Townsend

costing him an extra tack and probably the half a boat length.

July Tacking Duels -

July Race Report: Sailboat Racing, Ballet or Concerto?

John Hemphill: Flying Scot 4043 and Principal Race Officer for LTYC July 2009 Races

The second weekend of July was good for sailboat racing – steady winds, moderate temperature and sailors trying to out-tack each other to the finish line. For the Saturday race, there were other boats on the racecourse, but the competitive racing was among the six Flying Scots. After the first two races, Fred Lupton, Uwe Heine and Wendall Gundlach finished nearly tied in points. Wendall and Fred each won a race and finished third/fourth in a race. Uwe finished second in each race, so the third “fun” race was the tie-breaker among the three.

In the final race, Fred beat Uwe to the finish line by half a boat length with Wendall only a couple of lengths behind. The result might have been different if Uwe had noticed that the race committee had shortened the finish line,

The good news was that everyone, regardless of finish position, got all the free beer, hamburger and brats they could hold.

Though I had rather have been racing, watching from the committee boat as skippers play mind games with each other is not a bad way to spend the afternoon. In close racing, the sailboats move across the water like dancers in a slow-motion ballet: The lead boat rounds the leeward mark, chooses an upwind tack and three other boats follow him nose to tail. Up the wind a ways, one of the four boats tacks on a solo course. Now there are three boats in a close-haul line and a loner betting he can find better wind on the other side of the lake. Further up wind, the lead boat tacks and crosses the followers; one boat follows the leader back toward the middle of the course, one sails solo toward the layline. Now there are two boats sailing solo toward opposite sides of the course and two boats sailing the middle of the course in tandem - engaged in a tacking duel, the follower trying to escape the disturbed air behind the leader, the leader trying to keep the follower under the blanket of his sail. After 10 minutes of upwind sailing and multiple tacks – port to starboard to port and back

again and again, the four boats – the partners and two soloists converge at the windward mark, dancers reforming for the chorus. They round the mark, the spinnakers balloon across the bows and now the angles are broader and a few jibes replace the many tacks. Around the leeward mark again, there's a dash for the finish line. After 45 minutes, the boats arrive at the line, not much further apart than when they began, the difference determined by some vague separation of intuition and luck.

If you are a sailor on the boat, you feel the adrenaline and work to maintain focus and calm; but if you are a spectator, you (if there's a little knowledge of sailing) are drawn into the moment by the aesthetics – the patterns the boats create as they move across the water, the colors, the shapes and the lines. I am not a musician, but I can appreciate a Bach concerto when it delivers harmonious patterns and movements – a leader and a follower, a phrase and an echo, partners and soloists – instrumentalists sometimes leading, sometimes following, always making music together on the same stage, beginning at the same time and ending at the same point: a concerto, a dance, a race.

But don't get me wrong, I'll take the race anytime over the ballet or the concerto.

LTYC 1st Ever Catamaran Sailing Class a resounding Success!!



With unbelievable cooperation from the LTYC wind, the July 4,5 class was great fun for both instructors and students. This weekend was the first time Joleen & Eric have simply "Sailed for Fun" at Lake Townsend

With a simple schedule, focus on sailing, and variable

wind conditions, the students experienced many aspects of Catamaran Sailing in the two day class: Going fast, going slow, flying a hull, not going at all.

For the past couple of years, Joleen had been contemplating trying to set up a Catamaran Sailing Class. This year, Joleen simply bit the bullet and scheduled the classes, determined to figure something out. The first thing she figured out was that she had selected two weekends that she wasn't available and needed to reschedule, and finally settled on offering July 4,5; Aug 1,2; Aug 29,30 or Sept 5,6.

Great Support from LTYC Catamaran Sailors and area Catamarans Sailors.

With Adam Zahand, David Duff, Rebecca Burwell, and Eric and Joleen Rasmussen providing their boats and time for the classes as their schedule permits, we expect to have 4-5 boats per class, and perhaps as many instructors. David Duff had other commitments the first weekend, so could not join us for the full class, but David arrived Saturday morning to help with rigging and the initial beach activity, then returned Sunday to help put his boat away. Rebecca had a conflict occur so was unable to attend the first class, but expects to be able to help with others.

Flexibility pays off !

When the winds died on Saturday about 10:30, and then filled in just a bit around 11:15, we headed back to shore for an early lunch. During lunch the winds filled back in and lasted for the rest of the class. Sail when there is wind is always a good idea!!

When the righting bar broke during the capsizing recovery demonstration, Adam and Joleen revised the plan and demonstrated using a motor boat to assist with a capsizing



recovery.

Sailing IS a Spectator Sport!

Bill Byrd and Steve Raper showed up Saturday morning

to watch the catamaran sailing class, while flying the Old Glory in celebration of the 4th of July. David Young stopped by on Saturday and watched for a while from



shore. David was very pleased to see all the Catamarans sailing along without any difficulty or issues and was later very surprised to learn that he was watching “first time sailors” at the helm. Ken Warren joined in his Lighting, two Capris, and two other boats were also out on the water during the class activities. It was great to have 10 boats just sailing around on the lake.

Some insights from this weekend’s students

*Thoroughly enjoyed the class the weekend of 7/4 and 7/5! Have never sailed, and the instruction was suited perfect for me! Strong individualized attention (one-on-one) and Joleen kept it quite simple for us. Great for a novice like me! Basic techniques, and did not get caught up on all the different terms of the pieces of the Cat. Just the basics! Great fun! Joleen and instructors were knowledgeable, very prepared, and made the class enjoyable! I learned a lot, and had a blast doing it! I cannot wait to go out again on my own! **Billy T.***

Class Objective

Joleen’s main objective for offering the Cat Class (for free) is simply to stir up interest in catamaran sailing at Lake Townsend. The class is based on having an experienced catamaran sailor on the boat with the student.

Day 1 10am-2pm

See how the boat parts work on shore first.
Sail for an hour with the experienced sailor at the helm, and the student at the jib.
Lunch
Sail for about ½ - new sailor at the helm – Holding a Course, Tacking and Gybing
Sail for an hour just for fun

Day 2 9am-1:00pm

Watch a live capsizing recovery

See how more boat parts work – first on shore
Review basic Rules of the Road – first on shore
Sail for about ½ hour - student at the helm
Sail for an hour – Overtaking, Windward Leeward, Starboard Port
Assist with Derigging

~ANOTHER CAT CLASS OPPORTUNITY~

Taken the monohull sailing class, and ready for more, Sailed a monohull and want to try a Cat, own a Cat, but haven’t quite gotten comfortable sailing it? Sign up for the 2 day free catamaran sailing class. Openings still available Sept 5,6 Joleenrasmussen@embarqmail.com, 919-732-5410. Class sizes are small (4-6 boats) and classes fill up quickly.

July 13 Learn To Sail class and Yeoman class

Steve Raper



I love to teach a large group and at 15 students for my July 13 class I got my ‘druthers’. Everyone really did a fantastic job in the class! Having good wind certainly helped - it started out light and mostly got better every day. One of their toughest challenges was on a day when the wind was about 8-10 and coming directly in from the jetty. Tight quarters and strong wind left little room for correction. But, after a few head to wind passes and one very quick capsizing drill, every boat made it out under sail power! After that, sailing around the course we’d laid out was simple. On the last day we setup a start line and ran a windward/leeward race with a five minute start sequence. That was fun till the wind completely died (sound familiar?) after the first lap.

After class on graduation day, John, Dean, Alex, Rachael and I met for dinner at Ham’s Lakeside on Cone Blvd to celebrate and sat outside on the back porch which overlooks the lake. Huge thank you to Wayne Jones, Hudson Barker, David Duff, Adam Zahand, Steve Moates and Starling Gunn for helping out with the class. I surely

couldn't have done it without you. Check out the front page of the website for more photos of the class.

Everyone was energized about sailing and most are now club members so let's welcome them aboard (insert piping aboard sound here!) – Robby Dunnagan, Annette Heyman, Jennifer Hill, Alexandria Jones, Mark Longren, Dean Rutledge, Rachel Skvarch, Maria Van Zee, David Van Zee and John Wright.

I invited the class to come sailing on my Flying Scot the next Saturday and had a great response so needed some other boats to help out. It was very short notice, but as usual, club members volunteered to help. This actually turned out to be an impromptu Yeoman's class and could not have worked out better. After a slow start, about 11am the wind came in from the Southwest at 10-12 mph with some gusts to 14-15 – more wind than they'd sailed in. Volunteering to coach were Mike King on his Catalina 16.5, Adam Zahand with an Isotope and John Hemphill on his Flying Scot. Rachel and John went with me, David with Adam, and Maria and Jennifer with Mike. With John were Bill Byrd and a young man who is in Greensboro for the summer.



Since we've had very little rain lately, the lake level was down about 30 inches. Not a big problem for launching at the docks, but from the beach was pretty much impossible. After backing his van in on the beach as far as he dared, the boat was still several feet above the water.



But, Adam got very creative and launched from the docks

and paddled around to the beach with little effort. David steered while Adam paddled. I need to talk to Adam about that, doesn't he know the crew is supposed to do all the actual work!

George Bageant's Junior Class were also sailing that morning and having a grand time.



We sailed for several hours and worked on many of the things we talked about in class. After taking the class, the *most important thing we club members can do* for our students is to get them onboard with experienced skippers who can give them intermediate level instruction that you just cannot do by coaching from a powerboat. I could see the light bulbs going off with Rachel and David and felt comfortable with them on the helm even with the wind we had. We also got the spinnaker up on Baby for a nice run as well. The other skippers reported that things went about the same on their boats and everyone learned a lot and had fun. After perfecting her handling of the jib, Rachel asked about crewing in a race – 'so all I have to do is trim the jib?'. They've come a long way in just two weeks. My thanks to the class for making it so much fun for me as well.

Flying Scot Fleet wins Governors Cup!

From Alan O Backus (Carolina Sailing Club):

Because of a great turnout, not giving up in 25+ knot winds and having our hot shot builder, the Scots won back the North Carolina Governor's Cup trophy!! Harry Carpenter delivered a brand new, beautiful red, white & blue, hull #5900, to Adam of Greenville, and also delivered him all bullets, winning 1st place and the overall Governor's Cup trophy . . . not a bad deal to close the sale! It's been 10 years since the Scots last won the Governor's Cup. Having 14 Scots registered and finishing almost all of the hard races clinched the Cup for us! I want to thank six members of Fleet 27 (CSC) for coming out as well as our out-of-town sailors (especially 4 Scots from Lake Townsend) - we could not have pulled this off without you! (LYC members racing were Starling Gunn & Steve Raper, John Hemphill, Steve Morris and Jack Griffin)

Congratulations to the top 4 places that received trophies:

1st Harry Carpenter & Adam (Governors Cup Winners!)
2nd Tom Kirtley
3rd Starling Gunn & Steve Raper
4th Charlie Buckner & Dale Oller



Starling and Steve accepting the 3rd place trophy

Sailboats for Sale - Saleboats for Sail?

1981 Isotope - \$2500 with sails and a galvanized trailer. Crossbar, dolphin striker, and trampoline have been replaced and an extension added to the righting bar. Good boat for a beginning racer or someone looking to get back into racing. She won the 2005 Governor's Cup and continues to give challenge to the fleet leaders. Eric and I have owned this boat since 1998. She's gotten us hooked on Isotopes, so much so that we are upgrading to a 2006 model.

Boat specifications at <http://www.intl-fiberglass.com/isotope.html>.

Fleet Activities -

<http://www.intl-fiberglass.com/Isotope%20Nationals%202006.html> Call or email if interested:

919-732-5410;

joleen.rasmussen@bowebellhowell.com

12'2 ft. Howmar day sailer/racer for sale in Greensboro. (don't know year) Designed by Sparkman and Stephens. A great boat for kids, very fast and tippy. 90 sq. ft. of sail with jib. Beam 4'10". 86 long trailer. \$1500 for both, includes both sails, etc. Appraisal done in 2004. Call Carole Drexel - (336) 274-4789 or cdrexel@triad.rr.com

14 Force 5 sailboat with trailer - \$550. Ready to sail. Excellent boat for single-handed daysailing and racing. Contact David Layton at 336-643-0282.

16-foot Isotope- \$3000 These boats are built for speed and race regularly on Jordan Lake as well as other local regattas. They have been built locally in Durham and New Bern, NC for over 30 years:

<http://www.intl-fiberglass.com/boats.html>

This particular boat is vintage 1981 (see pictures below). It is in very good condition, with trampoline replaced a few years ago.

Includes:

- Furling jib
- Righting bar (just in case)
- Trailer
- Catamaran sailing book

The boat is very light and can be pulled by any vehicle (including a car). It can be rigged by one person in about 30 minutes and sailed by one or two. Contact - Phil Herold [pherold@nc.rr.com]

Lake Townsend Yacht Club Help Lines

<p>Commodore: Joleen Rasmussen 919 732-5410 R joleen.rasmussen@bowebellhowell.com</p> <p>Races: Uwe Heine (Vice Commodore) 336-585-0951 R heineu@bellsouth.net</p> <p>Education: Adam Zehand (Rear Commodore) 336 288-3762 R adam_zahand@yahoo.com</p> <p>Finance: David Raper (Treasurer) 336 6432-7071 R Gwynedd22@bellsouth.net</p> <p>Publicity/History: David Young (Secretary) 336 545-1655 dwyoung@triad.rr.com</p>	<p>Cruising: Starling Gunn 336 939-2508 R justbgunbell@bellsouth.net</p> <p>Membership: Steve Raper Steve.raper@greensboro-nc.gov</p> <p>Social: Debbie Reynolds DAREYNOL@uncg.edu Keith Smoot Gwahir23@Embarqmail.com</p> <p>Junior Sailing: David Duff 336 282-7773 R David.Duff@analog.com</p> <p>Mayor's Cup Regatta: Valerie Nieman valnieman@yahoo.com</p> <p>Newsletter/Directory: Nancy Collins-Heine 336 585-0951 R heineu@bellsouth.net</p> <p>Webmaster: Steve Raper Steve.raper@greensboro-nc.gov</p>
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Call People. Go Sailing

In an effort to involve more sailors in the Club's Sailing Events and Racing Programs, this "Available to Crew" list is published in each newsletter. The people listed have taken our Learn to Sail class or have other previous sailing experience and are looking to get more time on the water. So, if you have a boat and would like to participate in the Summer or Frostbite Race Series, why don't you call one of these folks for your crew? Alternatively, if you need a cruising partner on your boat or would like to team with someone on one of the city sailboats for a day sail or a race, contact someone on this list. If you would like to add your name to the list, contact Nancy Heine, Newsletter Editor (See the Help Lines box located in this newsletter).

Available To Crew

Name	Home Phone	Work Phone	E-mail
Bill Byrd	336-635-1926	N/A	
Chip Cromartie	336-601-0464	336-274-3559	cromartie@triad.rr.com
Cynthia & Sam Reichelson	336-540-1279	336-273-2511	reichelson@cs.com
Catherine Clark	336-315-0414		
Mike Bianco	336-299-4461		mfbiano@aol.com
Keith and Kelly Francies	336-292-9042	336-362-5335	keith.francies@davey.com
Valerie Nieman	336-908-3976		valnieman@yahoo.com
Rita Parham			rparham@triad.rr.com

**** Attention**** – Can't remember the password for the login required for the Members Cove area on the website?? There is now a [\(Need password?\)](#) link. Click on this & it will bring up an email form addressed to our WebMaster with the subject line 'LTYC Members Cove login: - Send me your name and email address to receive login name and password.'

Summer Series - Race Results - Race Results also available via
<http://www.laketownsendyachtclub.com/Documents-temp/raceresults.pdf>

Lake Townsend Yacht Club
 Summer Series
 Apr 2009 - Oct 2009
 Flying Scot



Skipper	Class	Sail #	Sat	Sun	April				May				July			
					1	2	3	4	5	6	7	8	9	10	11	12
Bews Tom	FSCT	2680	19	15	6	7	5	4	rc 3	rc 3	rc 3	rc 3				
Collins Nancy			6	3	rc 3	rc 3		rc 3								
Gundlach Wendall	FSCT	4416	39	10	7	4	dnf 2	dnf 2	7	7			8	6	rc 3	rc 3
Heine Uwe	FSCT	3801	26	21			rc 3	rc 3	6	6	4	4	7	7	3	4
Hemphill John	FSCT	4043	27	15	5	6	4	5	5	5			rc 3	rc 3	rc 3	rc 3
Lupton Fred	FSCT	3638	22	0	4	5							5	8		
Morris Steve	FSCT	3500	0	0												
Morton Patrick	FSCT	3330/5222	19	0	3	3			3	3			3	4		
Young David	FSCT		6	0	rc 3	rc 3										
Motes Bob	FSCT	1939/2595	19	13					4	4	3	3	6	5	4	3
Raper Steve	FSCT		6	6					rc 3	rc 3	rc 3	rc 3				
Evans Mark	FSCT	4842	7	0									4	3		

Lake Townsend Yacht Club
 Summer Series
 Apr 2009 - Oct 2009
 Open Portsmouth Monohull



Skipper	Class	Sat	Sun	April				May				July				
				1	2	3	4	5	6	7	8	9	10	11	12	
Duff David		23	6	rc 3	rc 3			6	4			4	3	3		3
Fragakis John		7	0	4	3											
Rasmusser Eric		28	21	rc 3	rc 3	rc 3	rc 3	7	6	5	4	3	6	4		5
Rasmusser Joleen		8	3	rc 3	rc 3	rc 3	rc 3	dnf 2	dnc							
Warren Ken		14	21	3				dnc		6	6	6	5	5		4
Zahand Adam		6	6	rc 3	rc 3					3	3					
Connolley Rick		6	0	RC 3	rc 3											
Andrews Phil		10	0					5	5							
Smith Bernie		6	0					rc 3	rc 3							
Grossie Bill		6	6					rc 3	rc 3	rc 3	rc 3					
Stambaugh Phil		15	6					rc 3	rc 3	rc 3	rc 3	5	4			
Streb Bart		0	9							4	5					
Bageant George		6	0					rc 3	rc 3							
Bird Bill		6	0					rc 3	rc 3							