



Lake Townsend Yacht Club  
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[www.laketownsendyachtclub.com/](http://www.laketownsendyachtclub.com/)

## Tell Tales

Issue 12 December 2008

### *Schedule of LTYC Events*

EVENT	DATE	TIME	LOCATION
Board of Directors Meeting	8, January 2009	17:45 hours	Greensboro College Campus in Room 226 of Proctor Hall West
Frost Bite - Frigid Digits	10, January 2009	11:30 Skippers Meeting	Lake Townsend
Change of Watch	17, January 2009		Mahi's
Frost Bite - Snow Flake	14, February '09	11:30 Skippers Meeting	Lake Townsend

**Announcement: Remember the race dates have changed to the second week-end of the month, except for Mayor's cup. The Change of Watch is this coming January 17<sup>th</sup>.**

### **December Race comments by Joleen Rasmussen**



24 members and guests arrived at the lake on Saturday, Dec 6. A few of them wondered not only to themselves but to others....just how nutty are we? The forecast was for mid to high 40's with a bit of breeze.

Race Committee had cocoa and coffee ready as the first competitors started to arrive. Where were all the boats coming from? How many Scots were rigging in the parking lot? It turned out to be only six Scots, but when you are used to three or four, six felt like 20.

Of course, the forecast was not correct. The weather at the lake was colder with less wind. Real feel got down to 36deg and the winds got to 4 knots only at one point during the racing. Initially the winds were so light, the boats did not make it out to the starting area in time for the first signal. Race Committee (RC) postponed for 20 minutes.

Granted RC also was not ready at 12:25, but was ready around 12:30. RC used caution and selected a 1 lap race for the first race. The racing was extremely competitive. Everyone had plenty of opportunity to:

- 1) figure out which side of the starting line was favored
- 2) figure out which side of the course was favored
- 3) see the transom of other boats,
- 4) try to figure out the wind shift advantages.

As the last boat rounded the weather mark of the first race, RC did adjust the weather mark 20 deg to port, and then cringe when the wind degrees to starboard. RC then ignored the 90 degree wind shift back onto the golf course during the starting sequence of the second race. By now RC's mindset was no matter the direction of the wind, they were not going to postpone the racing, as it was better to be racing rather than waiting around in the cold. Turned out to be a good call on RC's part as the wind more or less settled in from the weather mark.

The second race was much closer competition, with a 6 minute spread for all 10 boats, vs a 13 minute spread in race 1.

A review of the scores shows no unexpected upsets in the individual race rankings due to the DPNs. The Y-flyer knew he had not finished far enough ahead of the others in the second race to maintain a first place. The laser did not finish close enough to the next boat to adjust over it.

Interesting to note that a FS has a lower DPN at Beaufort 1 than a Lightning. (meaning faster.....)

The 3rd race was a sweet 12 minute race. Lucas Bouknight did really well in the third race. He started port at committee then immediately tacked to starboard. He was first at both marks. Maybe we will see Lucas at the helm for every race.

Racing duration was practically perfect. The winds were dropping, and there was glassy water as the last boats approached the marina. RC was quick to tow the boats in, such that the five who stayed for the third race were docked just as the prior boats had completed hauling out. An added bonus, those first back to shore had the hot soup and hot water heating up as the last boats arrived back to the dock.

Jack Griffin & Scott Cesar won the day with Uwe Heine and Nancy Collins one point behind. Phil Andrews & Fred/Barbara Lupton tied for third and the B & B kin folk (Robert Bouknight & Bart Streb) tied for fourth.

Lake Townsend should be very proud of its Race Committee. We had 2 on committee who were serving in their roles for the first time, two others who had only served this past year. Joleen R was on committee for support, and was pleased that committee members caught her overlooking things. Joleen plans to continue the RC Seasonal Educational Program during the winter. Adam Z is going to take the accelerated course so that come March, Adam will serve as PRO. If you would like to improve your Race Committee skills, join us during the winter racing.

**Remember to thank the race committee when you finish a race.**

## **Race Committee - Nancy Collins**

After the race, I asked Joleen if she could write an article on being on race committee.... She handed me a book.

The race committee is the MOST important part of a sailboat race. Without them it would all just be 2 boats on the water. They serve in coordinating the race course, provide monitoring over a fair race and provide for safety in case of any issues. Being part of the race committee team can offer a new and exciting perspective in sailing. From the vantage of the race committee boat you can learn and review the tactics that the other boats are using, and it provides yet another way to be out on the water. There is usually extra room on the committee boat so if you just want to observe or come aboard to take pictures of the race, just ask the PRO.

If you look at what each person on committee did last month you can see how important teamwork is. The skippers meeting was called to order. The PRO (Principal Race Officer), Valerie Neiman, announced the starting time and any special conditions for the day. After the adjournment, David Young and Hudson Baker started out on scat boat 1, they were the official Mark Setters. Joleen drives the signal boat out toward the spot in the lake that looks like it might be in the center of what wind is available. Valerie takes wind readings and determines where the marks are to be set. Today's course was the "W" (windward/lee ward) course, but it could have been a multiple of others. Hudson and David put the marks out at the direction of the PRO / but are probably also adding their own observations from their perspective on the lake. After they finish setting the marks they go to rest out beyond the windward mark to observe. After the delay has been ended, Adam Zehand, the timekeeper, starts the time sequence, and since there is no starting gun, he sounds the horn and John Russell, the signaller, raises the first flag in the sequence, followed by flag signals at 4 minutes, one minute, and for the start.

Precise timing is critical to start a race fairly and with minimum confusion. As the race starts and is underway, Debbie Johnson, recorder, records the start times, the wind readings at various times, the times that the boats round the marks. As boats cross the finish line, their official time is recorded, a person acting as linesighter calls out the boats as they cross the line. The official timekeeper then announces the times and the recorder puts down the official time. After the race, all of the times are gathered and given to the Scorer, ( Eric Rasmussen) who can either tabulate the times by hand, adjusting them with the Portsmouth number, or putting them a program that assists with this calculation.

Learn more of on the roles of Race Committee: US Sailing has a pamphlet called "Join the race committee team" and a further publication called: "Race Management handbook" as well as certifications & seminars such as this at Lake Norman Yacht Club Basic Race Management Seminar. Feb 28<sup>th</sup>.  
[http://www.lakenormanyachtclub.com/content.aspx?page\\_id=87&club\\_id=716915&item\\_id=71781](http://www.lakenormanyachtclub.com/content.aspx?page_id=87&club_id=716915&item_id=71781)

### **Meet Yer Mates!**

This is a newsletter feature to help get new club members acquainted with the other members:  
This Month David Duff



### **What do you do other than sailing?**

I've worked for Analog Devices here in Greensboro for over 25 years. This has given me the opportunity to travel around the world. My other interests beyond sailing are

hiking, backpacking (I venture out with some other guys from my church 3 or 5 times per year), and rockclimbing (I teach this to boys scouts).

### **What boat(s) do you sail/race?**

The Isotope is the only boat I've ever owned, but I enjoy sailing monohulls even more. Pamela (my wife) and I enjoy cruising charter boats when we can.

### **Why did you chose this type of boat?**

I chose the catamaran because I thought my kids would enjoy it more than a monohull. It IS a fun and fast boat.

### **How long have you been sailing/racing and what got you interested in it?**

My first time sailing was on our honeymoon in Jamaica over 20 years ago. Over the years I rented boats at Lake Townsend and on various trips around the country when circumstances permitted. I wanted to take the kids out when they got old enough, but Pamela insisted that I take lessons first. Bryan (my oldest) took lessons with me at LTYC about 8 years ago.

### **What do you like best about sailing/racing?**

There are many things I like about sailing. Teaching Junior sailing is very rewarding. Being part of the unbridled enthusiasm found when a youngster discovers the joy of sailing is great. I also like the peacefulness found when cruising in fair weather. Racing, especially at LTYC, is fun and I like the friendly competition.

### **How did you learn about the club?**

Got a brochure at the lake.

### **What do you like about Lake Townsend Yacht Club?**

The club membership is friendly and interesting. I enjoy learning and the variety of skills, experiences, and knowledge fascinates me.

### **How long have you been a member?**

Since completing classes in 2000 (I think)

### **What do you like about the lake?**

The lake is great since we don't compete with speed boats and jet skis.

### **What is your sailing goal for the year?**

To acquire a Flying Scot and master sailing it.

### **What is your favorite sailing story?**

I can't remember stories, but I enjoy reading about survival stories at sea. My own experiences in the Pamlico sound have had the most lasting influence on my sailing. I can't remember who told me this (or something to this affect): "Sailing is 60% fun, 35% boredom, and 5% sheer terror" - I can relate to all of them.

**Attention Members: This paper is for the members of LTYC, if you would like to send in an article, or have an article that you would like to see, send it in.**

## **SAILBOATS FOR SALE!**

### **(Saleboats for Sail?)**

**1981 Isotope** - \$2500 with sails and a galvanized trailer. Crossbar, dolphin striker, and trampoline have been replaced and an extension added to the righting bar. Good boat for a beginning racer or someone looking to get back into racing. She won the 2005 Governor's Cup and continues to give challenge to the fleet leaders. Eric and I have owned this boat since 1998. She's gotten us hooked on Isotopes, so much so that we are upgrading to a 2006 model.

Boat specifications at <http://www.intl-fiberglass.com/isotope.html>.

Fleet Activities -

<http://www.intl-fiberglass.com/Isotope%20Nationals%202006.html>

Call or email if interested: 919-732-5410;  
[joleen.rasmussen@bowebellhowell.com](mailto:joleen.rasmussen@bowebellhowell.com)

**12'2 ft. Howmar daysailer/racer** for sale in Greensboro. (don't know year) Designed by Sparkman and Stephens. A great boat

for kids, very fast and tippy. 90 sq. ft. of sail with jib. Beam 4'10". 86 long trailer. \$1500 for both, includes both sails, etc. Appraisal done in 2004. Call Carole Drexel - (336) 274-4789 or [cdrexel@triad.rr.com](mailto:cdrexel@triad.rr.com)

**14 Force 5 sailboat** with trailer - \$550. Ready to sail. Excellent boat for single-handed daysailing and racing. Contact David Layton at 336-643-0282.

**16-foot Isotope**- \$3000 These boats are built for speed and race regularly on Jordan Lake as well as other local regattas. They have been built locally in Durham and New Bern, NC for over 30 years:

<http://www.intl-fiberglass.com/boats.html>

This particular boat is vintage 1981 (see pictures below). It is in very good condition, with trampoline replaced a few years ago. Includes:

- Furling jib
- Righting bar (just in case)
- Trailer
- Catamaran sailing book

The boat is very light and can be pulled by any vehicle (including a car). It can be rigged by one person in about 30 minutes and sailed by one or two.

Contact - Phil Herold [[pherold@nc.rr.com](mailto:pherold@nc.rr.com)]  
<http://raleigh.craigslist.org/boa/584349841.html>

## Lake Townsend Yacht Club Help Lines

<b>Commodore:</b> John Hemphill 336 632-0864 R <a href="mailto:jmhemphill@gborocollege.edu">jmhemphill@gborocollege.edu</a>	<b>Cruising:</b> Starling Gunn 336 939-2508 R <a href="mailto:justbgunbell@bellsouth.net">justbgunbell@bellsouth.net</a>
<b>Races:</b> Joleen Rasmussen (Vice Commodore) 919 732-5410 R <a href="mailto:joleen.Rasmussen@bowebellhowell.com">joleen.Rasmussen@bowebellhowell.com</a>	<b>Membership:</b> Kim Kirsh 336 851-5229 R <a href="mailto:kkirsh@triad.rr.com">kkirsh@triad.rr.com</a>
<b>Education:</b> Steve Raper (Rear Commodore) 336 288-3762 R <a href="mailto:Steve.raper@greensboro-nc.gov">Steve.raper@greensboro-nc.gov</a>	<b>Social:</b> Sonja Hughes, <a href="mailto:smhuges@infonline.net">smhuges@infonline.net</a> Sam Reichelson, <a href="mailto:reichelson@cs.com">reichelson@cs.com</a>
<b>Finance:</b> David Raper (Treasurer) 336 6432-7071 R <a href="mailto:Gwynedd22@bellsouth.net">Gwynedd22@bellsouth.net</a>	<b>Junior Sailing:</b> David Duff 336 282-7773 R <a href="mailto:David.Duff@analog.com">David.Duff@analog.com</a>
<b>Publicity/History:</b> David Young (Secretary) 336 545-1655 <a href="mailto:dwyoung@triad.rr.com">dwyoung@triad.rr.com</a>	<b>Mayor's Cup Regatta:</b>
<b>Property:</b> Fred Lupton 336 288-4284 <a href="mailto:lupton4@aol.com">lupton4@aol.com</a>	<b>Newsletter/Directory:</b> Uwe and Nancy Heine 336 585-0951 R <a href="mailto:heineu@bellsouth.net">heineu@bellsouth.net</a>
	<b>Webmaster:</b> Steve Raper <a href="mailto:Steve.raper@greensboro-nc.gov">Steve.raper@greensboro-nc.gov</a>

### Call People. Go Sailing

In an effort to involve more sailors in the Club's Sailing Events and Racing Programs, this "Available to Crew" list is published in each newsletter. The people listed have taken our Learn to Sail class or have other previous sailing experience and are looking to get more time on the water. So, if you have a boat and would like to participate in the Summer or Frostbite Race Series, why don't you call one of these folks for your crew? Alternatively, if you need a cruising partner on your boat or would like to team with someone on one of the city sailboats for a day sail or a race, contact someone on this list. If you would like to add your name to the list, contact Uwe Heine, Newsletter Committee (See the Help Lines box located in this newsletter).

### Available To Crew

Name	Home Phone	Work Phone	E-mail
Bill Byrd	336-635-1926	N/A	
Chip Cromartie	336-601-0464	336-274-3559	<a href="mailto:cromartie@triad.rr.com">cromartie@triad.rr.com</a>
Paul/Jean Leslie	336-668-2874	336-272-7102 x276	<a href="mailto:lesliep@gborocollege.edu">lesliep@gborocollege.edu</a>
Cynthia & Sam Reichelson	336-540-1279	336-273-2511	<a href="mailto:reichelson@cs.com">reichelson@cs.com</a>
Catherine Clark	336-315-0414		
Mike Bianco	336-299-4461		<a href="mailto:mfbiano@aol.com">mfbiano@aol.com</a>
Keith and Kelly Francies	336-292-9042	336-362-5335	<a href="mailto:keith.francies@davey.com">keith.francies@davey.com</a>

