



## Lake Townsend Yacht Club Swimming Certification

Name of Participant: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Test: \_\_\_\_\_

Location of Test: \_\_\_\_\_

The above student must demonstrate:

1. Ability to swim 50 yards, unaided with no use of personal flotation devices.
2. Ability to tread for 2 minutes in water over their head efficiently, unaided with no use of personal flotation devices.
3. Ability to, while treading, retrieve and put on a personal flotation device.

Circle One:                                      Pass                      Fail

I attest that these tasks were proficiently demonstrated before me on the above date.

\_\_\_\_\_  
Lifeguard Signature

\_\_\_\_\_  
Certification Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Test Date