



Lake Townsend Yacht Club  
PO Box 4002  
Greensboro NC 27404-4002  
[www.laketownsendyachtclub.com/](http://www.laketownsendyachtclub.com/)

## Tell Tales

Issue 9 September 2007

### Schedule of LTYC Events

EVENT	DATE	TIME	LOCATION
Oriental Cruise	28-30 September 2007		Check with Cruise Director
Board of Directors Meeting	4 October 2007	1745 hrs	Greensboro College Campus in Room 226 of Proctor Hall West
Inter Club RegattaCSC/ Saturday Regatta	6 October 2007	1030 hrs	Lake Townsend Marina
Sunday Regatta	7 October 2007	1000 hrs	Lake Townsend Marina

#### The Inaugural Piedmont Interclub Challenge: Lake Townsend Yacht Club & Carolina Sailing Club

The Inaugural Piedmont Interclub Challenge will be a one day competition between sailors from the Lake Townsend Yacht Club and the Carolina Sailing Club. The purpose of the event is to promote sailing in the Piedmont Region of North Carolina. The Lake Townsend Yacht Club will host the initial event. See directions at the end of the notice

The Challenge is a handicapped regatta open to all boats with a U.S. Sailing Portsmouth handicap rating. The racing will be governed by the rules as defined in The Racing Rules of Sailing and the 2007 Lake Townsend Yacht Club Sailing Instructions. Boats must be skippered by members of the two participating clubs. Competitors who are members of both clubs must declare at registration the club for which they will compete. The Competitors

Meeting will be at 10:30 a.m. and the First Signal is at 11:25 a.m.

Three races are scheduled but one is required to constitute a regatta. The club winning the most races wins the Challenge. The races will be scored on a low point system (1st finisher = 1 point, 2nd finisher = 2 points, etc.) For each race, the top five boats from each club will be awarded points based on overall finishing position. The club with the lowest total points for the top five boats will win the race. The winner of the Challenge will be the club winning the most races. In the event only two races are held and each club wins one race, the Challenge will be scored a tie.

The Lake Townsend Yacht Club will host a picnic social after the races. Food and beverages provided.

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### Summer Sailing from Nancy and Uwe Heine

This has been a great summer for sailing. The season was from just being on the sidelines watching Starling and his "faculty" teach, to assisting Steve, and learning from Bill Byrd, along with racing in the summer series. I have had a lot of fun.

Starling tells his class that dingy sailing is where it is at. Bill Byrd tells his students to sail as often as they can and Steve's entire class joins the yacht club so they can sail with the park pass.

Having been out twice on the cruising boats, I have come to interpret them as floating RVs. Yes, I like to camp. I have been a tent camper myself. Someone told me one time that boats can be compared to cars, like comparing an SUV with a Honda S2000. (or in my case a Del Sol.) Being somewhat of a small car enthusiast, I like to take the corners fast. I can see where Starling comes from when he tells his students that the dingy sailing is more exciting than the big cruisers. Well - I haven't entered any of the cruisers out in a race - so I don't know there.

But I have been in our Scot when it went up on a plane. The teachers all talk about the "yahoo!!" moment. (Should there be more exclamations there?)

Being in the little boats is that much closer to the water - that much closer to falling in and wiping out. (I put a Pico in once - the sailor on the Nacra told me that he learned a lot from capsizing. - one of those I am sure is how not to do that particular trick again.)

Being a new sailor, I try to sail when we can. Whether it is talking Uwe into taking the Scot out (not much of a trick there) or taking the Laser and a Pico out.

I want to learn. I need practice. Dingy sailing takes a lot less time to set up and prepare for. You can

sail at the drop of a hat and the brisk stir of a breeze. (PS - we have an early Laser, it is red. We call it Ruby.)

I felt like I learned a lot in the class that Bill Byrd taught. He was very emphatic at times, and he has great enthusiasm. His stories were a wealth of information, talking about different experiences and things that he learned from them. One of the biggest helps in sailing class for me was the capsizing drill. Ok - I don't like to get wet. (in water over my head) but it was really informative and it really helped in righting that Pico a couple of weeks later. There was no panic, just the "well this is what I have to do."

It also helped a few weeks later in relating to the students in Steve Raper's class where Uwe and I assisted. I could see that look of uncertainty in several of the student's eyes. So I convinced them to complete the capsizing drill. One of students later was very proud when she righted her boat and got back into it, on a particularly puffy day. It also helped another student in helping to overcome some of her reservations and concerns for being on the water. It always helps to attack fears head on and not let them control us.

Now I like the Pico. I don't really think it is for everyone, but it is a great little learning boat, even if some of what I am learning is that I am too old to sit that way for that long. The Pico is fairly stable and rather bouncy for a cast plastic "bleach bottle".

Racing was interesting this summer. From the day that we started the race and the wind had shifted so much that we started going down wind on the "windward" leg.

And we learned that one really needs to be paying attention when there is more than one start to a race, and the down wind section goes straight through the start of the next race. Don't mess with the spinnaker at that point, you are on port

tack and in the middle of the starting line! You have no rights, & that committee boat isn't going to move.

I reread last night the story that I wrote from the first time that I sailed. I am surprised that I ever wanted to do it again. It talked about cats in the shower and  $\frac{1}{2}$  drowned at that.

I look forward to learning more. I enjoy hearing the stories of the veteran sailors. I listen intently for lessons they have learned, tips they can tell me. I look forward to another race day, and another windy day that we can sail.

It is a lot of fun to share the enthusiasm of sailing with the students and the other sailors - I could see on the instructor's faces and in their attitude that they enjoyed sharing their enthusiasm too. So spread the word - go sailing and next year - help with or help teach a sailing class.

### Oriental Cruise Date

Lake Townsend Yacht Club has a coastal cruise planned for next month - September 28-30. John Hemphill and I will sail with Starling on JustBGunn. Bring your boat or, as you probably know, boats may be chartered in Oriental or Washington. Please pass this invitation on to any of our friends at CSC and OHYC who may be interested in joining us. Let me know if you can make this one and we'll get together on meeting place, time, etc. Contact Steve Raper [Steve.raper@greensboro-nc.gov](mailto:Steve.raper@greensboro-nc.gov)

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**No experience required!** Even if you do not sail, we invite you to help on Race Committee. Maybe someone in your family is in the race. There are several tasks which are not physically demanding and no knowledge of race rules or procedure is needed. For instance, raising one of the starting flags when directed to do so. Spend a great day on

the committee boat helping out and enjoying the racing action from the best seat in the house. Contact us now and we'll get you onboard!

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### **SAILBOATS FOR SALE!**

**1981 Isotope** - \$2500 with sails and a galvanized trailer. Crossbar, dolphin striker, and trampoline have been replaced and an extension added to the righting bar. Good boat for a beginning racer or someone looking to get back into racing. She won the 2005 Governor's Cup and continues to give challenge to the fleet leaders. Eric and I have owned this boat since 1998. She's gotten us hooked on Isotopes, so much so that we are upgrading to a 2006 model.

Boat specifications at <http://www.intl-fiberglass.com/isotope.html>.  
Fleet Activities - <http://www.intl-fiberglass.com/Isotope%20Nationals%202006.html>  
Call or email if interested: 919-732-5410;  
[joleen.rasmussen@bowebellhowell.com](mailto:joleen.rasmussen@bowebellhowell.com)

**Vanguard 470**, one main, two jibs and a spinnaker and comes with a trailer. We're asking \$1900, but might be willing to negotiate if we get a decent offer soon. Contact Clay Johnson at [CLAYCARY@aol.com](mailto:CLAYCARY@aol.com) (The original owner sailed it in the Olympic trials in 2000)  
Great providence!

**12'2 ft. Howmar daysailer/racer** for sale in Greensboro. (don't know year) Designed by Sparkman and Stephens. A great boat for kids, very fast and tippy. 90 sq. ft. of sail with jib. Beam 4'10". 86 long trailer. \$1500 for both, includes both sails ,ect. Appraisal done in 2004. Call Carole Drexel -(336) 274-4789 or [cdrexel@triad.rr.com](mailto:cdrexel@triad.rr.com)

14' Force 5 sailboat with trailer - \$550. Ready to sail. Excellent boat for single-handed daysailing and racing. Contact David Layton at 336-643-0282.

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**Lake Townsend Yacht Club Help Lines**

<p><b>Commodore:</b> George Bageant 336 629-2750 R <a href="mailto:gbageant@hotmail.com">gbageant@hotmail.com</a></p> <p><b>Races/Property: (Vice Commodore)</b> John Hemphill 336 632-0864 R <a href="mailto:jmhemphill@gborocollege.edu">jmhemphill@gborocollege.edu</a></p> <p><b>Education: (Rear Commodore)</b> Starling Gunn 336 939-2508 R <a href="mailto:gunncenter@bellsouth.net">gunncenter@bellsouth.net</a></p> <p><b>Finance: (Treasurer)</b> David Raper 336 6432-7071 R <a href="mailto:Gwynedd22@bellsouth.net">Gwynedd22@bellsouth.net</a></p> <p><b>Publicity/History: (Secretary)</b> David Young 336 545-1655 <a href="mailto:dwyoung@triad.rr.com">dwyoung@triad.rr.com</a></p>	<p><b>Cruising:</b> Steve Raper 336 288-3762 R <a href="mailto:Steve.raper@greensboro-nc.gov">Steve.raper@greensboro-nc.gov</a></p> <p><b>Membership:</b> Alan Hawkes 336 282-8367 R <a href="mailto:arhawkes@earthlink.net">arhawkes@earthlink.net</a></p> <p><b>Social:</b> Kim Kirch 336 851-5229 R <a href="mailto:kkirsh@triad.rr.com">kkirsh@triad.rr.com</a></p> <p><b>Junior Sailing:</b> David Duff 336 282-7773 R <a href="mailto:David.Duff@analog.com">David.Duff@analog.com</a></p> <p><b>Mayor's Cup Regatta:</b> Joleen Rasmussen 919 732-5410 R <a href="mailto:Joleen.rasmussen@bowebellhowell.com">Joleen.rasmussen@bowebellhowell.com</a></p> <p><b>Newsletter/Directory:</b> Bill Grossie 336 643-1730 R <a href="mailto:wgrossie@infionline.net">wgrossie@infionline.net</a></p> <p><b>Webmaster:</b> Steve Raper <a href="mailto:Steve.raper@greensboro-nc.gov">Steve.raper@greensboro-nc.gov</a></p>
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**Call People. Go Sailing**

In an effort to involve more sailors in the Club's Sailing Events and Racing Programs, this "Available to Crew" list is published in each newsletter. The people listed have taken our Learn to Sail class or have other previous sailing experience and are looking to get more time on the water. So, if you have a boat and would like to participate in the Summer or Frostbite Race Series, why don't you call one of these folks for your crew? Alternatively, if you need a cruising partner on your boat or would like to team with someone on one of the city sailboats for a day sail or a race, contact someone on this list. If you would like to add your name to the list, contact Bill Grossie, Newsletter Committee (See the Help Lines box located in this newsletter).

**Available To Crew**

<b>Name</b>	<b>Home Phone</b>	<b>Work Phone</b>	<b>E-mail</b>
Bill Byrd	336-635-1926	N/A	
Chip Cromartie	336-601-0464	336-274-3559	<a href="mailto:cromartie@triad.rr.com">cromartie@triad.rr.com</a>
Paul/Jean Leslie	336-668-2874	336-272-7102 x276	<a href="mailto:lesliep@gborocollege.edu">lesliep@gborocollege.edu</a>
Cynthia & Sam Reichelson	336-540-1279	336-273-2511	<a href="mailto:reichelson@cs.com">reichelson@cs.com</a>
Catherine Clark	336-315-0414		
Mike Bianco	336-299-4461		<a href="mailto:mfbiano@aol.com">mfbiano@aol.com</a>
Keith and Kelly Francies	366-292-9042	336-362-5335	<a href="mailto:keith.francies@davey.com">keith.francies@davey.com</a>





