



Lake Townsend Yacht Club
 PO Box 4002
 Greensboro NC 27404-4002
www.laketownsendyachtclub.com/

Tell Tales

Issue 2 February 2007

Schedule of LTYC Events

EVENT	DATE	TIME	LOCATION
Board of Directors Meeting	Thursday, 1 March 2007	1745 hrs	Greensboro College Campus in Room 226 of Proctor Hall West
Frostbite Series	Saturday, 3 March 2007	Skippers Meeting 1100 hrs	Lake Townsend Marina Race Committee Members needed!
Belews Lake Cruise	24-25 March 2007	0930 hrs	Meet at launch point: Carolina Marina or Pine Hall ramp. Check with the Cruise Director for details.

Congratulations to Pete Thorn and Frank Meldau, SAYRA 2006 One Design Champions

Board Meeting Meets on February 1

The Board of Directors meeting is open to all Club members. At the January Board meeting, the Board decided to continue to meet on the Greensboro College Campus in Room 226 of Proctor Hall West.

WANTED: ASSISTANT INSTRUCTORS!

LTYC needs assistance instructors to help with the Learn to Sail classes, **NO EXPERIENCE NEEDED!** This is a great way to advance your sailing learning curve. I have found that in the past the instructors and assistance learn as much as the students. So please e-mail me if you would like to help. Thanks in advance for making your club #1!

LTYC Rear Commodore
 Starling Gunn

Report from SAYRA

US Sailing in a structured organization made up of sailors, clubs, regional sailing associations, and then the national sailing organization, US Sailing. Lake Townsend is a member of SAYRA (South Atlantic Yacht Racing Association, www.sayra-sailing.com) which covers North Carolina, South Carolina, and part of Georgia. Once a year, all the clubs get together to review topics of interested. This year, Eric and I represented Lake Townsend Yacht Club at the annual SAYRA conference Feb 2-4 in Augusta, Georgia. This was our fifth time attending the meeting and we recommend to anyone who has an interest in club organization and activities.

Friday started off with a race management seminar followed by the popular barstool regatta, which is more of a rules trivia contest, table against table. Friday evening, Dave Perry spoke on his top 10 sailing tactics. During the General Meeting Saturday Morning, the SAYRA Junior champions were recognized, followed by the One Design Champions. Pete Thorn was awarded the SAYRA 2006 Championship for the TANZER 16 class, and Frank Meldau, II for the Isotope Class.

Saturday Afternoon, Eric and I attended the breakout sessions on topics ranging from One Design Racing, Race Management, Junior Sailing, Judging, & Communications, to name a few. Sunday, the Board of Stewards met at 9:00am to take care of the business items and wrap up the weekend activities. In addition to all the scheduled activities, the weekend is filled with opportunities to meet old friends and make new ones. Next year's meeting will be Feb 1-3, again in August GA. Eric and I already plan to be there!!

Joleen Rasmussen

Start Your Engines!

Occasionally, Yacht Club members do get together and do things other than sail.

On February 9th, an adventurous group of LTYC sailors went racing! A little different than what we are used to however - this involved motors and tires instead of sails and rudders. The racers in this group were Steve Raper, Bill Grossie, Sonja Hughes, George and Betsy Bageant, John Hemphill, Dwight Cooke and Doug Cooke. Debra Raper and Susan and Max Hemphill opted to view the action from the observation area. Dwight has sailed and raced with me before but he is more used to racing his TR-4 on the SCCA circuit at speeds over 100 mph.

The venue was the indoor track at Grand Prix Sports (<http://www.grandprixgreensboro.com>) in Greensboro. The track has a lot of corners and several hairpin turns but, unlike NASCAR, there are both left and right turns which naturally suit sailors better I think. The cars run about 30 mph top speed and you can pretty much keep the 'peddle to the metal' if you know how to use your brakes in the turns. The cars are somewhat like our one-design classes in that they are setup to be as equal as possible. In sports car racing, these are called 'spec' cars.

I was the last to arrive and was promptly harassed by the group for being the dog's tail. These guys were ready to race! So, we all signed the standard waiver and purchased our pass for one race. There was a short drivers meeting to explain the rules and what the basic racing flags mean. Wearing a helmet is required and for the sake of hygiene you must wear a *head sock* which looks like something from Monty Python and the Holy Grail! Next, we selected our helmets and got in the queue to race. We had enough for a 'fleet' so our group all raced together and had the track to ourselves. You are started one at a time with a couple of seconds between cars. And they're off!

The race was on and it was really a rush. Everyone did a great job, no one spun out and there was some exciting action and a little paint rubbing going on in the turns. But, no official protests were declared so everything was cool. We were only out there for a few minutes but it seemed much longer because you are focused and in the zone the whole time. Finally, the checkered flag flew and we headed for the pits. Everyone had a blast! The cars have built in sensors that track your car during the race and you receive a printout after the race that shows everyone's lap times and finishing position.

There seem to be a couple of similarities between racing cars and sailboats. I found that letting way off the gas is somewhat like luffing a sail. In both cases, you lose power and it may take a boat/car length or two to get back up to speed. The other case is when approaching a turn or mark. I thought of coming into a turn as being like coming into a leeward mark very wide to keep your speed up and leaving close to the mark or apex of the turn.

After the racing was done, we met at the Red Oak restaurant in Guilford College for dinner and refreshments. My thanks to everyone for making this such a fun outing!

Steve Raper

Assistance is needed for the March Frostbite Race Committees. NO experience is necessary. Please contact John Hemphill if you are interested.

Renew your Yacht Club membership!

Well, while you are thinking about it, renew your membership! Only \$50 and a membership form is located at on the web

<http://www.laketownsendyachtclub.com/About/frmMembership.htm>. or from Alan Hawks.

The Lake Townsend Yacht Club is operated through the efforts of its members. It is important for everyone to contribute his or her time as a sailing instructor, on the race committee or to coordinate and host a social event. *Get involved and volunteer!*

SAILBOATSFOR SALE!

1981 Isotope - \$2500 with sails and a galvanized trailer. Crossbar, dolphin striker, and trampoline have been replaced and an extension added to the righting bar. Good boat for a beginning racer or someone looking to get back into racing. She won the 2005 Governor's Cup and continues to give challenge to the fleet leaders. Eric and I have owned this boat since 1998. She's gotten us hooked on Isotopes, so much so that we are upgrading to a 2006 model.

Boat specifications at <http://www.intl-fiberglass.com/isotope.html>.

Fleet Activities -

<http://www.intl-fiberglass.com/Isotope%20Nationals%202006.html>

Call or email if interested: 919-732-5410;

joleen.rasmussen@bowebellhowell.com

Flying Scot 2237 Douglass built in 1972. Sound hull, white with light blue deck, re-conditioned Sterling trailer with new tires and wheels, two suits of sails, plus extras, in fair condition, New equipment and rigging, \$3000 Located in Greensboro, Contact: Randy Crum 336-656-0970, rbc@triad.rr.com

1984 Precision 16 LOA 16' 3", Beam 6" 8", includes main and jib sails, Suzuki DT outboard and trailer.

Recent bearing replacement on trailer. Motivated seller \$1,900 or make offer 336 286-0299

Lake Townsend Yacht Club Help Lines

Commodore:	George Bageant 336 629-2750 R gbageant@hotmail.com
Races/Property: (Vice Commodore)	John Hemphill 336 632-0864 R jmhemphill@qborocollege.edu
Education: (Rear Commodore)	Starling Gunn 336 939-2508 R guncenter@bellsouth.net
Finance: (Treasurer)	David Raper 336 6432-7071 R Gwynedd22@bellsouth.net
Publicity/History: (Secretary)	(Vacant)
Cruising:	Steve Raper 336 288-3762 R Steve.raper@greensboro-nc.gov
Membership:	Alan Hawkes 336 282-8367 R arhawkes@earthlink.net
Social:	Kim Kirsh 336 851-5229 R kkirsh@triad.rr.com
Junior Sailing:	David Duff 336 282-7773 R David.Duff@analog.com
Mayor's Cup Regatta:	Joleen Rasmussen 919 732-5410 R Joleen.rasmussen@bowebellhowell.com
Newsletter/Directory:	Bill Grossie 336 643-1730 R wgrossie@infionline.net
Webmaster:	Steve Raper Steve.raper@greensboro-nc.gov

Call People. Go Sailing

In an effort to involve more sailors in the Club's Sailing Events and Racing Programs, this "Available to Crew" list is published in each newsletter. The people listed have taken our Learn to Sail class or have other previous sailing experience and are looking to get more time on the water. So, if you have a boat and would like to participate in the Summer or Frostbite Race Series, why don't you call one of these folks for your crew? Alternatively, if you need a cruising partner on your boat or would like to team with someone on one of the city sailboats for a day sail or a race, contact someone on this list. If you would like to add your name to the list, contact Bill Grossie, Newsletter Committee (See the Help Lines box located in this newsletter).

<u>Available To Crew</u>			
Name	Home Phone	Work Phone	E-mail
Bill Byrd	336-635-1926	N/A	
Chip Cromartie	336-601-0464	336-274-3559	cromartie@triad.rr.com
Lewis Johnson	336-656-4971	336-334-3448	ljohnson12@triad.rr.com
Paul/Jean Leslie	336-668-2874	336-272-7102 x276	lesliep@gborocollege.edu
Val Nieman	336- 908-3976		valnieman@yahoo.com
Cynthia & Sam Reichelson	336-540-1279	336-273-2511	reichelson@cs.com
Deborah Stephenson	336-272-4517	336-279-3966	Addyhouse@aol.com
Jeff Taylor	336-674-3887	336-9544364	kindredsouls@pipeline.com
Gary Wulf	336-674-2498	336-373-8361	gkwulf@hahoo.com

February 2007 Frostbite Series - No Races in February