

Lake Townsend Yacht Club

Tell Tales



August 2018



Kim Wise

JC Aller

Otto Afanador

Photo by Eric Rasmussen

Lots of Great Events Coming Up!
Sailing Savvy & August Racing

Join the High School Sailing Team
Va. Governor's Cup Recap

Lotsa Great Photos

Let's Go Sailing!

The calendar of events is not limited to certain fleets. If you have a fleet event coming up that you'd like to have listed, please let me know. Thanks, Trish.

Aug. 25 & 26	Blackbeard One Design	New Bern, NC
Sept. 1 & 2	Scots on the Rocks	Lake Murray, SC
Sept. 9	Women on the Water	Lake Townsend
Sept. 8 & 9	Eastern Wayfarer Championship	E. Tawas, MI
Sept. 22 & 23	FS Atlantic Coast Championship	BBSC New Bern
Oct. 6 & 7	VISA	Smith Mountain Lake
Oct. 26 - 28	HOT 7 Charity Regatta	Lake Townsend

"It is not the mountain we conquer but ourselves." - Edmund Hillary

September						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

9-WOW 3

October						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

6-7 VISA Invitational (Smith Mtn)
26-29 Hot Regatta

November						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

8 Annual Meeting
10 Interclub (OHSC)

Blue=Racing
Peach=Social Sailing
Classes: Green=Adult; Pink=Junior

Gray=Meeting/Seminar/Other
Board Meeting 1st Thurs each month
Yellow=Holiday

JOIN THE TEAM!

LTYC's Middle/High School Sailing Team is kicking off its fall season this month. An information/interest meeting will be held on Thursday, August 23, at 7:00 pm in the marina classroom. Practices will start the following week.

The team's inaugural season was last spring, and culminated in nine sailors competing in an invitational regatta against the Research Triangle High School Sailing Team at Lake Crabtree in Raleigh. Our sailors did great, with one crew finishing

second in the fleet race and all of our crews sailing competitively. This season we are planning on practicing two days per week at Lake Townsend on the club's fleet of Tanzers and Capris. Regattas will be held on weekends and will be in Raleigh and Charlotte, as well as at Lake Townsend.

The team is coached by Stephanie Taylor, Alan Taylor, and Mark Hayes. Participation is open to all middle and high school students, including non-club members. (We do ask that all sailors join as junior members of LTYC.) Experience is not required, and the coaches will structure practices to fit the needs of individual sailors with the goal of developing racing skills and the ability to sail competitively at regattas.

For further information, please contact Mark at mhayeslaw@triad.rr.com.



Women on the Water

September 9

<https://ltyc.wufoo.com/forms/2018-women-on-the-water-registration/>

August Racing



Nancy Collins & George Enell



Elizabeth Bonnell, Steve Morris & Richard

Photos by Annette Grefe



Anderson Jones skippering for his dad, Steve.



Tom Armstrong



Sailing Savvy

How a Sailboat Is Similar to a Car

By AnnMarie Covington

Think of a car stopped at an angle to a parking space. When a car is not moving, turning the steering wheel will not cause the car to turn into the parking space. The gas pedal must be depressed and the car must begin to move forward before the direction of the wheels will have any effect on the direction of the car.

A sailboat is similar to a car. On a sailboat, the correctly positioned sails correspond to the gas pedal and the tiller is the steering wheel. Until the sails are correctly positioned to the appropriate angle to the wind and the boat moves forward, the tiller will have no effect. In addition, if the tiller is moved while the boat is barely moving, it will act similarly to touching the brake pedal of a car. If the tiller is moved all the way to the gunwale, the rudder will be almost perpendicular to the boat and will act similarly to stepping on the brake of a car.



The key is “correctly positioned” sails. In light air, if the boat is not moving, check the direction of the wind by looking at the windward telltale on the shroud. If the telltale indicates a reach, set the sails to a reach position and wait for the boat to begin moving. Keep the tiller straight. After the boat gains speed, then moving the tiller slightly and slowly readjusting the sails will allow the boat to gradually go where the skipper commands. Moving the tiller before adjusting the sails prevents the boat from moving. Think “speed first, then steer.”

Light air is usually very shifty. In light air, it is more important to keep the boat moving than it is to head in exactly the right direction. When the boat is moving above steerage speed, the skipper can affect the direction of the boat. When the boat is moving below steerage speed, moving the tiller will have no effect on the direction of the boat.

One scenario where this is challenging is when approaching an upwind mark on the layline. When it is on the layline, a sailboat will not have to make any more tacks to round the mark—theoretically. Suppose a boat is heading to the mark on the layline. Everything is going well. The skipper is anticipating rounding the mark. Then a header develops. The skipper keeps his/her eyes on the mark and maintains course. The boat slows and the tiller no longer has any effect on the direction of the boat. The boat not only does not make the mark, it gets stuck in the no-go zone.

An alternative is preferable. The boat is on the layline, heading to the mark. The skipper is keeping his/her concentration on the area of the jib just behind the luff and the telltales near the luff. For a split second, every minute or so, the skipper takes a quick peek at the mark. Then a header develops. As soon as

the luff of the jib begins to soften, and the curl of the luff area is no longer full and perfectly concave, the skipper recognizes the header and bears away.

The skipper bears away as much as is necessary to maintain speed, even though the new course takes the boat well below the mark. The boat maintains its speed and the tiller continues to affect the direction of the boat, but the boat will not make the mark. However, the skipper has steerage to tack, regain speed after tacking and then tack again on the new lay line. Time is lost, but no debacle occurs. So, even though the skipper was not able to lay the course desired, the boat's speed and steerage were maintained and the goal was reached.

Another alternative exists, equally preferable depending on when the header occurs. As soon as the skipper recognizes the header, before the boat has slowed down, he/she tacks and regains speed after tacking, then tacks again on the new layline. This would be the best alternative if the header occurs just before the boat reaches the mark. If the header occurs well before the boat reaches the mark, bearing away and continuing to keep up speed until closer to the mark before tacking would be more advisable.

This idea of bearing away to keep up speed when a header occurs is true regardless of wind speed. In light air it is particularly crucial to bear away immediately because the boat is already near the critical no-steerage speed and has very little momentum. No buffer time exists. Sailing in light air is challenging for the skipper because he/she must be very focused and vigilant in watching the luff of the jib and making small controlled movements of the tiller.

Happy (light air) Sailing!

AnnMarie

P.S. In light air, a sailboat cannot point as high as when the wind is stronger. When sailing in light air, do not try to point. Bear away slightly to keep up speed. Set the sails, both jib and main, a few inches away from close-hauled. Be sure to keep the slot (the space between the jib and the main) open with air flowing through. Keep an eye on the telltale $\frac{3}{4}$ of the way up the leech of the jib to monitor the flow through the slot. Keep that telltale flying.

HOT 7 Charity Regatta

Oct. 26 - 28

Save the date! Lots of fun sailing and camaraderie!

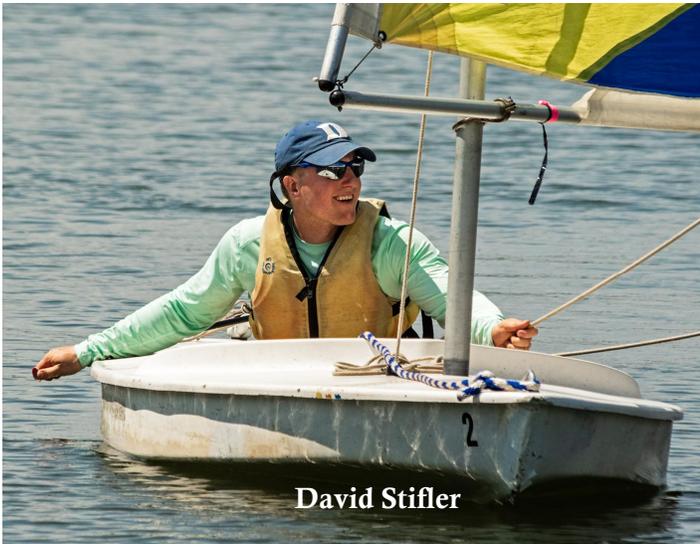
Jam session on Friday Oct. 26 after setting up boats.



**Weekend Learn to
Sail Class in
August.**

Photos by Eric Rasmussen



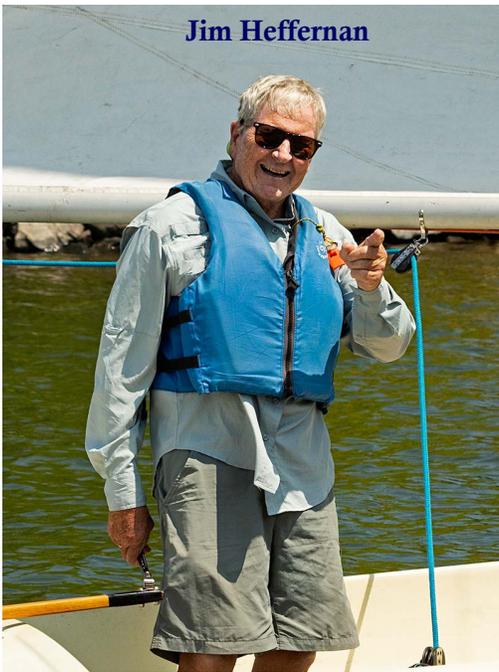


David Stifler

Thanks to our volunteers who have taught and assisted with Learn to Sail classes!



Scott Bogue



Jim Heffernan

Photos by Eric Rasmussen



Uwe Heine teaching the August weekend class



AnnMarie Covington cooling off the students



Caleb Vogel helped with class

Virginia Governor's Cup at Ware River Yacht Club, August 4-5, 2018

By Jim Heffernan

As you meander down the back roads leading to the end of Ware Neck, VA, you are reminded of NBC weatherman Al Roker and his signature expression "...And now, what's happening in your neck of the woods." Well, not much on Ware Neck except for the very active sailing program at the Ware River YC. Every year the Club hosts the Virginia Governor's Cup, attracting 55-60 boats that included seven Wayfarers this year.

Located very close to Chesapeake Bay, the Ware River is affected by some tidal flow and also a very fortuitous sea breeze. On Saturday the breeze stayed out in the big water, limiting the Wayfarers to two races. On Sunday it finally came in and we completed a third race.



At the end of day one, the Heffernans in W2458 had a solid hold on first in spite of a major blunder at the windward mark. Instead of rounding behind the leaders, Uwe Heine and Nancy Collins in W10978, Jim decided that there was an offset, which turned out to be the tomato (red buoy) for the upwind finish line. Ugh! With a little downwind help from a lovely shaft of air, the Heffernans recovered to second just a few feet ahead of Richard Johnson and Michele Parish in *Black Skimmer*.

With six fleets starting, it did get a bit dicey watching for the boats coming downwind or upwind as the races went on.

Sunday racing was delayed until the promised (local knowledge?) sea breeze started to show from the Chesapeake. It came in fitfully and as the Wayfarers started second, the light breeze heavily favored the committee boat. AnnMarie Covington and Gareth Ferguson moved along well in the light air, holding off a strong challenge from fellow Fleet 15 members to take line honors and an overall second place.

With the Wayfarers anchored in the shallow water in front of the clubhouse it was a short and easy wade to our boats to get underway, unless like Gail Walters you have had recent surgery on a foot and can't get it wet or pinched by a crab. Solution! Gail caught a ride from one of the many Optimist Pram sailors also launching from the beach for a shuttle out to Ken Butler's boat. Young sailors can be very helpful!

Fleet 15 will return to this unique venue, where camping under the stars and the beautiful waters flowing into the Chesapeake offset the battle with hungry mosquitoes.

Results:	Race 1,2,3	Points	Finish
Jim and Linda Heffernan, W2458	2, 1, 2	5	1
AnnMarie Covington/Gareth Ferguson, W11134	4, 3, 1	8	2
Uwe Heine/Nancy Collins, W10978	1, 4, 3	8	3
Richard Johnson/Michele Parish, W10873	3, 2, 4	9	4
Phil and Kathy Leonard, W864	5, 6, 5	16	5
Ken Butler/Gail Walters, W449	6, 7, 6	19	6
Evan Trudeau/Jeanne Allamby, W10945	7, 5, 8	20	7

Xtreme Teen Adventure Camp

by Mark Hayes



On Wednesday, July 18, LTYC hosted the sailing portion of Greensboro Parks & Recreation's Xtreme Teen Adventure Camp. Thirteen teens enjoyed an afternoon of great winds and moderate temperatures on board the club's Tanzers. After a crash course on sailing basics, each camper got to sail under the guidance of an experienced LTYC skipper.

The Adventure Camp ran for a week and included hiking, kayaking, sailing and even a day of rock climbing!

Many thanks to the LTYC volunteers, who included Trish McDermott, Scott Bogue, Robert

Bouknight, Hudson Barker, Mark Hayes, Tom Bodo, Cathy Leonard, and Logan Hayes.

Everyone had a great time! It was hard to tell who had more fun, the skippers or the campers.

The camp will be offered by the Parks & Recreation department again next summer.



Lake Townsend Yacht Club Board

Commodore: Robert Bouknight ♦ ♦ ltyccommodore@gmail.com

Vice Commodore/Racing: AnnMarie Covington ♦ 336-266-5919 ♦ hobieone57@yahoo.com

Rear Commodore/Education: Volunteer needed

Treasurer: Mark Wise ♦ 336-207-4200 ♦ ltyctreasurer@gmail.com

Secretary: Nancy Torkewitz ♦ 919-630-0360 ♦ heynineteen1919@gmail.com

Equipment: Scott Bogue ♦ 336-707-9183 ♦ scott.aomci@gmail.com

Membership: Joleen Rasmussen ♦ 919-440-2802 ♦ joleenrasmussen@embarqmail.com

Social: ♦ Kara Wilson

Webmaster: Mark Wilson ♦ 336-324-5018 ♦ mark.wilson@wilsontechnologysolutions.com

Mayor's Cup/Nominating/Past Commodore: David Duff ♦ 336-908-9754 ♦ homengso@triad.rr.com

Newsletter/Publicity/Social Sailing: Trish McDermott ♦ 336-707-2846 ♦ 88hawkgt650@gmail.com

Social Media: JC Aller ♦ 336-580-0528 ♦ aller.jc@gmail.com

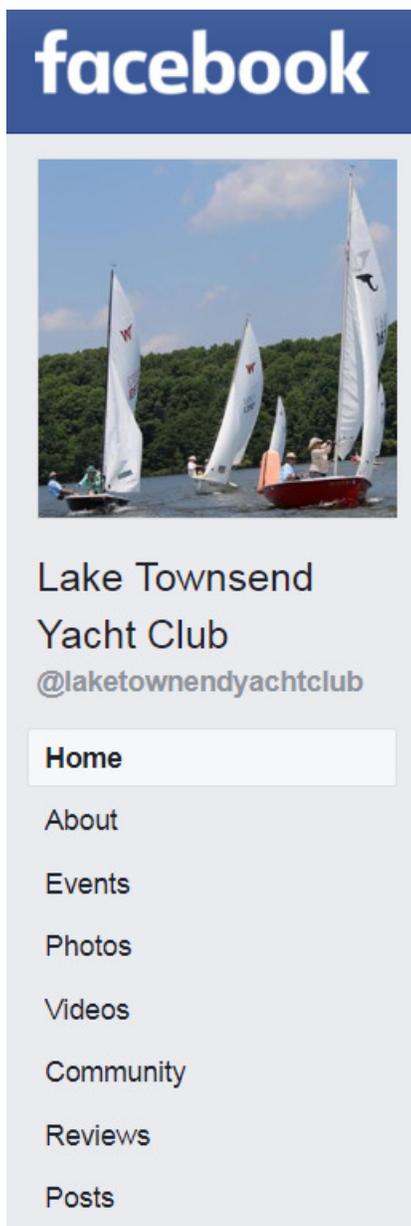
- * **You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board member to see how you can contribute.**

Thanks for making LTYC the best!

Board meetings are open to all members. They are held the first Thursday of each month at 6:00 at the Bryan Park Golf Course Grill. Come join us!



Did you know? . . . You can now find a link to sailing instruction videos on our website in the top yellow box that has the Scratch Sheet sign-up.



Please Like LTYC on facebook

- **Check in at LTYC on facebook**
 - **Tag us**
- **Write an endorsement for LTYC**
- **Like LTYC on the “Like” page**
- **Post a review of LTYC on FB**
- **If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com**

Many thanks to JC Aller, Nancy Collins, Uwe Heine, Mark Hayes, Kim Wise and many others for posting pictures and upcoming events on our facebook page!

Please visit our site and check in or make a comment. Thanks!

Next Newsletter deadline: September 11

Classified Ads

Buy – Sell – Want to Buy

Boats-Equipment-Accessories — Ads run for 3 months if not renewed.
newsletter@laketownsendyachtclub.com

Tanzer for Sale

For sale: Tanzer 16. This is a good boat with a good racing record. Sails are in decent shape. Two spinnakers. New Sailor's Tailor cover. Solid trailer. Selling because I need more room for family and guests to cruise the lake. A very good buy at \$1,200. Call JC Aller at [\(336\)580-0528](tel:3365800528) or email at aller.jc@gmail.com.

7/18

LIGHTNING SAIL BOAT # 12705

This sailboat is a one design ready to race or cruise.

It includes custom trailer, 3 complete sets of sails (one set 3 years old), 2 spinnakers, stainless steel centerboard, and compass. Cover included.

Can be seen at my house in Greensboro NC. Text me for directions: 336.282.9552

\$ 2200.00. Cash....no trades. Titles for boat and trailer in hand.

Contact: Jim Schwartz

7/18

1980 Catalina 22 for Sale

In good shape for an older boat, but needs someone with time to invest some TLC. You can see it at Merritt Marine in Hillsborough at I-85 and Hwy 86.

\$2,000 without motor. \$3,000 with motor, a Yamaha 6 HP, 4 stroke.

Glenn Edwards <glennedw@gmail.com>

7/18

Flying Scot Parts for Sale

FS 1149 parts: centerboard, centerboard winch, mast (with SS collar), boom, rub strip, stem band, rudder gudgeons, bow fitting, rudder assembly, tiller, safety line rings, fasteners. All in VGC; tiller is new. Standing rigging is good. Scott Bogue, scott.aomci@gmail.com; 336-707-9183.

8/18

LYYC Is Going Green!

Please refuse and return straws at a restaurant or drive-thru. Our goal is no more plastic water bottles, Styrofoam cups or straws in the landfill. Did you know that only about 9% of what we recycle is actually recycled? Have you seen the plastic islands in the ocean? We encourage everyone to bring a reusable water bottle and coffee cup to events at the lake.

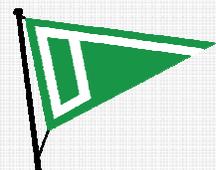


Thanks to everyone's efforts to reduce plastics in our environment. Think about it and please act.

A Quick Look at Some of the Benefits of Your Membership:



- * Monthly newsletter
- * Make new friends
- * Great food and adult beverages after sailing
- * Mentors available to help you
- * Free use of city sailboats during LYTC events
 - * Free use of club sailboats
 - * Free boat launching during club events
 - * Yacht club reciprocity
- * Continuing education programs



Etc.



**“Do you think God gets stoned? I think so . . . look at the platypus.”
Robin Williams**

