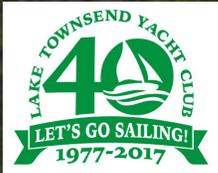


Lake Townsend Yacht Club

Tell Tales

March 2017



Jason Gustavson (L) and Phil Andrews race a club Tanzer in the last race of the winter series

Photo by Scott Bogue

March Racing Pictures & Results ♦ Fowl Regatta

Let's Go Sailing & STEM ♦ In Memory

Let's Go Sailing!

Race Management Seminar

March 25

Classroom at Lake Townsend

Engagement Party

March 25th

Trish & Scott's House



**Interclub with CSC April 1st Jordan Lake, Vista Pt.
Let's make sure CSC keeps the Chicken!**

Artwork by Uwe Heine

Summer Race Series

April 8th

LYYC

Fowl Regatta

April 22nd

LYYC

Lake Townsend is now open on Thursdays!

2017 LTYC Calendar 40th Anniversary

Blue=Racing

Peach=Social Sailing

Classes: Green=Adult; Pink=Junior

Gray=Meeting/Seminar/Other

Board Meeting 1st Thurs each month

Yellow=Holiday

April

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

- 1 Piedmont Interclub (CSC)
- 15-PowerBoat Training
- 22-Fowl Regatta
- 29-WorkDay

May

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- 6-Instructor Orientation
- 7-Capsize/Recovery Drill
- 20-Let's Go Sailing
- 21-Community Fun Day (OHSC)

June

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

- 2-4 Mayor's Cup
- 16-18 Governor's Cup (Kerr)
- 24-WOW

A Trick at the Helm

By Nancy Collins

Helmets become *Haute Couture* at Lake Townsend!



Leading the fashion edge – Wendell Gundlach shows us that helmets are not only the correct sailing gear but meet with great sailing fashion. Never will the baseball bat of the boom again permanently indent your noggin, leaving you adrift “breath side down” in the murk of the lake.

Sailors from MIT to the America’s Cup are stylin’ in their helmets. There are many options. Wendell has opted for a white helmet, which down in the South will keep you cooler than the black option (right):



Remember when sourcing your helmet that a snazzy bulldog hood ornament might get caught in the mainsheet when you duck under the flying boom. Get the sleek design – perhaps with a bit of a visor to shade the eyes or you can opt for the cap under the helmet as Wendell does.

Helmets have been used in football since 1920 and in baseball since 1971. Helmets are now worn in most other active sports such as skiing, horseback riding, bicycling and motorcycling; many freedom-loving bikers opt for helmets. The brain is a tender thing. Keep your gray matter intact – get a helmet.

Safety is big on my list this year. We become complacent, we live in denial. Someday that boat that just went over might be yours. Be alert, learn all you can.

And

**Keep this on your calendar – Capsize recovery drill – May 7th. Come out and go swimming in the lake.

=====

STEM – Science, Technology, Engineering and Math

Sailing seems to attract the types of people who are working in some sort of STEM-related activity. Pilots, chemists, mechanically minded types, farmers, people who like to tinker with their hands or play logic games, the general outdoors type. Even music and art have close connections with STEM.

STEM fits very well into sailing.

Last month I went down to a US Sailing sponsored symposium in Austin, Texas. The demonstrations on STEM had lots of fun things to do. They were very exciting and I would like to share that excitement.

Our “*Let’s Go Sailing*” Event (May 20th) is a perfect opportunity to show off not just our love of sailing but our love of all things relating to STEM.

Continued on next page

Below are some of the ideas that might be fun to have in a booth:

Simple Machines - A “simple machine” scavenger hunt using a boat on a trailer, and/or create an example of how different arrangements of blocks can assist in lifting a load. This would be the perfect time to break out the blocks and build examples of how much easier it is to lift a bucket of water when your blocks are 6:1 vs 1:1.

Any high school students need a chance to start on their science experiment? I have an Arduino if you want to make an autonomous sailboat. Or ... Girl Scout badge - Anyone have an ROV? - What is at the bottom of the lake by the dock?

I invite everyone out to show their love of STEM. Create a booth, participate in a booth that is created. You don't have to be in school, you can just love science and to tinker with neat stuff.

Here is a fun opportunity to show everyone we aren't just out there drifting about, that behind sailing is a wide world of Science, Technology, Engineering and Math topics and principles.

Come out and share in the fun!

<http://reach.ussailing.org/>

<http://reach.ussailing.org/curriculum/> modules 11-18

Nancy Collins, Commodore

Module	Title	Investigative Question
Module 1	Measuring Wind	“How can we use the wind if we can't see it?”
Module 2	Buoyancy	“How does this boat float?”
Module 3	Sail Area and Perimeter	“What shape are sails and why?”
Module 4	Simple Machines on Sailboats	“Why do boats have all these ropes and pulleys?”
Module 5	Water Quality Testing	“What is happening in the water out there?”
Module 6	Marine Debris	“How does marine debris get in our waters and where does it go?”
Module 7	Upwind Sailing Angles	“How does geometry affect my sailing?”
Module 8	Land and Sea Breezes	“Why does the wind change as the day progresses?”
Module 9	Wind Power	“How is wind used as power?”
Module 10	Underwater Exploration	“How can we learn more about our sailing environment?”
Module 11	Microscopic Mysteries	“What “invisible” creatures live where we sail?”
Module 14	Robo Sail	Create an autonomous sailboat.
Module 15	Weather At the Extreme	“How and why does it rain and how and why do storms form?”

March Racing



SB

What started out as a chilly, gray winter day ...

Photos by Robert Bouknight and Scott Bogue



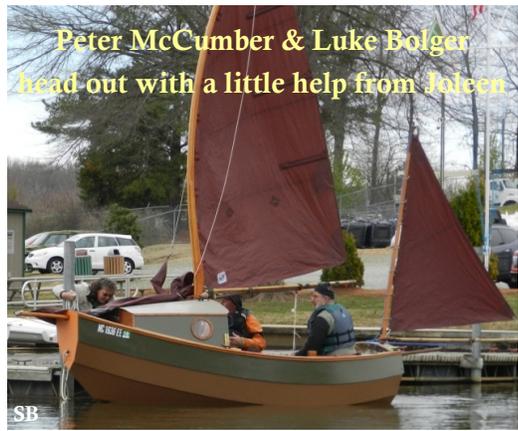
SB

Peter McCumber & Luke Bolger head-out with a little help from Jaleen



SB

Jack Clodfelter skippered T6 with Alan Taylor as crew



SB

...turned out to be beautiful and a little warmer, thanks to the sun!

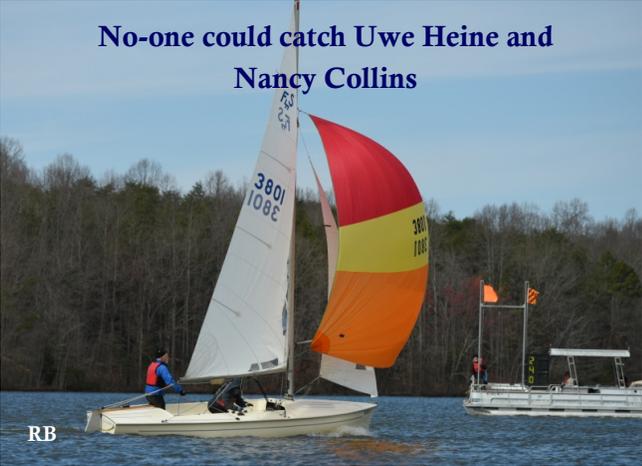


SB



RB

The starting line was tricky in light, shifty winds



RB

No-one could catch Uwe Heine and Nancy Collins

Thank you! to our dedicated Race Committee:

- Linda Heffernan—PRO
- Cathy Leonard, Gabriella Warwick, Dave Blair, Phil Leonard, Jim Heffernan, Lacy Joyce, JC Aller, and Eric Rasmussen.



SB Alan and Jack



Heavy traffic at the leeward mark



Uwe and Nancy

SB



Griffie Evan and Mary Trudeau

RB

We had 10 boats, with two club boats racing.



Andy Forman skippered Tom Bews's boat with Nancy Torkewitz as crew

RB



AnnMarie Covington and Steve Warwick

SB



Dennis Miller (L) and Steve Jones

RB



Annette Grefe crewed for Ken Butler

RB



Yes, Race Committee can be fun! Lacy Joyce (L), Becky Clodfelter, and Jim Heffernan

SB

Thanks to the entrants in the Great Chili Cook-Off! Wanda Williams, Tom Bews, Becky Clodfelter, Nancy Collins, Luke Bolger, Stephanie DeLair and Trish McDermott.

Thanks also to those who provided desserts! Cathy Leonard, Linda Heffernan, and Aubry Bews. And thanks to Clint Richardson for helping judge the chili.



SB

More March Racing Photos



Evan & Mary get a puff

SB



Driving toward the windward mark

RB

Lake Townsend Yacht Club

March 11, 2017

Class=Open ScoreMethod=Portsmouth

Overall Results

Sail	Skipper	Crew	Type	Total	One	Two	Three
1 3801	Heine,Uwe	Collins,Nancy	Flying Scot	6	4	1	1
2 12048	Jones,Steve	Miller,Dennis	Flying Scot	9	1	6	2
3 11134	Covington,AnnMarie	Warwick,Steve	Wayfarer	11	2	2	7
4 5295	Bews,Tom	Andy Forman,Nancy Torkewitz	Flying Scot	16	5	7	4
5 10945	Trudeau,Evan	Trudeau,Mary	Wayfarer	17	3	4	10 RAF
6 1250	Gustavson,Jason	Andrews,Phil	Tanzer	17	9	5	3
7 2003	Clodfelter,Jack	Taylor,Alan	Tanzer	17	8	3	6
8 2300	Russell,John	McDermott,Trish	Flying Scot	20	7	8	5
9 10873	Butler,Ken	Grefe,Annette	Wayfarer	23	6	9	8

For more detailed race results go to:

www.laketownsendyachtclub.com

A Word of Appreciation for Eric Rasmussen



Sometimes some of the biggest contributors to our club go unnoticed for various reasons. One of them is Eric Rasmussen. Eric is capable of so many things, including sail repair, making boat covers, engraving items, and making trophies (besides being a top competitive sailor), but he tends to be quiet about his accomplishments and the contributions he makes. If you ask him for something, you get it, and it will be better than expected. Eric gets things done without fanfare or fuss.

Eric and his wife Joleen have both been huge contributors to LTYC and our club would not be successful without them. They each have their strengths and that's what makes them a good team. For example, if you went to the recent Rules Seminar led by Joleen, Eric's encyclopedic knowledge of the racing rules of sailing also answered several questions from the participants.

Eric and Joleen's accomplishments in the sailing world are many. Both are US Sailing Regional Race Officers and Club Judges, to name two.

We couldn't do it without you, Eric.

From the Archives

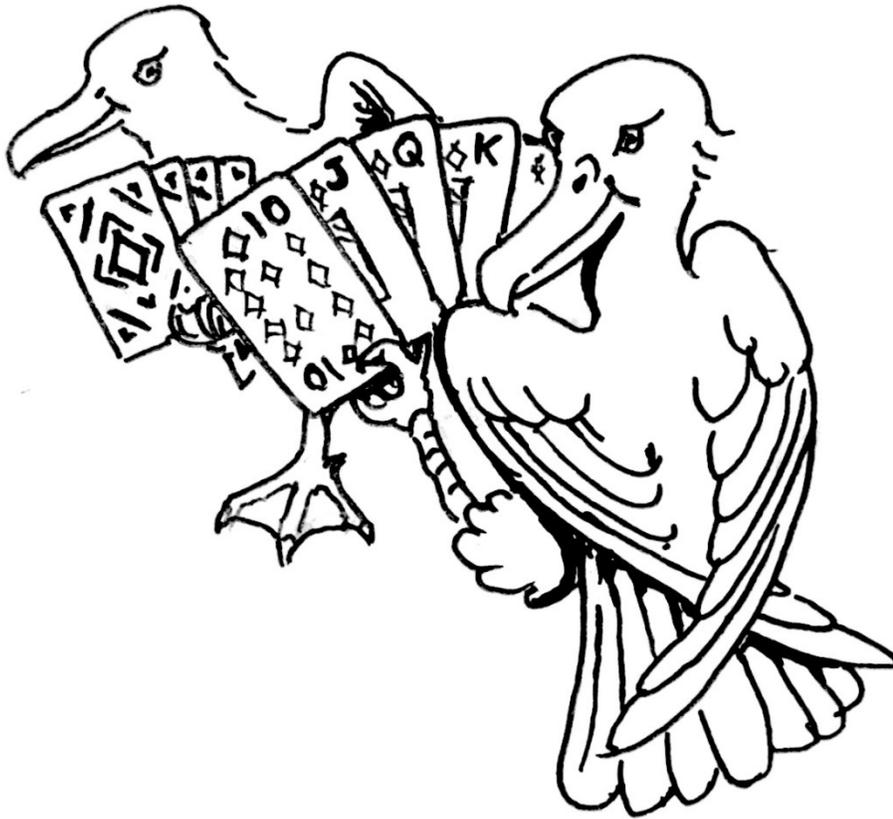
LAKE TOWNSEND YACHT CLUB'S MAYOR'S CUP REGATTA
17th SEPTEMBER 1978



Are You Looking for a Tax Deduction?

The Carolina Sailing Foundation, a 501C3 organization, will act as an intermediary for anyone who wants to make a tax deductible, charitable contribution in honor of our 40th anniversary. Your contributions will greatly enhance our sailing programs. *Thank you!*

Artwork by Uwe Heine



It's for the birds!

Fowl Regatta 2017

You'll have multiple ways to win! Win the race, bring along new crew, get the winning poker hand. You too can stack the deck and win!

APRIL 22, 2017 LAKE TOWNSEND MARINA

Skipper's meeting – 11:00 pm at the flag pole.

Commemorative shirts can be purchased featuring the LTYC Fowl Regatta mascot, the Blue Footed Booby-Bird. Wear yours with pride!

Details to follow. \$10 to enter, or \$5 with food donation.

Let's Go Sailing!

Saturday, May 20th, 11 a.m. til 2 p.m.

Lake Townsend Marina, 6332 Townsend Road, Browns Summit

Learn how STEM (Science, Technology, Engineering and Math) and sailing are connected!
 Free sailboat rides with an experienced captain!
 Booth demonstrations to show how STEM applies to sailing.
 Food will be available for purchase.

laketownsendyachtclub.com

Free Admission!

Volunteers are needed for Let's Go Sailing on May 20th.

Here's where you can help:

Sailboats and skippers—Take people on boat rides. (Please wear your nametag that Eric Rasmussen made.)

Setup help—Set up booths for demonstrations on STEM. Help with canopies, tables & chairs.

Info booth and waiver—Have everyone sign a waiver, give them a sticker showing the skippers that they've signed it and direct people where to go. Give out Learn to Sail brochures.

Shore support—Help direct people to boats for rides. Briefly describe boats and how they feel (tippy sometimes).

Scat boat driver—Safety boat must be out on the water with the sailboats. Two people are needed.

get YOUR CREATIVE JUICES FLOWING!

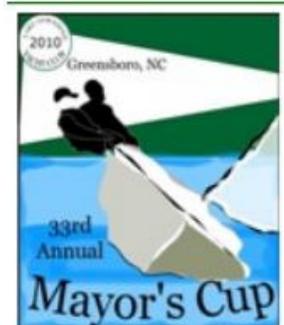
Submit Your Artwork for the 40th Mayor's Cup Logo

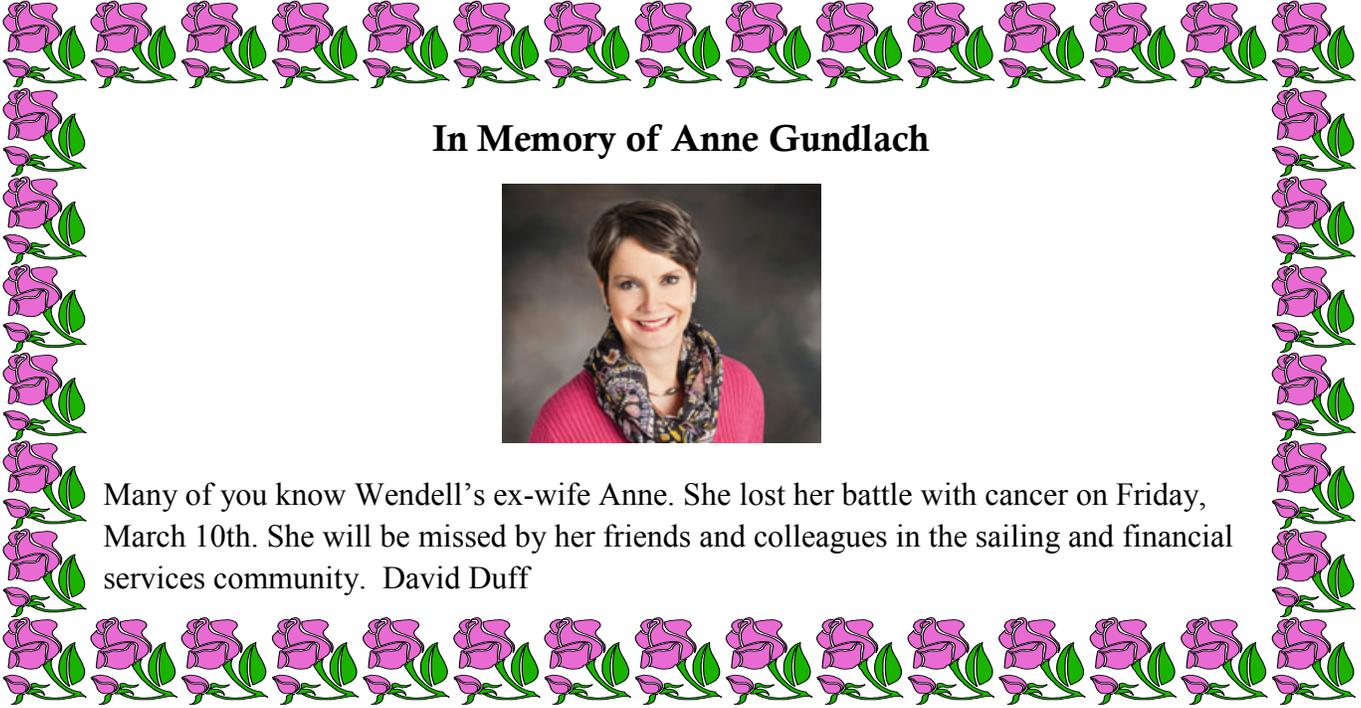


Time is running out! Please submit your entry to: newsletter@laketownsendyachtclub.com. Deadline is: **March 31st.**

Don't Miss Your Opportunity to Be Famous!

Some
past
logos:





In Memory of Anne Gundlach



Many of you know Wendell's ex-wife Anne. She lost her battle with cancer on Friday, March 10th. She will be missed by her friends and colleagues in the sailing and financial services community. David Duff

A Word from Joleen Rasmussen, Membership Chair

2017 Race Committee Signup

All **racers** are asked to serve on Race Committee.

All **new members** are encouraged to serve on RC as it's a great experience - really and truly.

And we love our non-racers who support our racing affliction so that we can race!

Click the 2017 RC signup sheet.

Put your name down where you can help on RC.

New to sailing? RC is a great way to learn loads of sailing related stuff and meet other members.

If your schedule changes later in the year, that's fine. Sailors are used to changing their plans.



2017 Sailing Instructor and Assistant Signup

Helping someone learn to sail is an unbelievable joy.

Sign up for just one day if that is all your schedule allows.

We have weekday, weekday evening, or weekend....something for everyone.

Sign up on the "Sail Classes: Instructor and Assistants Signup Sheet" on the LTYC website home page.

Continued on the next page

We have really cool high tech instructor shirts this year; order by clicking “Sail Classes: Instructor Shirt Order Form.” These shirts are subsidized by the club. You pay \$20, the club pays the rest.

I think the deadline is the end of March.

Membership Renewal Time

2017 membership renewals are now past due.

If you've not yet renewed, go to the LTYC home page and click on click on “Lake Townsend Yacht Club *Renew your membership today* (<http://www.laketownsendyachtclub.com/v10-About/v10-About-Membership.asp>)

then go to the bottom of the page and select Membership Renewal - right red button.

Sailrite \$30 Daily Drawing through March 31

Sailrite is the do-it-yourself-sewing-sailor’s intro to materials and supplies. Sailrite has a daily drawing this month for a \$30 certificate. You can enter once, up to four different ways, and be in each daily drawing. Just go to <http://www.sailrite.com/contests>

Fiddles are used to play music, right?

Another favorite of mine - APS (Annapolis Performance Sailing). APS sponsors our invitational sailing events and has every piece of hardware/rigging a sailboat or sailor might want.

They also have some informative tutorials. Go to apsltd.com and click on *Sailing Blocks Explained*. (You’ll find out what a fiddle does on a sailboat.) There is also good information under *Rigging Information* at the bottom of the home page.

We Need Your Help!

- 1) Update the club’s Google Calendar - you can do this from the comfort of your easy chair.
- 2) Print and post the newsletter in the Marina breezeway and on the notice board at the ramp. (10 mins/month; you will need a color printer.)
- 3) Manage the participation scratch sheets.

Let me know if you can help with any of these.

Thanks!

-Joleen
Membership Chair

Please Like LTYC on facebook



- Check in at LTYC on facebook
 - Tag us
- Write an endorsement for LTYC
- Like LTYC on the “Like” page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Let's Go Sailing! Available to Crew:

Otto Afanador, ottosolar@aol.com, (336)-269-1765

Jeanne Allamby, jeanne.a.allamby@usps.gov, (401)-996-0198

JC Aller, aller.jc@gmail.com, (336)-580-0528

John Carr, carrjl_40514@yahoo.com, (859)-227-3688

Jack Clodfelter, specialtypainting@gmail.com, (336)-286-6688

Susan Cole, sscole@triad.rr.com, (336)-707-0678

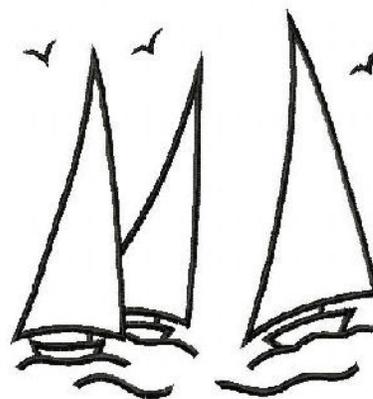
Mark Jozefowicz, mark.jozefowicz@reliantaluminumproducts.com
(336)-289-2205

Trish McDermott, 88hawkg650@gmail.com, (336)-707-2846

Steve Newgard, slnpicture@aol.com, (336)-688-4952

Keith Smoot, keith@br1980.com, (336)-996-6734

William Young, woyoung@triad.rr.com, (336)-707-0295



The best way to get a crew spot is to sign up on the racing scratch sheet under “Available to Crew.” Go to www.laketownsendyachtclub.com, click on Scratch Sheet: Participation Signup. Scroll down to the bottom of the page and select the tab for your chosen race day (you may have to use the left and right arrows). You can also come out to the lake on race day; many times skippers will be looking for crew.

Want to be added to this list? Email membership@laketownsendyachtclub.com

Lake Townsend Yacht Club Board

Commodore: Nancy Collins ♦ 336-901-0090 ♦ ltyccommodore@gmail.com
Vice Commodore/Racing: AnnMarie Covington ♦ 336-266-5919 ♦ hobieone57@yahoo.com
Rear Commodore/Education: John Plageman ♦ 919-619-5012 ♦ john@pl-arch.com
Treasurer: Mark Wise ♦ 336-207-4200 ♦ ltyctreasurer@gmail.com
Secretary: Nancy Torkewitz ♦ 919-630-0360 ♦ heynineteen1919@gmail.com
Equipment: Scott Bogue ♦ 336-707-9183 ♦ scott.aomci@gmail.com
Membership: Joleen Rasmussen ♦ 919-440-2802 ♦ joleenrasmussen@embarqmail.com
Social: Wanda Williams ♦ 518-339-0431 ♦ wandawka@gmail.com
Webmaster: Mark Wilson ♦ 336-324-5018 ♦ mark.wilson@wilsontechnologysolutions.com
Mayor's Cup/Nominating/Past Commodore: David Duff ♦ 336-908-9754 ♦ homengso@triad.rr.com
Newsletter/Publicity/Social Sailing: Trish McDermott ♦ 336-707-2846 ♦ 88hawkg650@gmail.com
Social Media: JC Aller ♦ 336-580-0528 ♦ aller.jc@gmail.com

* You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board member to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held the first Thursday of each month at 5:45. Greensboro Christian Church, 3232 Yanceyville St., Greensboro, NC. Share your thoughts and ideas! Then join us for dinner at a restaurant after the meeting.

Let's Go Sailing!

Classified Ads

Buy – Sell – Want to Buy

Boats-Equipment-Accessories — Ads run for 3 months if not renewed.

newsletter@laketownsendyachtclub.com

Tanzer for Sale

For sale: Tanzer 16. This is a good boat with a good racing record. Sails are in decent shape. Two spinnakers. New Sailor's Tailor cover. Solid trailer. Selling because I need more room for family and guests to cruise the lake. A good buy at \$2,000. Call JC Aller at [\(336\)580-0528](tel:3365800528) or email at aller.jc@gmail.com.

12/16

FOR SALE: Isotope 16' Catamaran

Boat and trailer in good shape. Two full sets of sails: original "pin top" sails, and a set of NORTH square tops (like new). Boat, trailer with new spare, 2 sets of sails, and sailbox, for \$500 cash. Good deal for anyone looking to get into sailing cheap. Needs minor work on tiller, I have original aluminum "wishbone" tiller, but they are bent. Call Bob Bass at 336-669-3328. Please leave message if no answer.

11/16

These 40th anniversary stickers are available to put on your car, boat or anywhere! (Actual size 4" x 4")



We need three to four people to help plan a special event for our anniversary.

Do you:

- * **Have organizational skills?**
- * **Like to plan events?**
- * **Have ideas of how to celebrate our 40th?**
- * **Have time to help on a planning committee?**

Please contact: LTYCboard@laketownsendyachtclub.com