



Lake Townsend Yacht Club
 PO Box 4002
 Greensboro NC 27404-4002

www.laketownsendyachtclub.com/

Tell Tales

Issue 6 June 2009

Schedule of LTYC Events

USA DAYS	11-12 July '09	10:30 Skippers Mtg Sat 10:00 Skippers Mtg Sun	Lake Townsend
DOG DAYS	8-9 Aug '09	10:30 Skippers Mtg Sat 10:00 Skippers Mtg Sun	Lake Townsend

Announcements



Want a LTYC Small

Burgee? Email or contact John Hemphill to place and confirm an order. John is taking preorders on the small LTYC burgees. jmhemphill@greensborocollege.edu

SWAP MEET? After the July race – planning swap meet /yard sale at the social, bring boat sailing items for a swap or yard sale. Maybe this is a time that you can bring that boat you are trying to sell, or that odd sailing picture that you bought that you don't have wall space for Cleats, lines, sails, motors, PFDs all those odd things that you have that you can't use, that someone else might be able to.

Mayor's Cup.

Mayor's cup was looming, many people had been working hard in the background. Valerie and Joleen had beat the path to many doors and worked hard for a successful time. Food had been ordered, food had been prepared.

I had my own preparations, mostly consisting of cleaning the boat, spraying and washing the boat with the hose while the dog leaps for the water

stream, which occasionally manages to get diverted and spray the dog.

The week leading up to the mayor's cup had multiple summer storms, but the storms ending with one last final rain and by noon the weather cleared to the tranquility after a cold front, the gentle stirrings of breezes. But at least the temperature was predicted to be mild for the weekend – High 70s low 80s.



Several of the Scots brought their boats out early to set up and tune up on the lake. By the time we had gotten there – 6'ish, they were setting ready for Saturday by the marina office. But someone convinced John to take his Scot back out, so that we were treated to an absolutely photogenic display of

John's boat against the sunset with its oranges and reds on the remaining clouds.



(Saturday- Race Day) There were sailors and their boats, coming from the coast to the mountains. We talked to one Scot sailor whose crew came down to sail with her from Salem Virginia. There were 3 races on Saturday. With the wind coming steadily (well - Lake Townsend style) from the south the race committee was able to set up 2 WU courses and 1 WD. With the windward and leeward marks set far apart from each other. There were 4 starts, the Scots (17), followed by the Isotopes (6), the Buccaneers (Arrggh.. 5) and the mixed fleet (comprised of a Star, a Lightening, a Wayfarer, an Inland 20, a couple Tanzers, a Catalina 16.5, a Capri and a Laser.)

The social followed with many door prizes given out, Rosch racing gear, sailing multi-function knives laser etched with the LYTC Burgee from [Little River Crafts](#), and other items.



Comments on the races and dissection of the various tactics along with what mistakes were made. Comments on which body parts hurt most. (This has to be some sort of bragging rite.) I was explaining to Steve Raper and Sonya Hughes why the small of my back hurt, (that would have been the enthusiastic, but not highly functional, moves during the tacks when I slam up against the back of the seats.) So with many hand gestures and tack dancing, Steve and Sonya explained their tactics while tacking. It made sense and apparently my visualizing created a

skeptical image on my face, but it was an animated discussion and much enjoyed by those watching. (I have learned many things from the socials, and Steve has been a good teacher.)



Sunday's race – Was a quiet drifting day, The CSC Scots entertained each other with a game of attack ball, where the ball is supposed to hit the other boat, and then the other boat has to toss on the ball. The game progressed into tossing the ball into the sail, which sounded a lot like canon fire. It also resulted in several incidents, one where a hapless crew was knocked overboard and another skipper, who wasn't paying attention was hit midchest. But the race committee found wind and set off one final race of the series.

Additional photos are on LYTC's web site:

http://www.laketownsendyachtclub.com/Documents-Public/2009MayorsCupWeb_SusanQuirk/

Additional Photos and race videos will be available soon from: [Susan Quirk](#) & [Scott Urich](#).

From the emails – on the Mayor's Cup: Laser sailor – John Fragakis

The large turn out in the open monohull fleet created two fleets, an experienced fleet and a novice fleet. Actually, splitting the large fleet like we had into two fleets would make the racing more interesting for all the fleet participants and make the courses easier to manage. In retrospect, I would suggest we could have started the experienced monohull fleet after the Scots and started the novice fleet last. During the regatta, the experienced fleet sailed through the Buccaneer fleet each race and sailed with and therefore against the leading Scots as they began their third lap.

The experienced fleet sailors consistently sailed their boats well and because of the variable wind conditions, each boat remained

in contention to the end of each race. Picking the correct side of the lake was paramount and at no time was the center of the lake advantaged. The choice of the side of the course to sail accelerated or negated some of the difference in each design's potential speed. Finally, footing off for speed through the water was essential. The Star sailor, in his second sail in his boat and who incidentally also races an E scow and a J24 remarked choosing the wrong side of the of the course made his boat slow and ordinary and described the dramatic gain of speed by letting his jib sheet out just one inch to sail a little further off the wind. He measured his jib angle by the distance of the upper leach from the spreader.

The cat and mouse sailing day was a blast and I was quite sore the next day after repeatedly going from a crouch to leaping up and hiking hard on the windward side.

Thanks to all for superior organization and race management. The event was extraordinarily well done.

LTYC Own takes first place.

Many times during the winter Bart Straub and his daughter Alex have sailed with us on Lake Townsend. Bart & Alex were not able to sail in the Mayor's Cup as Alex was competing in the Robie Pierce One-Design Regatta. (You GO! Alex)

From Bart: "You talk about a rewarding experience. I saw paraplegics in wheelchairs steering (female, second place) totally blind sailors steering with one sighted aid (first place in one race, sailing seated backwards, 5th overall) and many amputees. They are the nicest bunch of sailors I have ever met. Very engaging. They were extremely excited to see such a young person involved in this sport, Alex was the youngest by 8 years. The next youngest was her skipper Marc (a great guy and future olympian) at 24. Their AB (abled bodied) sailor was 31 and missing his entire right arm (team one arm!).

I saw Alex really come out of her shell this weekend, it was great for her to be around this group. What an educational experience, they can't teach this in school. If you ever got a chance to get involved with this, go do it. It enriches your life.."

http://www.southernyachtclub.org/index.php?option=com_content&task=view&id=351&Itemid=1



Saleboats for Sail -

1981 Isotope - \$2500 with sails and a galvanized trailer. Crossbar, dolphin striker, and trampoline have been replaced and an extension added to the righting bar. Good boat for a beginning racer or someone looking to get back into racing. She won the 2005 Governor's Cup and continues to give challenge to the fleet leaders. Eric and I have owned this boat since 1998. She's gotten us hooked on Isotopes, so much so that we are upgrading to a 2006 model.

Boat specifications at <http://www.intl-fiberglass.com/isotope.html>.

Fleet Activities -

<http://www.intl-fiberglass.com/Isotope%20Nationals%202006.html> Call or email if interested: 919-732-5410; joleen.rasmussen@bowebellhowell.com

12'2 ft. Howmar day sailer/racer for sale in Greensboro. (don't know year) Designed by Sparkman and Stephens. A great boat for kids, very fast and tippy. 90 sq. ft. of sail with jib. Beam 4'10". 86 long trailer. \$1500 for both, includes both sails, etc. Appraisal done in 2004. Call Carole Drexel - (336) 274-4789 or cdrexel@triad.rr.com

14 Force 5 sailboat with trailer - \$550. Ready to sail. Excellent boat for single-handed daysailing and racing. Contact David Layton at 336-643-0282.

16-foot Isotope- \$3000 These boats are built for speed and race regularly on Jordan Lake as well as other local regattas. They have been built locally in Durham and New Bern, NC for over 30 years: <http://www.intl-fiberglass.com/boats.html>

Lake Townsend Yacht Club Help Lines

Commodore: Joleen Rasmussen 919 732-5410 R joleen.rasmussen@bowebellhowell.com	Cruising: Starling Gunn 336 939-2508 R justbgunbell@bellsouth.net
Races: Uwe Heine (Vice Commodore) 336-585-0951 R heineu@bellsouth.net	Membership: Steve Raper Steve.raper@greensboro-nc.gov
Education: Adam Zehand (Rear Commodore) 336 288-3762 R adam_zahand@yahoo.com	Social: Debbie Reynolds DAREYNOL@uncg.edu Keith Smoot Gwaihir23@Embarqmail.com
Finance: David Raper (Treasurer) 336 6432-7071 R Gwynedd22@bellsouth.net	Junior Sailing: David Duff 336 282-7773 R David.Duff@analog.com
Publicity/History: David Young (Secretary) 336 545-1655 dwyoung@triad.rr.com	Mayor's Cup Regatta: Valerie Nieman valnieman@yahoo.com
	Newsletter/Directory: Nancy Collins-Heine 336 585-0951 R heineu@bellsouth.net
	Webmaster: Steve Raper Steve.raper@greensboro-nc.gov

Call People. Go Sailing

In an effort to involve more sailors in the Club's Sailing Events and Racing Programs, this "Available to Crew" list is published in each newsletter. The people listed have taken our Learn to Sail class or have other previous sailing experience and are looking to get more time on the water. So, if you have a boat and would like to participate in the Summer or Frostbite Race Series, why don't you call one of these folks for your crew? Alternatively, if you need a cruising partner on your boat or would like to team with someone on one of the city sailboats for a day sail or a race, contact someone on this list. If you would like to add your name to the list, contact Nancy Heine, Newsletter Editor (See the Help Lines box located in this newsletter).

Available To Crew

Name	Home Phone	Work Phone	E-mail
Bill Byrd	336-635-1926	N/A	
Chip Cromartie	336-601-0464	336-274-3559	cromartie@triad.rr.com
Cynthia & Sam Reichelson	336-540-1279	336-273-2511	reichelson@cs.com
Catherine Clark	336-315-0414		
Mike Bianco	336-299-4461		mfbanko@aol.com
Keith and Kelly Francies	336-292-9042	336-362-5335	keith.francies@davey.com
Valerie Nieman	336-908-3976		valnieman@yahoo.com
Rita Parham			rparham@triad.rr.com

**** Attention ** – Can't remember the password for the login required for the Members Cove area on the website?? There is now a [\(Need password?\)](#) link. Click on this & it will bring up an email form addressed to our WebMaster with the subject line 'LTYC Members Cove login: - Send me your name and email address to receive login name and password.'**

Summer Series - Race Results - Race Results also available via
<http://www.laketownsendyachtclub.com/Documents-temp/raceresults.pdf>

Open Monohull
June 6 - 7



Skipper	Crew	Boat	Sail #	Place	Total Score	1			2			3			4								
						Decimal Elapsed Time	Corrected Time	Code	Decimal Elapsed Time	Corrected Time	Code	Decimal Elapsed Time	Corrected Time	Code	Decimal Elapsed Time	Corrected Time	Code						
Bouknight	Robert	ST	772	1	5	37.4	44.9		1	78.47	94.2		1	55.1	65.67		2	85.23	101.5		1		
Whitt	Ken	Des Runyan	TNZ16	534	2	10	49.27	50.69		3	92.37	95.03		2	65.87	67.91		3	103.1	106.3		2	
Heffeman	Jim	Linda Heffeman	WF	2458	3	14	49.1	53.54		5	89.73	97.85		4	61.47	65.39		1	105.8	112.5		4	
Fragakis	John		LASE	166847	4	20	44.15	47.83		2	89.97	97.48		3	64.23	68.55		4			dns	11	
Warren	Ken	Wendy & Erica Ceoli	LI	10386	4	20	46.85	53.48		4	97.1	110.8		8	68.87	74.37		5	101.7	109.9		3	
Raper	David	Tom Wright	TNZ16	1585	6	29	56.48	58.11		6	104.5	107.5		5	83.92	86.52		7			dns	11	
Nicholson	Paul	Kris VonFricken	TNZ16	240	7	32	63.48	65.31		8	106.3	109.3		7	81.22	83.73		6			dns	11	
King	Mike	Ron Hammond	CAT165	636	8	37	68.93	71.88		10	104.2	108.6		6			dnf	10			dns	11	
Stambaugh	Peter	Elizabeth Stambaugh	I20-SC	NC66	8	37	55.15	64.88		7	99.52	117.1		9			dnf	10			dns	11	
Maginnis	Christoph	AvelineRiok	CAT142	0	10	41	68.85	69.06		9				dnf	11			dnf	10			dns	11

Flying Scot
June 6-7



Skipper	Crew	Sail #	Place	Total Score	1		2		3		4			
					Decimal Elapsed Time	Place	Decimal Elapsed Time	Place	Decimal Elapsed Time	Place	Decimal Elapsed Time	Code	Place	
Brake	Joe	Stacy Brake	2820	1	7	47.25	3	82.68	2	60.27	1	65.1		1
Aschaffenburg	Eric	Paul Beandry	5784	2	10	49.33	5	82.2	1	61.78	2	84.82		2
Schultz	Dick	Alex Gundlach	1885	3	12	45.92	1	83.18	3	67.7	4	85.55		4
Gunn	Starling	Steve Raper	1104	4	22	46.33	2	85.82	6	74.1	9	88.58		5
Griffin	Jack	Scott Cesar	5818	5	27	50.58	9	87.13	7	73.95	8	85.37		3
Batchelor	Dave	Patricia	5164	6	29	47.37	4	83.78	5	66.42	3	112.36	dnf	17
Heine	Uwe	Nancy Collins	3801	7	33	50.18	7	92.87	14	70.6	6	94.25		6
Bews	Tom	Bob Darby	2680	9	41	49.6	6	91.28	11	72.4	7		dnf	17
Morris	Steve	Steve Jones	3500	8	41	53.05	11	89	8	70.07	5		dnf	17
Gundlach	Wendell	Anne Gundlach	4416	10	46	53.35	13	83.82	4	76.12	12		dnf	17
Merrill	Ray	Bronson	4322	11	50	50.53	8	92.95	15	74.55	10	110.32	dnf	17
Price	Joe	Carolyn Price	5092	12	50	53.32	12	91.03	10	75.33	11		dnf	17
Hemphill	John	Hudson Barker	4043	13	52	52.42	10	91.47	12	76.33	13	111.85	dnf	17
Kirkley	Tom	Tracy Trip	5482	14	56	53.46	15	90.78	9	76.93	15		dns	17
Robertson	Willie	Virginia Summerell	1292	15	61	53.38	14	96.73	16	76.4	14	110.65	dnf	17
Backus	Alan	Pat Backus	4105	16	62	53.47	16	92.77	13	78.2	16		dns	17