



Lake Townsend Yacht Club
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www.laketownsendyachtclub.com/

Tell Tales

Issue 1 January 2008

Schedule of LTYC Events

EVENT	DATE	TIME	LOCATION
Frostbite Series	2 February 2008	1130 hrs	Lake Townsend Marina
Board of Directors Meeting	7 February 2008	1745 hours	Greensboro College Campus in Room 226 of Proctor Hall West

ANNOUNCEMENTS

Frostbite Race Series continues on Saturday February 2nd. The Competitors' meeting is at 11:30am

The January Frostbite Race "Frigid Digit".

With a temperature forecast of around 53degrees, there were a few that thought it might be just a tad to cool to be sailing in Greensboro, NC. But with a promise of Hot Chocolate and homemade tomato soup on shore, Race Committee arrived, followed somewhat later by the competitors. The competitors meeting was delayed by 10 minutes to allow one of the late arrivals to first get his boat launched. Just before noon, Phil Andrews arrived just as everyone was heading to their boats. Was Phil early, or was RC running just a tad late? The PRO could be heard to hail the Scat boat, Can we launch and set a course in 25 minutes? We can give it a good try was the quick reply back. Not many yacht clubs can have a course set within 25 minutes of the competitors meeting, but Lake Townsend's equipment is so nicely set up, if anyone can do it, LTYC can.

Launching: This PRO doesn't often get to drive a boat, and this one had just a bit of trouble finding reverse. As a matter of fact, I couldn't, but momentum carried us far enough away from the dock, that I was able to motor forward while turning away from the dock. I suggested to Cynthia that we need to definitely sign up for the Power boat class the end of March. RC left the dock at 12:05 and motored out into the lake, idled the motor and stepped out

from under the bimini, raised the line flag so as to site the wind.

Anchoring: Scat 2 was exactly where I wanted to be, and I motored out to them, dropped two anchors, and Cynthia read the wind, 8.5 Knots, Compass Bearing 230 (just about strait down the lake), Time 12:15.

Setting the Course: As Cynthia and I prepared the flags and monitored the wind, Scat 2 headed to weather to set the windward mark. We were reading 235 on the wind. After dropping the weather mark, Scat 2 motored to just in front of the Signal boat, and dropped the leeward mark. 11: 25 and RC hoisted AP with 2 horns. Four minutes later the starting line was set, Scat 2 had pulled up along side the signal boat, and RC prepared to drop AP.

Starting: Doing a quick visual count of the boats, the PRO queried, "Where is the Laser." Looking to shore, the laser was sighted still on the beach. Scat 2 headed to shore to check on the launching status of the laser to find the skipper, Phil, barefoot in the water, launching his boat. Once getting on the laser, Phil then put his boots on. RC was impressed. That water had to be cold. At 12:39, AP was lowered with one horn, and a minute later RC went into sequence. The laser arrived in the starting area 2 minutes into the starting sequence. Team Gundlach was best at the start, about 1/2 boat length below the starting line. A second or two ahead of everyone else.



Luffing 10 seconds before Start



One second after the gun



And then to Port

Lengthening the second race: As RC monitored mark roundings and wind, we knew the first race was a tad short and the course a bit starboard favored. As the last boat rounded the weather mark for the second time (WD course), RC picked up the weather mark and headed further up the lake and five degrees to starboard. As John H finished, he inquired to RC about lengthening the course, to which RC replied, In progress as we speak. John looked up the lake, and was pleased to see RC in action.

The Second Race: One minute after the last boat finished, RC sounded a gathering (4 horns), and a minute later was back in sequence. After the boats started, Scat 2 shortened the line by about 1 third. During the race, RC observed one wind shift to port of about 20 degrees. Otherwise, the wind oscillated about five degrees of 240. After the start, RC shorted the finished line. The second race was a very nice duration, just under 30 minutes. Scoring on the water had Phil Andrews in 2nd place in the preliminary postings, but not converting seconds to decimal minutes as part of the calculation can change the results when the finishes are within 10 seconds of each other.

All together Now



The Fun Race: With a rather short starting line, RC went into sequence just over a minute after the last boat finished. It is not often the Lake Townsend wind stays in one place for very long. At the very start of the race, RC noticed that Team Gundlach had immediately tacked to port. Looking up, RC saw that indeed the second major wind shift of the day had just taken place, and Team Gundlach was the first to respond to it. The last to respond seemed to be John Hemphill who got caught in irons for a few seconds down by the pin, blocking Uwe Heine from being to make the line. David Duff skippered the third race and finished nearly a minute in front of the next boat. Sailing the Isotope definitely taught David to watch the wind and feel the boat, and with Fred Lupton as coach, they made a great team. Look out Pam, you are about to own a Flying Scot.



Duff's Lead

Heading In: The third race finished before 2:30, and competitors found home made tomato soup waiting for them on shore.

Race coverage submitted by Joleen Rasmussen

Meet Yer Mates!

No, this is not a dating service! At the last board meeting we discussed starting a newsletter feature to help get new club members acquainted with the other members. We will use the questions below in an interview format and feature a different member each month. I will accept submissions from any member at any time, but we will start with the board members:

Meet Yer Mate: Uwe Heine

What do you do other than sailing? I work as a lab director at LabCorp in Burlington, where I am involved in forensic DNA testing and matching organ donors for transplants. I have too many hobbies, including sailing, astronomy, rock collecting, bird watching, or almost anything involving nature and the outdoors.

What boat(s) do you sail/race? My wife and I bought our first boat, Flying Scot #3801, in September 2006. Since then we also bought an old Laser in need of some repair.

Why did you chose this type of boat? When we first started sailing the rental boats on Lake Townsend we happened to show up on the weekend of the 2006 Mayor's Cup. We had a great time watching the races and decided to try to be on the lake for race weekends whenever we could. We started to think about getting a boat of our own and decided it would be good to get something that was well represented in the LTYC fleet. It was a hard decision, but

when an opportunity came up to get a Flying Scot that had been stored indoors most of it's life, we jumped at the chance and have never regretted it. At 19 feet with lots of cockpit space, it is a great boat for taking along the kids or friends. While it does not have the speed and thrill factor of an Isotope, it can get plenty exciting in a good breeze with 850 pounds of boat up on a plane!

How long have you been sailing/racing and what got you interested in it? Racing is new to us. Nancy and I raced for the first time in the 2006/2007 frostbite series. I had some exposure to sailing as a kid but got most of my experience in the 1970s when I was college-age. My parents had moved to a waterfront house on New Jersey's Shrewsbury river. They were active in the yacht club there and had a sunfish and a 17 foot O'Day daysailer. I had the good fortune of instant access to sailing every summer for four years. I spent a lot of time on the Sunfish and got a good feel for making it go where I wanted. I worked my way up to going out in stronger breezes and had a great time.

What do you like best about sailing/racing? The best thing about sailing – there are a million answers to this, but you can't beat planing in a stiff breeze on a beam reach, with the spray in your face! Can you think of any other way to do continuous stomach crunches and have fun the whole time? What I like about racing is the great balance of physical and mental exercise and being in tune with the elements.

How did you learn about the club? I have my wife Nancy to thank for this. In 2006 my parents had invited us to charter a 39 foot sailboat with them and some friends. It was the vacation of a lifetime and Nancy wanted to learn more about sailing. She looked up "sailing classes" on the internet and was surprised to find the sailing classes being offered on Lake Townsend, only 20 minutes from our house. That very day she and her daughter Nyssa drove to the lake and found out about the sailboat rentals. I think that \$10 for three hours of sailing is the best entertainment value in the state! We were renting Picos or a Capri whenever the weather cooperated and within a month or two we became club members.

What do you like about Lake Townsend Yacht Club? It is a great group of people who are eager to share their enthusiasm for sailing. I remember meeting Steve Raper and Bob Moates on the docks when Nancy and I were renting Picos. They made us feel welcome and have provided a wealth of information, as have all of the members that we have met.

How long have you been a member? We joined in the summer of 2006.

What do you like about the lake? I think most sailors will agree that one of the best things about Lake Townsend is the fact that there are no jet skis and ski boats. On a small lake like Townsend this makes sailing much more pleasant. The

bass fishermen that frequent the lake tend to find their private coves to fish in and leave the sailboats room to maneuver in the middle of the lake. I enjoyed sailing on Lake Jordan once last year, but in comparison Lake Townsend is serene and peaceful and on some days it seems like you have the whole lake to yourself.

What is your sailing goal for the year? My goal is if I ever get in front of Starling again I will remember to cover him! I would also like to try one of the other regattas like the Governor's Cup.

What is your favorite sailing story? Some of the more entertaining stories aren't the ones about how much fun sailing is, but rather the ones where someone makes a mistake or something on the boat unexpectedly breaks. There is usually a lesson in these stories. Once my older brother and I were out on the Sunfish in a good breeze, and as I was steering back towards the dock and preparing to luff up into the wind when my brother got concerned and tried to move forward to fend off. Something you should never do on a Sunfish is to stand up and hold onto the mast for support. Of course he did this and immediately started pulling the boat over. With the boat nearly on it's side I was totally unable to steer parallel to the dock and we simultaneously capsized and "T-boned" into the side of my parents Boston Whaler (a powerboat like our scat boats), punching a nice 6 inch hole just above the waterline! I was harassed about this for years afterwards.

What is your favorite sailing story about another club member? I think it was Bill Byrd and Starling Gunn who told me a great one about racing in light air where there was a current slowly moving the boats backwards. They managed to discreetly drop their anchor without anyone noticing and the fleet drifted slowly behind them before they figured out what was going on!

SAILBOATS FOR SALE!

1981 Isotope - \$2500 with sails and a galvanized trailer. Crossbar, dolphin striker, and trampoline have been replaced and an extension added to the righting bar. Good boat for a beginning racer or someone looking to get back into racing. She won the 2005 Governor's Cup and continues to give challenge to the fleet leaders. Eric and I have owned this boat since 1998. She's gotten us hooked on Isotopes, so much so that we are upgrading to a 2006 model.

Boat specifications at <http://www.intl-fiberglass.com/isotope.html>.

Fleet Activities -

<http://www.intl-fiberglass.com/Isotope%20Nationals%202006.html>

Call or email if interested: 919-732-5410;

joleen.rasmussen@bowebellhowell.com

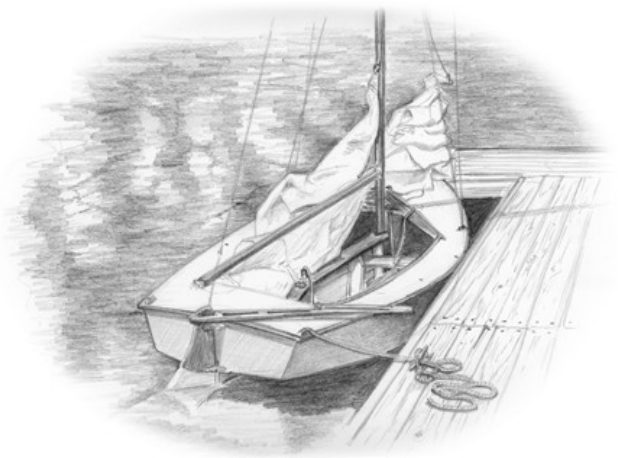
Vanguard 470, one main, two jibs and a spinnaker and comes with a trailer. We're asking \$1900, but might be willing to negotiate if we get a decent offer soon. Contact Clay Johnson at CLAYCARY@aol.com (The original owner sailed it in the Olympic trials in 2000)

Great providence!

12'2 ft. Howmar daysailer/racer for sale in Greensboro. (don't know year) Designed by Sparkman and Stephens. A great boat for kids, very fast and tippy. 90 sq. ft. of sail with jib. Beam 4'10". 86 long trailer. \$1500 for both, includes both sails, etc. Appraisal done in 2004. Call Carole Drexel - (336) 274-4789 or cdrexel@triad.rr.com

14 Force 5 sailboat with trailer - \$550. Ready to sail. Excellent boat for single-handed daysailing and racing. Contact David Layton at 336-643-0282.

Best Wishes for a 2008
with steady breezes!!!



Lake Townsend Yacht Club Help Lines

<p>Commodore: John Hemphill 336 632-0864 R jmhemphill@gborocollege.edu</p> <p>Races: Joleen Rasmussen (Vice Commodore) 336 939-2508 R joleen.Rasmussen@bowebellhowell.com</p> <p>Education: Steve Raper (Rear Commodore) 336 288-3762 R Steve.raper@greensboro-nc.gov</p> <p>Finance: David Raper (Treasurer) 336 6432-7071 R Gwynedd22@bellsouth.net</p> <p>Publicity/History: David Young (Secretary) 336 545-1655 dwyoung@triad.rr.com</p> <p>Property: Fred Lupton 336 288-4284 lupton4@aol.com</p>	<p>Cruising: Starling Gunn 336 939-2508 R justbgunn@bellsouth.net</p> <p>Membership: Kim Kirsh 336 851-5229 R kkirsh@triad.rr.com</p> <p>Social:</p> <p>Junior Sailing: David Duff 336 282-7773 R David.Duff@analog.com</p> <p>Mayor's Cup Regatta:</p> <p>Newsletter/Directory: Uwe & Nancy Heine 336 585-0951 R heineu@bellsouth.net</p> <p>Webmaster: Steve Raper Steve.raper@greensboro-nc.gov</p>
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Call People. Go Sailing

In an effort to involve more sailors in the Club's Sailing Events and Racing Programs, this "Available to Crew" list is published in each newsletter. The people listed have taken our Learn to Sail class or have other previous sailing experience and are looking to get more time on the water. So, if you have a boat and would like to participate in the Summer or Frostbite Race Series, why don't you call one of these folks for your crew? Alternatively, if you need a cruising partner on your boat or would like to team with someone on one of the city sailboats for a day sail or a race, contact someone on this list. If you would like to add your name to the list, contact Bill Grossie, Newsletter Committee (See the Help Lines box located in this newsletter).

Available To Crew

Name	Home Phone	Work Phone	E-mail
Bill Byrd	336-635-1926	N/A	
Chip Cromartie	336-601-0464	336-274-3559	cromartie@triad.rr.com
Paul/Jean Leslie	336-668-2874	336-272-7102 x276	lesliep@gborocollege.edu
Cynthia & Sam Reichelson	336-540-1279	336-273-2511	reichelson@cs.com
Catherine Clark	336-315-0414		
Mike Bianco	336-299-4461		mfbyanko@aol.com
Keith and Kelly Francies	366-292-9042	336-362-5335	keith.francies@davey.com

**Lake Townsend Yacht Club
Frostbite Series-Highpoint**

Winter 2007/2008

Open MonoHull

Skipper	Boat	Sail #	5				6				7				
			Decimal Elapsed Time	Corrected Time	Code	Place	Decimal Elapsed Time	Corrected Time	Code	Place	Decimal Elapsed Time	Corrected Time	Code	Place	
Andrews	Phil	LASE	69511	18.43	19.99		7	28.78	31.21		5	28.05	30.42		6
Hemphill	John	FSCT	4043	19.43	21.47		4	28.2	31.16		6	28.47	31.46		5
Gundlach	Wendell	FSCT	4416	18.42	20.35		5	29.2	32.27		4	28.77	31.79		4
Lupton	Fred	FSCT	3638	18.17	20.08		6	27.93	30.86		7				
Heine	Uwe	FSCT	3801	21.05	23.26		3	29.28	32.35		3	30.65	33.87		3
Duff	David	FSCT	3638									26.8	29.61		7

Lake Townsend Yacht Club

Frostbite Series-Highpoint

Winter 2007/2008

Open MonoHull

Skipper	Class	Sail #	Series Total	December			Jan			
				1	2	FUN	5	6	FUN	
Andrews	Phil	LASE	69511	23	6	5	7	7	5	6
Hemphill	John	FSCT	4043	22	5	7	5	4	6	5
Gundlach	Wendell	FSCT	4416	16	3	4	3	5	4	4
Gunn	Starling	FSCT	1104	14	8	6	4			
Raper	Steve	FSCT	4051	15	7	8				
Lupton	Fred	FSCT	3638	13				6	7	
Zahand	Adam	CAT142	7	7	4	3	6			
Heine	Uwe	FSCT	3801	6				3	3	3
Duff	David	FSCT	3638	0						7